



Repetitive Behaviours Questionnaire–3 Informant (RBQ3-informant)

Instructions:

Please rate the behaviours of the child or adult you know well (e.g., your child, relative, friend). Rate the most usual way that the individual displays this behaviour over the last two weeks.

		Never or rarely	One or more times daily	15 or more times daily (or at least once an hour)	30 or more times daily (or at least twice an hour)
1	Like to arrange items in rows or patterns?	1	2	3	4
2	Repetitively fiddle with items? (e.g. spin, twiddle, bang, tap, twist, or flick anything repeatedly?)	1	2	3	4
3	Spin themselves around and around?	1	2	3	4
4	Rock backwards and forwards, or side to side, either when sitting or when standing?	1	2	3	4
5	Pace or move around repetitively? (e.g. walk to and fro across a room, or around the same path outside?)	1	2	3	4
6	Make repetitive hand and/or finger movements? (e.g. flap, wave, or flick hands or fingers repeatedly?)	1	2	3	4
		Never or rarely	Mild or occasional	Marked or notable	Serious or extreme
7	Have a fascination with specific objects? (e.g. trains, road signs or other things?)	1	2	3	4
8	Like to look at objects from particular or unusual angles?	1	2	3	4
9	Have a special interest in the smell of people or objects?	1	2	3	4
10	Have a special interest in the feel of different surfaces?	1	2	3	4
11	Have any special objects he/she likes to carry around?	1	2	3	4
12	Collect or hoard items of any sort?	1	2	3	4
		Never or rarely	Mild or occasional (does not affect others)	Marked or notable (occasionally affects others)	Serious or severe (affects others on a regular basis)
13	Insist on things at home remaining the same? (e.g. furniture staying in the same place, things being kept in certain places, or arranged in certain ways?)	1	2	3	4
14	Get upset about minor changes to objects? (e.g. flecks of dirt on clothes, minor scratches on objects?)	1	2	3	4



		Never or rarely	Mild or occasional (does not affect others)	Marked or notable (occasionally affects others)	Serious or severe (affects others on a regular basis)
15	Insist that aspects of daily routine must remain the same?	1	2	3	4
16	Insist on doing things in a certain way or re-doing things until they are "just right"?	1	2	3	4
		Never or rarely	Mild or occasional (not entirely resistant to change or new things)	Marked or notable (will tolerate changes when necessary)	Serious or severe (will not tolerate any changes)
17	Play the same music, game or video, or read the same book repeatedly?	1	2	3	4
18	Insist on wearing the same clothes or refuse to wear new clothes?	1	2	3	4
19	Insist on eating the same foods, or a very small range of foods, at every meal	1	2	3	4
		A range of different and flexible self-chosen activities	Some varied and flexible interests but commonly chooses the same activities	Almost always chooses from a restricted range of repetitive activities	
20	What sort of activity will they choose if left to occupy themselves?	1	2	3	

Developer Reference:

Jones, C. R., Livingston, L. A., Fretwell, C., Uljarevic, M., Carrington, S. J., Shah, P., & Leekam, S. R. (2024). Measuring self and informant perspectives of Restricted and Repetitive Behaviours (RRBs): psychometric evaluation of the Repetitive Behaviours Questionnaire-3 (RBQ-3) in adult clinical practice and research settings. *Molecular Autism*, 15(1), 24. <https://doi.org/10.1186/s13229-024-00603-7>

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