



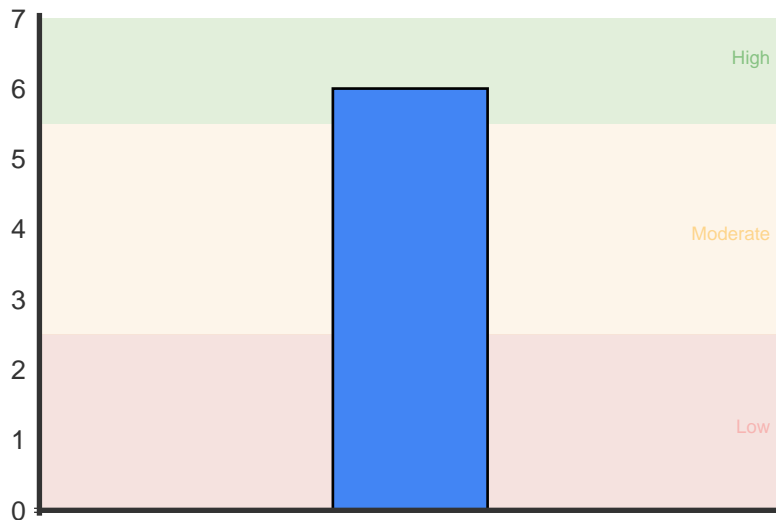
Positive Childhood Experiences (PCEs)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	20 Mar 2025
<i>Date of birth (age)</i>	14 Dec 1975 (49)	<i>Time taken</i>	50s
<i>Assessor</i>	Dr David Hegarty		

Results

	Score	Category
Positive Childhood Experiences (PCEs)	6	High

Positive Childhood Experiences (PCEs) Score



Interpretation

The client's Positive Childhood Experiences (PCEs) score is 6 out of 7, which falls in the High range. This indicates a robust number of protective childhood experiences. In the general population, approximately 52% of individuals report 6-7 PCEs. This profile suggests the client had access to substantial protective factors in childhood.

Scoring and Interpretation Information

For comprehensive information on the PCEs scale, [see here](#).

The PCEs provides a single total score where scores range from 0-7. The PCEs uses a Likert response format but only response options of "Most of the time" or "All of the time" are indicative of a positive experience being present (a score of 1) whereas all other response options represent an absence of the positive experience (a score of 0). The total score represents the sum of all positive childhood experiences endorsed, providing a comprehensive measure of protective factors that research links to enhanced resilience and better mental health outcomes even in the presence of childhood adversity.

For clinical interpretation, PCEs scores are categorised into three qualitative descriptors:



Client Name | Generic Client

Scoring and Interpretation Information (cont.)

- Low (0-2 PCEs): Indicates fewer protective childhood experiences than average. Research suggests individuals in this range may benefit from building additional positive experiences and supportive relationships in current life. Each new positive experience can contribute to improved resilience and wellbeing.
- Moderate (3-5 PCEs): Represents a moderate level of protective childhood experiences. Individuals in this range had access to some positive experiences that likely provide a foundation for resilience. Building on these existing strengths may further enhance wellbeing and coping capacity.
- High (6-7 PCEs): Indicates a robust collection of protective childhood experiences. Research shows that individuals with high PCEs demonstrate significant resilience and typically report better mental health and social-emotional outcomes, even when faced with adversity.

These descriptors offer clinically meaningful categorisations that facilitate interpretation and communication of results.

Upon first administration a plot is displayed showing the PCEs total score with qualitative descriptors presented in the background for ease of translation. If administered on multiple occasions, an additional plot is presented showing the total score over time.

Client Responses

		Never	A little of the time	Some of the time	Most of the time	All of the time
1	For how much of your childhood was there an adult in your household who made you feel safe and protected? (This could be any adult in the household, not just a parent)	0	0	0	1	1
		Never	Rarely	Sometimes	Often	Very often
2	How often did you feel that you belonged at your high school? (If you attended multiple high schools, then respond about the high schools in general)	0	0	0	1	1
3	How often did you feel supported by your friends? (If some friends did/didn't, answer more about friends in general)	0	0	0	1	1
4	How often were there at least two adults, other than your parents, who took a genuine interest in you?	0	0	0	1	1
5	How often did you feel that you were able to talk to your family about your feelings?	0	0	0	1	1
6	How often did you enjoy participating in your community's traditions?	0	0	0	1	1
7	How often did you feel your family stood by you during difficult times? (If some family members did/didn't, answer more about family in general)	0	0	0	1	1