



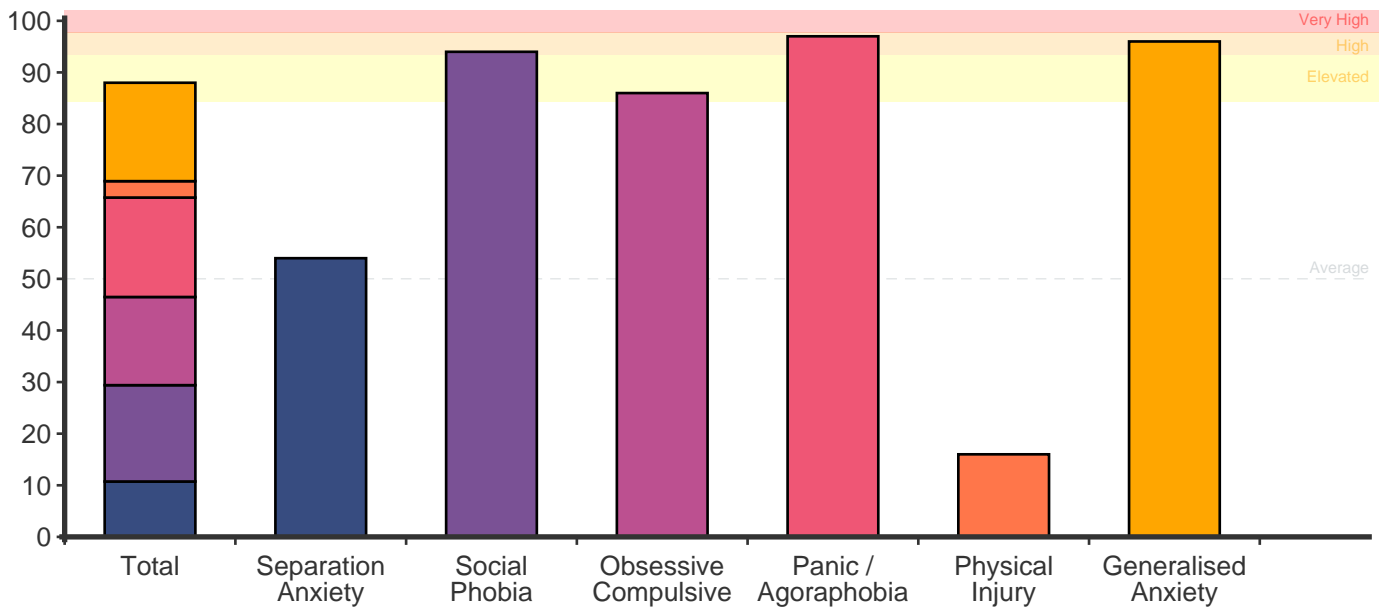
Spence Children's Anxiety Scale - Parent (SCAS-Parent)

<i>Client Name</i>	Generic Child	<i>Date administered</i>	8 Jan 2025
<i>Date of birth (age)</i>	1 Jan 2015 (10)	<i>Time taken</i>	2 min 26s
<i>Assessor</i>	Dr David Hegarty		

Results

	Raw Score	Percentile	Descriptor
Total	31	88	Elevated
Separation Anxiety	2	54	Normal
Social Phobia	10	94	High
Obsessive Compulsive	2	86	Elevated
Panic/Agoraphobia	7	97	High
Physical Injury	1	16	Normal
Generalised Anxiety	9	96	High

Percentiles for Subscales



Interpretation

The norms used to calculate percentiles and descriptors were for female adolescents between 10 and 13 years of age.

Based upon these SCAS-Parent scores, this client is in the high range for Social Phobia, Panic/Agoraphobia and Generalised Anxiety. Therefore, the client is experiencing some symptoms in this area and may require further assessment or treatment. The following items contributed to the client's high scores:

- 26. My child worries what other people think of him/her (Always)
- 31. My child feels afraid when (s)he has to talk in front of the class (Always)



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Interpretation (cont.)

- 1. My child worries about things (Often)
- 3. When my child has a problem, s(he) complains of having a funny feeling in his / her stomach (Often)
- 6. My child is scared when s(he) has to take a test (Often)

Finally, the client is in the elevated range for Obsessive Compulsive. Therefore, the client may require further monitoring in this area. The client is in the normal range and is not experiencing significant symptoms for Separation Anxiety and Physical Injury.

Scoring and Interpretation Information

For comprehensive information on the SCAS-Parent, [see here](#).

SCAS-Parent scores consist of a total raw score (range from 0 to 114) and six sub-scale scores, with higher scores indicating greater severity of anxiety symptoms. These scores are also converted into percentiles based on age and gender from a large normative sample (N = 1,857) reported by Spence (n.d.) and accessible on www.scaswebsite.com. A percentile score of 85 and above for any subscale score or the total SCAS score indicates elevated and clinically relevant anxiety symptoms.

Sub-scales are presented for the SCAS-Parent:

- Separation anxiety (items 5, 8, 11, 14, 15, 38; range 0-18): Assesses a child's distress when separated from their primary caregivers or home environment. Includes fears about being alone, worry about harm befalling family members, and reluctance to go to school or sleep away from home.
- Social phobia (items 6, 7, 9, 10, 26, 31; range 0-18): Measures fear and avoidance of social situations, including performance anxiety and social evaluation concerns. This includes worries about speaking in class, meeting new people, and fear of embarrassment.
- Obsessive compulsive (items 13, 17, 24, 35, 36, 37; range 0-18): Evaluates repetitive thoughts, compulsive behaviours, and ritualistic actions. This includes checking behaviours, unwanted intrusive thoughts, and the need to do certain things in a particular way.
- Panic/agoraphobia (items 12, 19, 25, 27, 28, 30, 32, 33, 34; range 0-27): Assesses physical symptoms of anxiety and fear of public places or situations where escape might be difficult. This includes symptoms like heart racing, difficulty breathing, and fear of crowded places.
- Physical Injury (items 2, 16, 21, 23, 29; range 0-15): Measures specific fears related to physical harm or injury. This includes fears of doctors/dentists, fear of heights, darkness, and specific situations that might result in physical harm.
- Generalised anxiety (items 1, 3, 4, 18, 20, 22; range 0-18): Evaluates excessive worry about everyday matters, perfectionism, and general anxiety symptoms. This includes worrying about things in general, feeling nervous, and having trouble relaxing.

A descriptor is determined that is based upon the percentiles:

- Normal: Percentile of 84 or less
- Elevated: Percentile of 85 or above and less than or equal to 93
- High: Percentile of 94 or above and less than or equal to 97.72
- Very High: percentile of 97.73 or greater

On first administration a stacked bar graph is presented showing the percentiles for the total score and subscales with the descriptors in the background of the plot. If the scale is administered on multiple occasions a graph is produced to track symptoms over time for both



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Scoring and Interpretation Information (cont.)

the total and the subscale percentiles.

A reliable change score for the total score was determined by NovoPsych based upon 6,099 administrations of the SCAS-Parent. The reliable change score was calculated as 13, meaning that if a client demonstrates a reduction of 13 points or more on the SCAS-Parent total score then they have demonstrated significant improvement in their anxiety symptoms. Similarly, if they have demonstrated an increase of 13 points or more then this indicates a significant deterioration in their anxiety symptoms.

Client Responses

		Never	Sometime	Often	Always
1	My child worries about things	0	1	2	3
2	My child is scared of the dark	0	1	2	3
3	When my child has a problem, s(he) complains of having a funny feeling in his / her stomach	0	1	2	3
4	My child complains of feeling afraid	0	1	2	3
5	My child would feel afraid of being on his/her own at home	0	1	2	3
6	My child is scared when s(he) has to take a test	0	1	2	3
7	My child is afraid when (s)he has to use public toilets or bathrooms	0	1	2	3
8	My child worries about being away from us / me	0	1	2	3
9	My child feels afraid that (s)he will make a fool of him/herself in front of people	0	1	2	3
10	My child worries that (s)he will do badly at school	0	1	2	3
11	My child worries that something awful will happen to someone in our family	0	1	2	3
12	My child complains of suddenly feeling as if (s)he can't breathe when there is no reason for this	0	1	2	3
13	My child has to keep checking that (s)he has done things right (like the switch is off, or the door is locked)	0	1	2	3
14	My child is scared if (s)he has to sleep on his/her own	0	1	2	3
15	My child has trouble going to school in the mornings because (s)he feels nervous or afraid	0	1	2	3



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Client Responses (cont.)

		Never	Sometime	Often	Always
16	My child is scared of dogs	0	1	2	3
17	My child can't seem to get bad or silly thoughts out of his / her head	0	1	2	3
18	When my child has a problem, s(he) complains of his/her heart beating really fast	0	1	2	3
19	My child suddenly starts to tremble or shake when there is no reason for this	0	1	2	3
20	My child worries that something bad will happen to him/her	0	1	2	3
21	My child is scared of going to the doctor or dentist	0	1	2	3
22	When my child has a problem, (s)he feels shaky	0	1	2	3
23	My child is scared of heights (eg. being at the top of a cliff)	0	1	2	3
24	My child has to think special thoughts (like numbers or words)to stop bad things from happening	0	1	2	3
25	My child feels scared if (s)he has to travel in the car, or on a bus or train	0	1	2	3
26	My child worries what other people think of him/her	0	1	2	3
27	My child is afraid of being in crowded places (like shopping centres, the movies, buses, busy playgrounds)	0	1	2	3
28	All of a sudden my child feels really scared for no reason at all	0	1	2	3
29	My child is scared of insects or spiders	0	1	2	3
30	My child complains of suddenly becoming dizzy or faint when there is no reason for this	0	1	2	3
31	My child feels afraid when (s)he has to talk in front of the class	0	1	2	3
32	My child's complains of his / her heart suddenly starting to beat too quickly for no reason	0	1	2	3
33	My child worries that (s)he will suddenly get a scared feeling when there is nothing to be afraid of	0	1	2	3
34	My child is afraid of being in small closed places, like tunnels or small rooms	0	1	2	3



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Client Responses (cont.)

		Never	Sometime	Often	Always
35	My child has to do some things over and over again (like washing his / her hands, cleaning or putting things in a certain order)	0	1	2	3
36	My child gets bothered by bad or silly thoughts or pictures in his/her head	0	1	2	3
37	My child has to do certain things in just the right way to stop bad things from happening	0	1	2	3
38	My child would feel scared if (s)he had to stay away from home overnight	0	1	2	3
39	Is there anything else that your child is really afraid of?				
	None				