



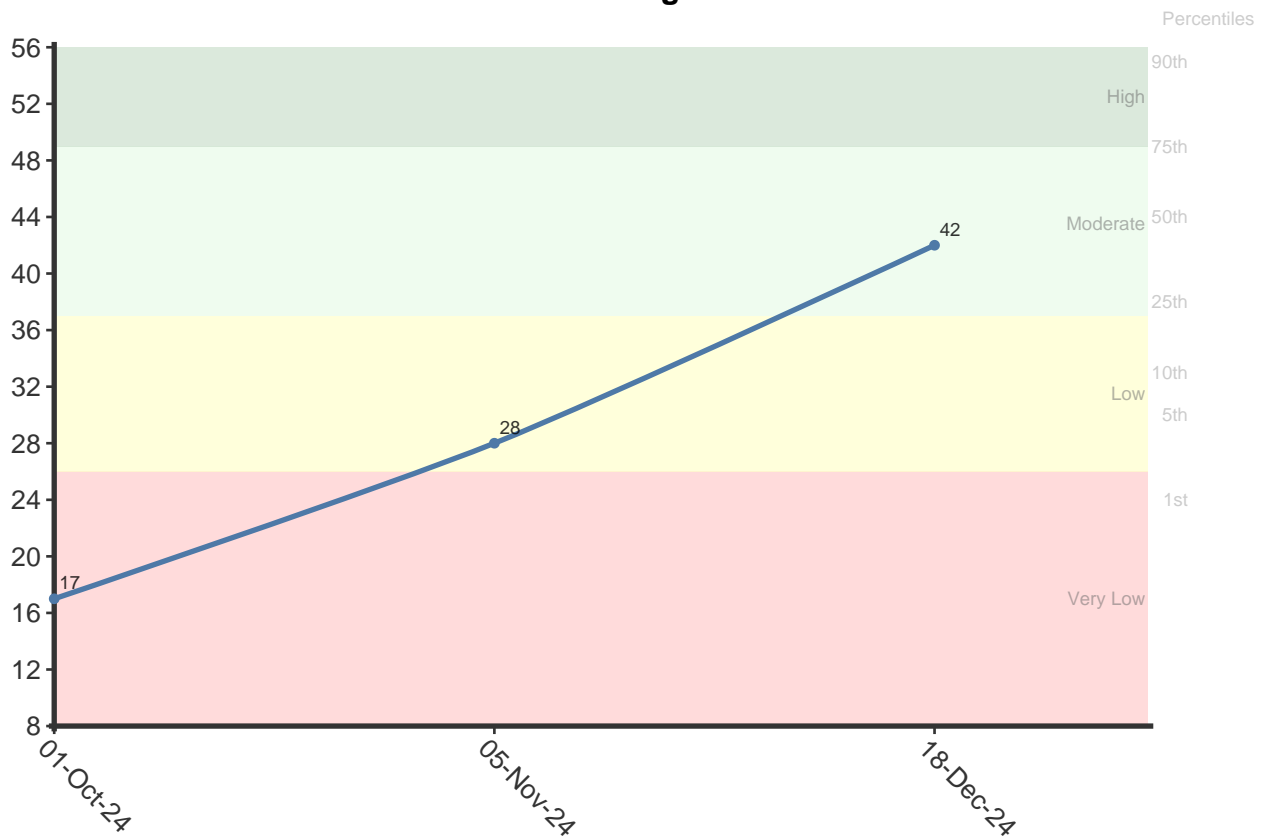
Flourishing Scale (FS)

Client Name	Generic Client	Date administered	18 Dec 2024
Date of birth (age)	1 Jan 1999 (25)	Time taken	8s
Assessor	Dr Emerson Bartholomew		

Results

	Raw Score (8-56)	Community Percentile	Descriptor
Flourishing	42	41.4	Moderate

Flourishing Over Time



Interpretation

The client's total score indicates moderate levels of psychological flourishing. Their score is higher than 41.4% of the general population and 71.4% of individuals in clinical settings. This suggests they are generally functioning well and have a positive evaluation of important life domains.

Responses to the following items contributed to the client's moderate score:

- 3. *I am engaged and interested in my daily activities.* (Agree)
- 4. *I actively contribute to the happiness and well-being of others.* (Agree)

Since the respondent was first assessed on 01 October 2024, their Flourishing score has increased, from the Very Low to the Moderate range (score change = 25). A change of half a



Client Name | Generic Client

Interpretation (cont.)

standard deviation (4) or more points is considered meaningful based on a minimally important difference calculation.

Note, the community percentiles were updated on 17 December 2024, so percentile calculations before this date may vary slightly from current percentiles. To recalculate percentiles you can follow [this guide](#).

Scoring and Interpretation Information

For comprehensive information on the Flourishing Scale, [see here](#).

The FS total scores range from 8 to 56, with higher scores indicating greater meaning and fulfillment. High scores on the FS indicate that the client is experiencing strong positive functioning across multiple important life domains. Low scores on the FS indicate that the client is experiencing difficulties in several key areas of life functioning, such as feeling disconnected from a sense of purpose, struggling with social relationships, feeling disengaged from daily activities, and having a pessimistic view of their future.

Percentiles are calculated based upon internal NovoPsych data (n=2,186) and summed scores and their standard deviations from a national sample of New Zealand (Hone et al., 2014) that included 9,646 adults. Descriptors are also presented which are based upon score ranges within the community and clinical data:

- 50-56 (74th-93rd): High
- 38-49 (22nd-73rd): Moderate
- 27-37 (3rd-21st percentile): Low
- 8-26 (1st-2nd percentile): Very Low

When used to monitor progress in therapeutic settings, changes of 4 or more points (approximately .5 SD in the community sample) can be considered meaningful, suggesting either improvement or deterioration in psychological well-being. This criterion is based upon the Minimally Important Difference (MID) calculation (Turner et al., 2010).

On first administration a bar graph is presented showing the total scores. If administered multiple times, results are graphed to show changes over time, providing feedback on therapeutic progress. The FS can be complemented by measures of emotional well-being or life satisfaction to provide a more comprehensive picture of well-being.

Examining individual item responses can provide clinically useful information about specific areas of strength or challenge. For example, low scores on "My social relationships are supportive and rewarding" helps to identify interpersonal relationships as a specific area for therapeutic focus.

Client Responses

		Strongly agree	Agree	Slightly agree	Mixed or neither agree nor disagree	Slightly disagree	Disagree	Strongly disagree
1	I lead a purposeful and meaningful life.	7	6	5	4	3	2	1



Client Name | Generic Client

Client Responses (cont.)

		Strongly agree	Agree	Slightly agree	Mixed or neither agree nor disagree	Slightly disagree	Disagree	Strongly disagree
2	My social relationships are supportive and rewarding.	7	6	5	4	3	2	1
3	I am engaged and interested in my daily activities.	7	6	5	4	3	2	1
4	I actively contribute to the happiness and well-being of others.	7	6	5	4	3	2	1
5	I am competent and capable in the activities that are important to me.	7	6	5	4	3	2	1
6	I am a good person and live a good life.	7	6	5	4	3	2	1
7	I am optimistic about my future	7	6	5	4	3	2	1
8	People respect me	7	6	5	4	3	2	1