

ADHD Clinical Outcome Scale - Clinician Version (ACOS-Clinician)

Instructions:

Rating of items for the last 2 weeks

0 = no problem

1 = minor problem but no need to be addressed clinically

2 = mild problem present but maybe not need clinical action

3 = moderately severe problem clinical action is needed

4 = severe problem

5 = very severe problem

		No problem	Minor	Mild	Moderately severe	Severe	Very severe
1	Hyperactivity /restlessness	0	1	2	3	4	5
2	Attention difficulties	0	1	2	3	4	5
3	Temper /anger outburst	0	1	2	3	4	5
4	Problems with alcohol and drugs	0	1	2	3	4	5
5	Emotional fluctuation (dysregulation)	0	1	2	3	4	5
6	Disorganisation	0	1	2	3	4	5
7	Impulsivity	0	1	2	3	4	5
8	Tension in relationships	0	1	2	3	4	5
9	Self-harm	0	1	2	3	4	5
10	Problems with procrastination	0	1	2	3	4	5
11	Anxiety problems	0	1	2	3	4	5
12	Depression problems	0	1	2	3	4	5
13	Sleep problems	0	1	2	3	4	5
14	Study / work difficulties	0	1	2	3	4	5



		No problem	Minor	Mild	Moderately severe	Severe	Very severe
15	Difficulties in the everyday personal life	0	1	2	3	4	5

Developer Reference:

Adamis, D., Singh, J., Coada, I., Wrigley, M., Gavin, B., & McNicholas, F. (2024). Measuring clinical outcomes in adult ADHD clinics: Psychometrics of a new scale, the adult ADHD Clinical Outcome Scale. BJPsych Open, 10(6), e180. https://doi.org/10.1192/bjo.2024.739

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