



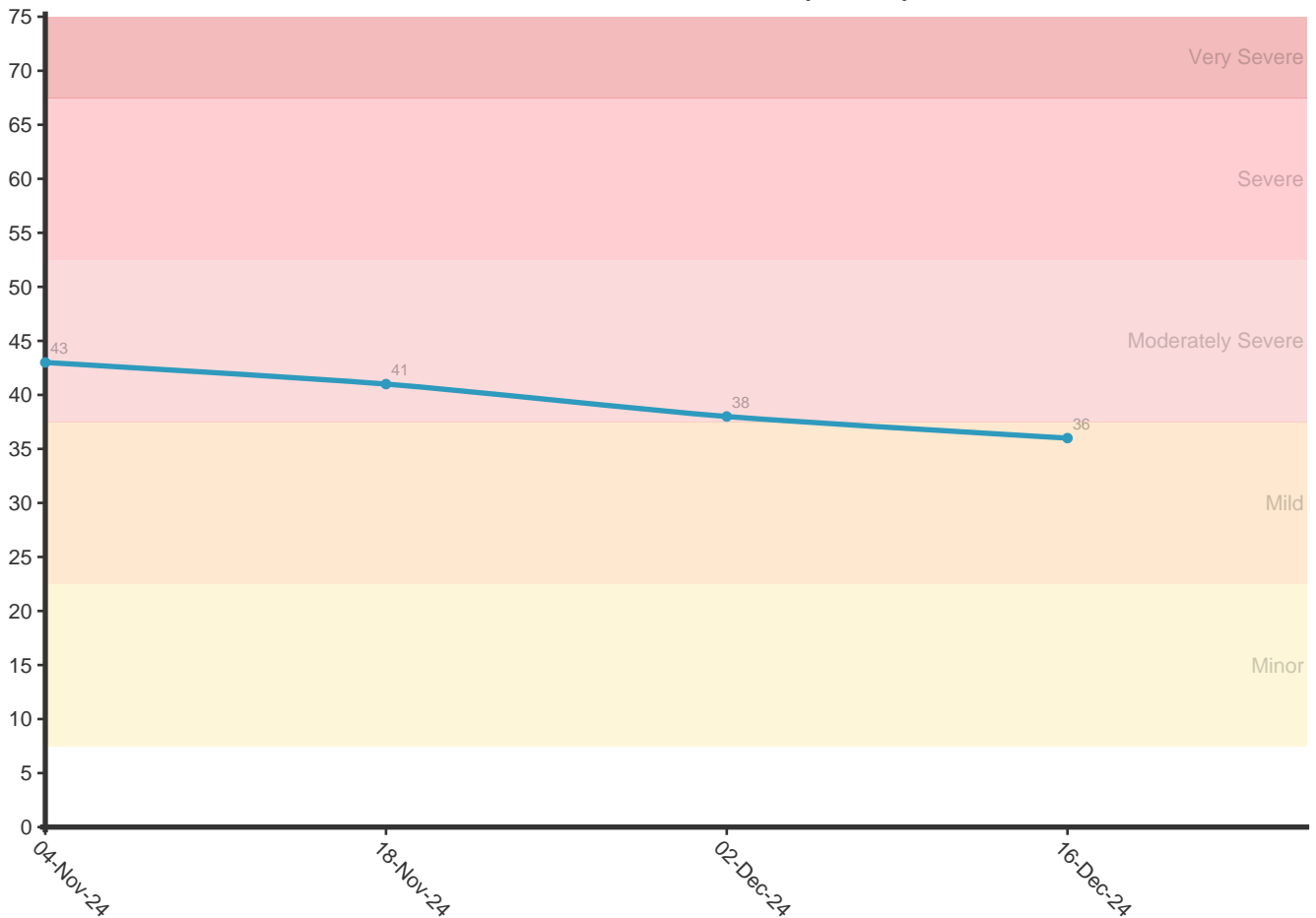
### ADHD Clinical Outcome Scale - Clinician Version (ACOS-Clinician)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	16 Dec 2024
<i>Date of birth (age)</i>	1 Jan 1990 (34)	<i>Time taken</i>	1 min 41s
<i>Assessor</i>	Dr Simon Baker		

### Total ACOS Score

	Score	Percentile	Descriptor
Total ACOS (0-75)	36	37	Mild

### ADHD Clinical Outcome Scale (ACOS) Score



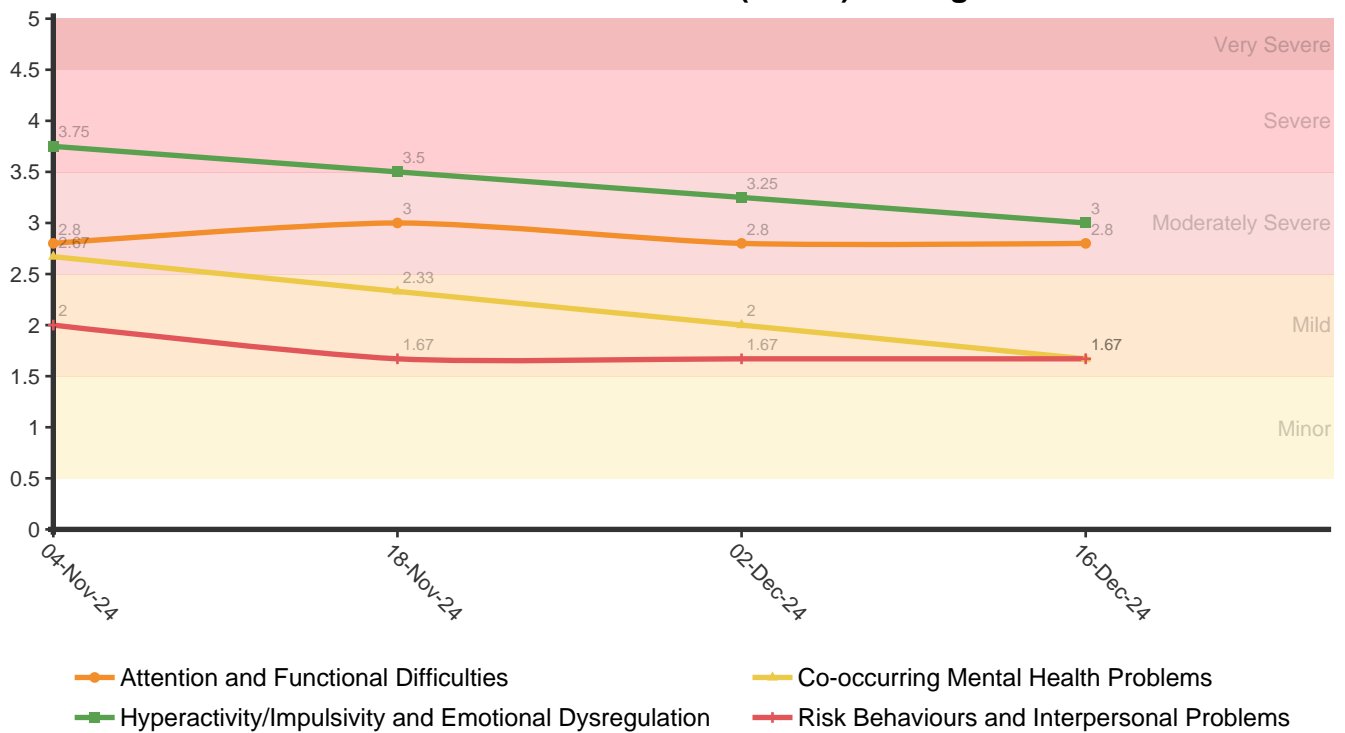


<b>Client Name</b>	Generic Client
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### Subscale Scores

	Score	Average (0-5)	Descriptor
Attention and Functional Difficulties (0-25)	14	2.8	Moderately Severe
Hyperactivity/Impulsivity and Emotional Dysregulation (0-20)	12	3	Moderately Severe
Co-occurring Mental Health Problems (0-15)	5	1.67	Mild
Risk Behaviours and Interpersonal Problems (0-15)	5	1.67	Mild

### ADHD Clinical Outcome Scale (ACOS) Average Scores



### Interpretation

The latest responses on the ADHD Clinical Outcome Scale (ACOS) indicate that the client has been experiencing Mild symptoms and challenges associated with ADHD in the past 2 weeks. The total ACOS score is on the 37th percentile when compared to adults with ADHD. A score in this range indicates that, overall, the client has been experiencing mild problems at a level that is consistent with adults with ADHD.

Since the client was first assessed on 04 November 2024, the overall severity of symptoms and challenges associated with ADHD has significantly decreased, with a 7 point decrease in the score. A meaningful change in overall severity is defined as a change in the total ACOS score of 5 or more points based on a Minimally Important Difference (MID) calculation.

The responses on the **Attention and Functional Difficulties** subscale indicate that the client has been experiencing Moderately Severe problems in the past 2 weeks. The items were rated as follows:



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## Interpretation (cont.)

- 2. *Attention difficulties (Moderately severe)*
- 6. *Disorganisation (Moderately severe)*
- 10. *Problems with procrastination (Moderately severe)*
- 15. *Difficulties in the everyday personal life (Moderately severe)*
- 14. *Study / work difficulties (Mild)*

The responses on the **Hyperactivity/Impulsivity and Emotional Dysregulation** subscale indicate that the client has been experiencing Moderately Severe problems in the past 2 weeks. The items were rated as follows:

- 1. *Hyperactivity /restlessness (Moderately severe)*
- 3. *Temper /anger outburst (Moderately severe)*
- 5. *Emotional fluctuation (dysregulation) (Moderately severe)*
- 7. *Impulsivity (Moderately severe)*

## Scoring and Interpretation Information

For comprehensive information on the ADHD Clinical Outcome Scale (ACOS) - Clinician Version, [see here](#).

The ADHD Clinical Outcome Scale (ACOS) yields a total score between 0 and 75, with higher scores indicating a greater severity of symptoms and challenges associated with ADHD. Each item is rated on a 6-point Likert-type scale from 0 to 5 reflecting the degree to which the individual has experienced a specific problem in the past 2 weeks.

The client's total ACOS score is expressed as a percentile based on normative data for adults with ADHD (Adamis et al., 2020; Baker et al., 2024), contextualising their score relative to the typical scores of adults with ADHD. For example, the 50th percentile represents the typical level of severity among adults with ADHD (i.e., "Moderately Severe"), while scores on the 90th percentile fall within the top 10% when compared to adults with ADHD and are considered "Severe".

Scores are also provided for the scale's four subscales:

- Attention and Functional Difficulties (Items 2, 6, 10, 14, and 15), which includes difficulties with attention, organisation, procrastination, work, and everyday life.
- Hyperactivity/Impulsivity and Emotional Dysregulation (Items 1, 3, 5, and 7), which includes hyperactivity/restlessness, impulsivity, emotional fluctuation (ups and downs in mood), and temper/anger outbursts.
- Co-occurring Mental Health Problems (Items 11, 12, and 13), which includes anxiety, depression, and sleep problems.
- Risk Behaviours and Interpersonal Problems (Items 4, 8, and 9), which includes alcohol and drug use problems, self-harm, and tension in relationships.

The scoring approach uses qualitative descriptors to categorise ACOS scores (Baker et al., 2024). Each descriptor corresponds to a specific range of average scores reflecting the 6-point rating scale. The overall average score is calculated by dividing the total ACOS score by the number of items in the scale (i.e., 15). The average score for each subscale is calculated by



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### Scoring and Interpretation Information (cont.)

dividing the subscale's score by the number of items in the subscale. The descriptors and corresponding score ranges are as follows.

- "No Problem" (average score of 0-0.49) (total score of 0-7)
- "Minor" (average score of 0.5-1.49) (total score of 8-22)
- "Mild" (average score of 1.5-2.49) (total score of 23-37)
- "Moderately Severe" (average score of 2.5-3.49) (total score of 38-52)
- "Severe" (average score of 3.5-4.49) (total score of 53-67)
- "Very Severe" (average score of 4.5-5) (total score of 68-75)

On first administration, graphs are presented showing the client's total ACOS as a percentile and the client's average score for each subscale. If administered more than once, longitudinal graphs are presented for the total ACOS score and the average scores for each subscale, indicating if there have been any changes in these scores over time. A meaningful change in overall severity is defined as a change of 5 or more points in the total ACOS score based on a Minimally Important Difference (MID) calculation (i.e., a 5 or more point increase indicates a significant increase; a 5 or more point decrease indicates significant reduction; and less than a 5 point change indicates no significant change).

### Client Responses

		No problem	Minor	Mild	Moderately severe	Severe	Very severe
1	Hyperactivity /restlessness	0	1	2	3	4	5
2	Attention difficulties	0	1	2	3	4	5
3	Temper /anger outburst	0	1	2	3	4	5
4	Problems with alcohol and drugs	0	1	2	3	4	5
5	Emotional fluctuation (dysregulation)	0	1	2	3	4	5
6	Disorganisation	0	1	2	3	4	5
7	Impulsivity	0	1	2	3	4	5
8	Tension in relationships	0	1	2	3	4	5



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### Client Responses (cont.)

		No problem	Minor	Mild	Moderately severe	Severe	Very severe
9	Self-harm	0	1	2	3	4	5
10	Problems with procrastination	0	1	2	3	4	5
11	Anxiety problems	0	1	2	3	4	5
12	Depression problems	0	1	2	3	4	5
13	Sleep problems	0	1	2	3	4	5
14	Study / work difficulties	0	1	2	3	4	5
15	Difficulties in the everyday personal life	0	1	2	3	4	5