



### Client Information

<i>Client Name</i>	John Blogs
<i>Date of birth (age)</i>	16 December 2021 (2)

### Assessment Information

<i>Assessment</i>	Children's Eating Attitudes Test (ChEAT)
<i>Date administered</i>	15 July 2024
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 22 seconds

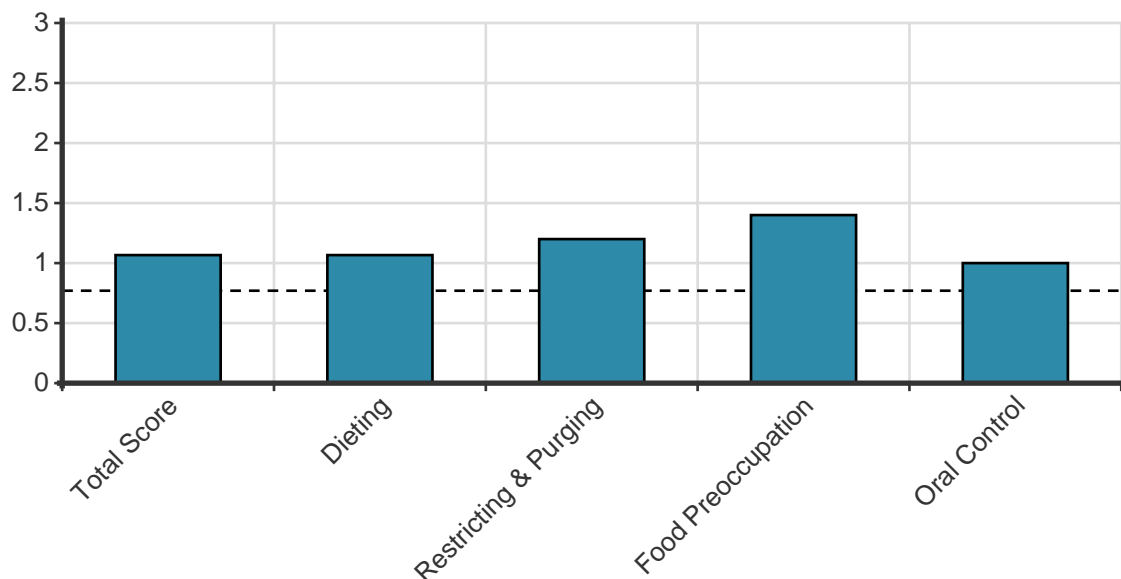
### Results

	Raw Score	Average Score (0 - 3)
Total Score (0 - 78)	28	1.08
Dieting (0 - 36)	13	1.08
Restricting & Purging (0 - 27)	11	1.22
Food Preoccupation (0 - 15)	7	1.4
Oral Control (0 - 12)	4	1

### Interpretive Text

This individual scored 20 or more (average score above 0.77), indicating the presence of disturbed eating patterns and highlights the need for a comprehensive eating disorders assessment.

**Average Scores**





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### Scoring and Interpretation Information

Items are summed to obtain a total score. A cut-off score of 20 more indicates the presence of disturbed eating patterns and highlights the need for further assessment (Garner et al., 1982). A total score of 20 corresponds to an average score of 0.77.

Average scores between 0 and 3 are computed by dividing the raw score by the number of questions, and are presented for each of the four subscales.

Higher scores indicate increased symptom severity. Subscales are derived by summing the following items:

- Dieting: 1, 2, 6, 10,11, 12, 14, 16, 17, 22, 23, 24
- Restricting and Purging: 2, 7, 9,10, 17, 22, 23, 24, 26
- Food Preoccupation: 3, 4, 18, 20, 21
- Oral Control: 8, 13, 15, 20

### Client Responses

		Never	Rarely	Sometimes	Often	Very Often	Always
1	I am scared about being overweight	0	0	0	1	2	3
2	I stay away from eating when I am hungry	0	0	0	1	2	3
3	I think about food a lot of the time	0	0	0	1	2	3
4	I have gone on eating binges	0	0	0	1	2	3
5	I cut my food into small pieces	0	0	0	1	2	3
6	I am aware of the calorie content in foods	0	0	0	1	2	3
7	I try to stay away from foods such as breads	0	0	0	1	2	3
8	I feel that others would like me to eat more	0	0	0	1	2	3
9	I vomit after I have eaten	0	0	0	1	2	3
10	I feel very guilty after eating	0	0	0	1	2	3
11	I think a lot about wanting to be thinner	0	0	0	1	2	3



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**Client Responses (cont.)**

		Never	Rarely	Sometimes	Often	Very Often	Always
12	I think about burning up calories when I exercise	0	0	0	1	2	3
13	Other people think I'm too thin	0	0	0	1	2	3
14	I think a lot about having fat on my body	0	0	0	1	2	3
15	I take longer than others to eat my meals	0	0	0	1	2	3
16	I stay away from foods with sugar in them	0	0	0	1	2	3
17	I eat diet foods	0	0	0	1	2	3
18	I think that food controls my life	0	0	0	1	2	3
19	I can show self control around food	0	0	0	1	2	3
20	I feel that others pressure me to eat	0	0	0	1	2	3
21	I give too much time and thought to food	0	0	0	1	2	3
22	I feel uncomfortable after eating sweets	0	0	0	1	2	3
23	I have been dieting	0	0	0	1	2	3
24	I like my stomach to be empty	0	0	0	1	2	3
25	I enjoy trying new, rich foods	3	2	1	0	0	0
26	I have the urge to vomit after eating	0	0	0	1	2	3