



Buss-Perry Aggression Questionnaire (BPAQ)

Instructions:

Using the 5 point scale below, indicate how uncharacteristic or characteristic each of the following statements is in describing you.

		Extremely Uncharacteristic	Somewhat Uncharacteristic	Neither Uncharacteristic Nor Characteristic	Somewhat Characteristic	Extremely Characteristic
1	Some of my friends think I am a hothead	1	2	3	4	5
2	If I have to resort to violence to protect my rights, I will.	1	2	3	4	5
3	When people are especially nice to me, I wonder what they want.	1	2	3	4	5
4	I tell my friends openly when I disagree with them.	1	2	3	4	5
5	I have become so mad that I have broken things.	1	2	3	4	5
6	I can't help getting into arguments when people disagree with me.	1	2	3	4	5
7	I wonder why sometimes I feel so bitter about things.	1	2	3	4	5
8	Once in a while, I can't control the urge to strike another person.	1	2	3	4	5
9	I am an even-tempered person.	5	4	3	2	1
10	I am suspicious of overly friendly strangers.	1	2	3	4	5
11	I have threatened people I know.	1	2	3	4	5
12	I flare up quickly but get over it quickly.	1	2	3	4	5
13	Given enough provocation, I may hit another person.	1	2	3	4	5
14	When people annoy me, I may tell them what I think of them.	1	2	3	4	5
15	I am sometimes eaten up with jealousy.	1	2	3	4	5
16	I can think of no good reason for ever hitting a person.	5	4	3	2	1



		Extremely Uncharacteristic	Somewhat Uncharacteristic	Neither Uncharacteristic Nor Characteristic	Somewhat Characteristic	Extremely Characteristic
17	At times I feel I have gotten a raw deal out of life.	1	2	3	4	5
18	I have trouble controlling my temper.	1	2	3	4	5
19	When frustrated, I let my irritation show.	1	2	3	4	5
20	I sometimes feel that people are laughing at me behind my back.	1	2	3	4	5
21	I often find myself disagreeing with people.	1	2	3	4	5
22	If somebody hits me, I hit back.	1	2	3	4	5
23	I sometimes feel like a powder keg ready to explode.	1	2	3	4	5
24	Other people always seem to get the breaks.	1	2	3	4	5
25	There are people who pushed me so far that we came to blows.	1	2	3	4	5
26	I know that "friends" talk about me behind my back.	1	2	3	4	5
27	My friends say that I'm somewhat argumentative.	1	2	3	4	5
28	Sometimes I fly off the handle for no good reason.	1	2	3	4	5
29	I get into fights a little more than the average person.	1	2	3	4	5

Developer Reference:

Buss, A. H., & Perry, M. (1992). The Aggression Questionnaire. *Journal of Personality and Social Psychology*, 63(3), 452–459. <https://doi.org/10.1037/0022-3514.63.3.452>

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