



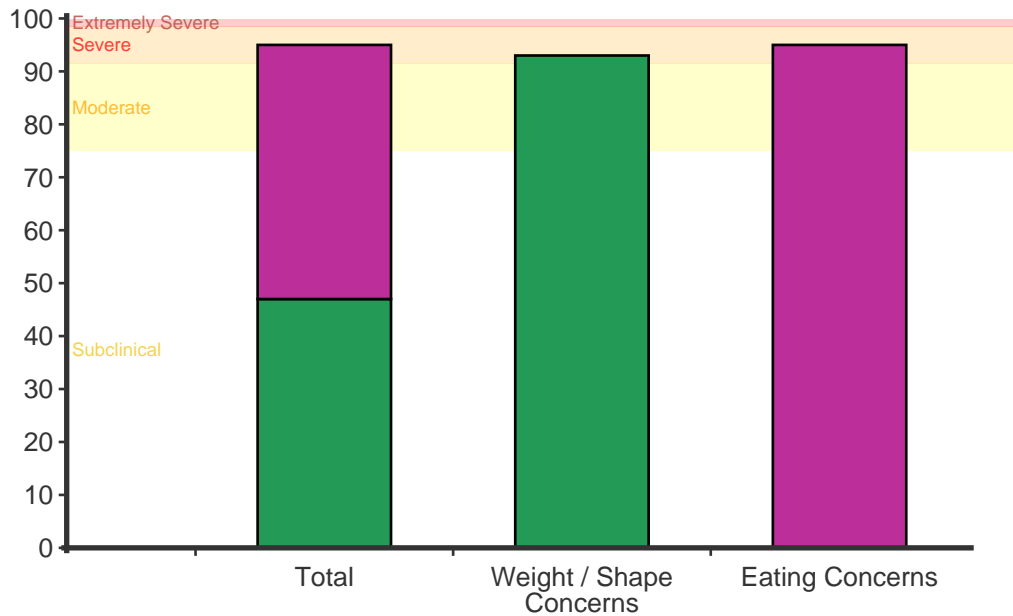
## Eating Disorder-15 (ED-15)

<b>Client Name</b>	Generic Client	<b>Date administered</b>	26 Jun 2024
<b>Date of birth (age)</b>	9 Aug 1998 (25)	<b>Time taken</b>	43s
<b>Assessor</b>	Dr Mandira Mishra		

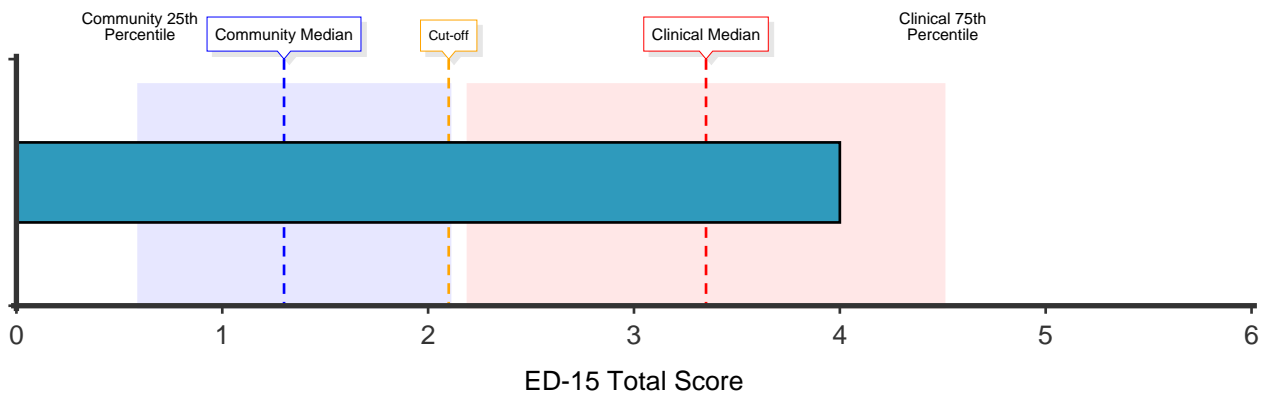
### Results

	Average Score (0 to 6)	Normative Percentile	Clinical Percentile	Descriptor
<b>Total Score</b>	4	95	65	Severe
<b>Weight &amp; Shape Concerns</b>	3.7	93	58	-
<b>Eating Concerns</b>	4.5	95	74	-

### Eating Disorder (ED-15) Percentile Scores



### Scores compared to Community and Clinical Distributions





**Client Name** | Generic Client

## Interpretation

The respondent's scores were in the Severe range. They reported incidents of Bingeing, Vomiting, Laxatives, Restricted Eating and Excessive Exercise over the past week. Please inspect individual items for details.

## Scoring and Interpretation Information

Scores for the two factors (Weight & Shape Concerns and Eating Concerns) and the total score are presented as an average score (between 0 to 6) with a higher score indicating more eating-disordered cognitions and behaviours. On each of the behavioural items they are represented by a frequency with a minimum of 0 and a maximum of "More than 10" for items 11 to 12 and a maximum of 7 for items 13 to 15. The two subscales of the ED-15 are:

**Weight & Shape Concerns** (score between 0 to 6)

(Mean of items 2, 4, 5, 6, 9, 10). This scale provides an indication of the difficulty experienced by thoughts about appearance, weight, shape, and perceived judgement by others.

**Eating Concerns** (score between 0 to 6)

(Mean of items 1, 3, 7, 8). This scale provides an indication of the difficulty experienced by intrusive thoughts regarding eating and food in general.

In addition, percentiles are presented allowing comparisons between the respondents score and a non-clinical female normative sample (Rodrigues et al. 2019). A percentile of 50 represents typical (and relatively healthy) responses, whereas percentiles above 75 are indicative of clinically significant symptoms. The percentile scores are graphed.

When administered two or more times graphs are generated showing symptoms history. Graphs include subscale scores and the behavioural scores from items 11 to 15.

## Client Responses

		Not at all	Rarely	Occasionally	Sometimes	Often	Most of the time	All the time
1	Worried about losing control over my eating?	0	1	2	3	4	5	6
2	Avoided activities or people because of the way I look?	0	1	2	3	4	5	6
3	Been preoccupied with thoughts of food and eating?	0	1	2	3	4	5	6
4	Compared my body negatively with others'?	0	1	2	3	4	5	6
5	Avoided looking at my body (e.g., in mirrors; wearing baggy clothes) because of the way it makes me feel?	0	1	2	3	4	5	6
6	Felt distressed about my weight?	0	1	2	3	4	5	6



<b>Client Name</b>	Generic Client
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### Client Responses (cont.)

		Not at all	Rarely	Occasionally	Sometimes	Often	Most of the time	All the time		
7	Checked my body to reassure myself about my appearance (e.g., weighing myself; using mirrors)?	0	1	2	3	4	5	6		
8	Followed strict rules about my eating?	0	1	2	3	4	5	6		
9	Felt distressed about my body shape?	0	1	2	3	4	5	6		
10	Worried that other people were judging me as a person because of my weight and appearance?	0	1	2	3	4	5	6		
11	Over the past week, how many times have you binged (felt out of control of your eating, and eaten far more than a person normally would at one go)? (if you've never binged select NA)									
	1									
12	Over the past week, how many times have you vomited to control your weight (whether you had to make yourself sick or not) (i.e., using your fingers or medicines to make yourself sick, or vomiting without such aids)? (if you've never vomited to control weight select NA)									
	2									
		NA	0	1	2	3	4	5	6	7
13	How many DAYS in the past week have you used laxatives to control your weight or shape? (if you've never used laxatives weight select NA)	0	0	1	2	3	4	5	6	7
14	How many DAYS in the past week have you restricted or dieted in order to control your weight?	0	0	1	2	3	4	5	6	7
15	How many DAYS in the past week have you exercised hard in order to control our weight?	0	0	1	2	3	4	5	6	7