



Institute for Basic Research - Modified Overt Aggression Scale (IBR-MOAS)

Instructions:

Indicate how often each behaviour occurs using the following guidelines:

Never = never happens.

Rarely = averages about once a year to once a month.

Sometimes = averages about several times a month to several times per week.

Often = averages about daily to several times a day.

		Never	Rarely	Sometimes	Often
1	Makes loud noises, shouts angrily, screams at others	0	1	2	3
2	Yells mild personal insults (e.g., "You're stupid!")	0	1	2	3
3	Curses viciously, uses foul language in anger, makes moderate threats to others	0	1	2	3
4	Makes clear threats of violence toward others ("I'm going to kill you") or requests help to control self	0	1	2	3
5	Shows frustration and anger with self by making loud noises, screaming, moaning, or whining	0	1	2	3
6	Makes mild personal insults toward self (e.g., "I'm stupid!" "I'm not good!")	0	1	2	3
7	Curses angrily at self, talks more negatively about self ("I'm very bad" "I'm evil")	0	1	2	3
8	Makes clear threats of violence toward self ("I want to die" "I don't want to live" "I want to kill myself")	0	1	2	3
9	Makes threatening gestures, swings at people, grabs at clothes	0	1	2	3
10	Strikes, kicks, pushes, pulls others' hair (without injury to them)	0	1	2	3
11	Attacks others, causing mild to moderate physical injury (bruises, sprain, welts)	0	1	2	3
12	Attacks others, causing severe physical injury (broken bones, deep lacerations, internal injury)	0	1	2	3
13	Slams door, scatters clothing, makes a mess in anger	0	1	2	3
14	Throws objects down, kicks furniture without breaking it, tries to tear clothes, marks the wall in anger	0	1	2	3



		Never	Rarely	Sometimes	Often
15	Breaks objects in anger, smashes windows in anger, rips clothes in anger	0	1	2	3
16	Sets fires, throws objects dangerously in anger	0	1	2	3
17	Picks or scratches skin, hits self, pulls hair (with no or minor injury only)	0	1	2	3
18	Bangs head, hits fist into objects, throws self onto floor or into objects (hurts self but without serious injury)	0	1	2	3
19	Small cuts or bruises, minor burns as a result of self-injury	0	1	2	3
20	Mutilates self, makes deep cuts, bites that bleed, internal injury, fracture, loss of consciousness, loss of teeth	0	1	2	3

Developer Reference:

Cohen, I.L., Tsiouris, J.A., Flory, M.J. et al. (2010). A Large Scale Study of the Psychometric Characteristics of the IBR Modified Overt Aggression Scale: Findings and Evidence for Increased Self-Destructive Behaviors in Adult Females with Autism Spectrum Disorder. *J Autism Dev Disord* 40, 599–609. <https://doi.org/10.1007/s10803-009-0908-z>

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