



Life Skills Profile (16-item version) (LSP-16)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	27 Feb 2024
<i>Date of birth (age)</i>	14 Dec 1980 (43)	<i>Time taken</i>	1 min 12s
<i>Assessor</i>	Dr David Hegarty		

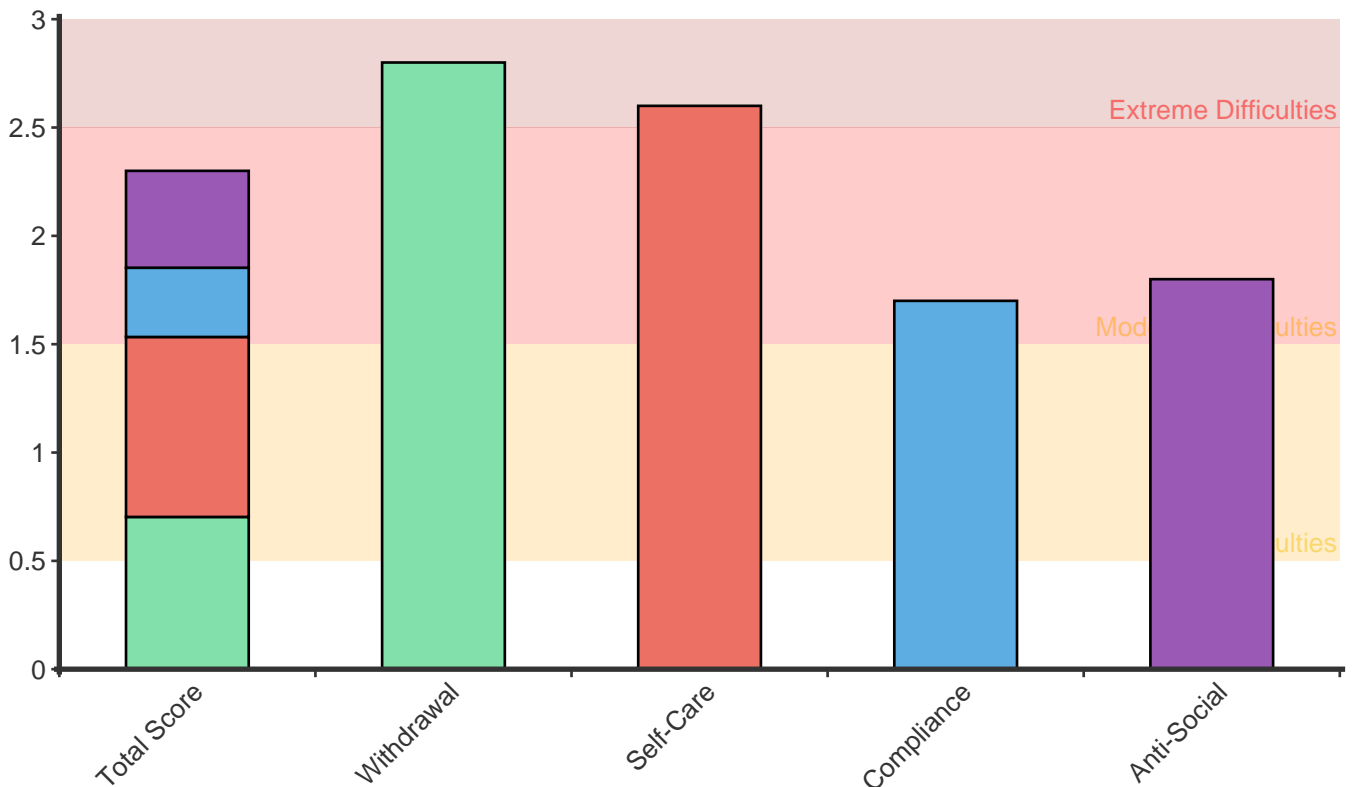
Results

	Raw Score	Average Score (0-3)	Descriptor
Total Score	36	2.3	Moderate
Withdrawal (items 1,2,3,8)	11	2.8	Extreme
(Lack of) Self-Care (items 4,5,6,9,16)	13	2.6	Extreme
(Lack of) Compliance (items 10,11,12)	5	1.7	Moderate
Anti-Social (items 7,13,14,15)	7	1.8	Moderate

Interpretation

The Life Skills Profile (LSP-16) score at time of assessment indicates an overall moderate level of psychosocial disability and the highest relative difficulties in the Withdrawal domain. The Withdrawal and Self-Care domains were in the extreme difficulties range. The Compliance and Anti-Social domains were in the moderate difficulties range.

Average Scores





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Scoring and Interpretation Information

Higher scores for the total score and subscale scores indicate a greater degree of disability. A total LSP scale score is calculated by adding individual scores for the whole scale together. Therefore, for the LSP-16, the total score can range from 0 to 48. As some items might not be relevant, items are optional and items with missing data are excluded from the calculation. An average score is provided for the total score and subscale scores so that comparisons can be made to determine relative areas of strength of challenges.

There are four subscales in the LSP-16:

- 1. Withdrawal (items 1, 2, 3, 8):** This subscale assesses an individual's tendency to withdraw from social interactions and activities. It reflects the extent to which a person prefers solitude or faces challenges in engaging with others, where higher scores indicate more social withdrawal.
- 2. (Lack of) Self-Care (items 4, 5, 6, 9, 16):** The Self-Care subscale evaluates an individual's ability to independently manage personal care activities. It includes tasks such as grooming, dressing, and maintaining personal hygiene. Higher scores indicate more difficulties with self-care.
- 3. (Lack of) Compliance (items 10, 11, 12):** Compliance measures the degree to which an individual adheres to rules, instructions, or social norms. High scores on this subscale suggest less compliance and rule-abiding behaviour.
- 4. Anti-Social (items 7, 13, 14, 15):** The Anti-Social subscale focuses on behaviours that are disruptive, defiant, or contrary to social norms. It assesses tendencies towards antisocial or oppositional conduct, with higher scores reflecting more anti-social behaviours.

Plots are presented to show the average score for the first administration and multiple administrations of the LSP-16. The dotted lines on the plots match up to the response options on the LSP-16 to indicate what response category the average score is closest to (e.g., a score of 1.5 is closer to 2 and so is categorised as "moderate difficulties").

Client Responses

		No difficulty	Slight difficulty	Moderate difficulty	Extreme difficulty
1	Does this person generally have any difficulty with initiating and responding to conversation?	0	1	2	3
		Does not withdraw at all	Withdraws slightly	Withdraws moderately	Withdraws totally or near totally
2	Does this person generally withdraw from social contact?	0	1	2	3
		Considerable warmth	Moderate warmth	Slight warmth	No warmth at all
3	Does this person generally show warmth to others?	0	1	2	3



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		Well groomed	Moderately well groomed	Poorly groomed	Extremely poorly groomed
4	Is this person generally well groomed (eg, neatly dressed, hair combed)?	0	1	2	3
		Maintains cleanliness of clothes	Moderate cleanliness of clothes	Poor cleanliness of clothes	Very poor cleanliness of clothes
5	Does this person wear clean clothes generally, or ensure that they are cleaned if dirty?	0	1	2	3
		No neglect	Slight neglect of physical problems	Moderate neglect of physical problems	Extreme neglect of physical problems
6	Does this person generally neglect her or his physical health?	0	1	2	3
		Not at all	Rarely	Occasionally	Often
7	Is this person violent to others?	0	1	2	3
		Friendships made or kept up well	Friendships made or kept up with slight difficulty	Friendships made or kept up with considerable difficulty	No friendships made or none kept
8	Does this person generally make and/or keep up friendships?	0	1	2	3
		No problem	Slight problem	Moderate problem	Extreme problem
9	Does this person generally maintain an adequate diet?	0	1	2	3
		Reliable with medication	Slightly unreliable	Moderately unreliable	Extremely unreliable
10	Does this person generally look after and take her or his own prescribed medication (or attend for prescribed injections on time) without reminding?	0	1	2	3
		Always	Usually	Rarely	Never
11	Is this person willing to take psychiatric medication when prescribed by a doctor?	0	1	2	3
12	Does this person co-operate with health services (eg, doctors and/or other health workers)?	0	1	2	3
		No obvious problem	Slight problems	Moderate problems	Extreme problems
13	Does this person generally have problems (eg, friction, avoidance) living with others in the household?	0	1	2	3
		Not at all	Rarely	Occasionally	Often
14	Does this person behave offensively (includes sexual behaviour)?	0	1	2	3



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Client Responses (cont.)

		Not at all	Rarely	Occasionally	Often
15	Does this person behave irresponsibly?	0	1	2	3
		Capable of full time work	Capable of part time work	Capable only of sheltered work	Totally incapable of work
16	What sort of work is this person generally capable of (even if unemployed, retired or doing unpaid domestic duties)?	0	1	2	3