



## Life Skills Profile (16-item version) (LSP-16)

### Instructions:

Complete the questionnaire as you assess the client's general functioning (i.e. not during crises when he or she is ill, or becoming ill, but his or her general state over the past three months).

		No difficulty	Slight difficulty	Moderate difficulty	Extreme difficulty
1	Does this person generally have any difficulty with initiating and responding to conversation?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Does not withdraw at all	Withdraws slightly	Withdraws moderately	Withdraws totally or near totally
2	Does this person generally withdraw from social contact?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Considerable warmth	Moderate warmth	Slight warmth	No warmth at all
3	Does this person generally show warmth to others?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Well groomed	Moderately well groomed	Poorly groomed	Extremely poorly groomed
4	Is this person generally well groomed (eg, neatly dressed, hair combed)?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Maintains cleanliness of clothes	Moderate cleanliness of clothes	Poor cleanliness of clothes	Very poor cleanliness of clothes
5	Does this person wear clean clothes generally, or ensure that they are cleaned if dirty?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		No neglect	Slight neglect of physical problems	Moderate neglect of physical problems	Extreme neglect of physical problems
6	Does this person generally neglect her or his physical health?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Not at all	Rarely	Occasionally	Often
7	Is this person violent to others?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Friendships made or kept up well	Friendships made or kept up with slight difficulty	Friendships made or kept up with considerable difficulty	No friendships made or none kept
8	Does this person generally make and/or keep up friendships?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>



		No problem	Slight problem	Moderate problem	Extreme problem
9	Does this person generally maintain an adequate diet?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Reliable with medication	Slightly unreliable	Moderately unreliable	Extremely unreliable
10	Does this person generally look after and take her or his own prescribed medication (or attend for prescribed injections on time) without reminding?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Always	Usually	Rarely	Never
11	Is this person willing to take psychiatric medication when prescribed by a doctor?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
12	Does this person co-operate with health services (eg, doctors and/or other health workers)?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		No obvious problem	Slight problems	Moderate problems	Extreme problems
13	Does this person generally have problems (eg, friction, avoidance) living with others in the household?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Not at all	Rarely	Occasionally	Often
14	Does this person behave offensively (includes sexual behaviour)?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
15	Does this person behave irresponsibly?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
		Capable of full time work	Capable of part time work	Capable only of sheltered work	Totally incapable of work
16	What sort of work is this person generally capable of (even if unemployed, retired or doing unpaid domestic duties)?	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>

**Developer Reference:**

Rosen, A., Hadzi-Pavlovic, & D., Parker, G. (1989). The Life Skills Profile: A measure assessing function and disability in schizophrenia. *Schizophrenia Bulletin*. 15(2): 325-337.

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