



### Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 1980 (42)

### Assessment Information

<i>Assessment</i>	International Personality Item Pool - NEO - 120 item version (IPIP-NEO-120)
<i>Date administered</i>	13 July 2023
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	4 minutes 1 seconds

### Big 5 Factors

	Score (24-120)	Percentile	Descriptor
Openness to Experience	98	85	High
Conscientiousness	112	95	High
Extroversion	88	69	Average
Agreeableness	92	35	Average
Neuroticism	44	10	Low

### 1. Openness to Experience Facets

	Score (4-20)	Percentile	Descriptor
Imagination	4	< 0.4	Low
Artistic Interests	14	31	Average
Emotionality	20	> 97	High
Adventurousness	20	> 99	High
Intellect	20	> 96	High
Liberalism	20	> 99	High

### 2. Conscientiousness Facets

	Score (4-20)	Percentile	Descriptor
Self-Efficacy	20	> 97	High
Orderliness	16	62	Average
Dutifulness	16	33	Average
Achievement Striving	20	> 87	High
Self-Discipline	20	> 99	High
Cautiousness	20	> 94	High

### 3. Extroversion Facets

	Score (4-20)	Percentile	Descriptor
Friendliness	16	66	Average



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**Results (cont.)**

Gregariousness	12	59	Average
Assertiveness	20	> 99	High
Activity Level	8	6	Low
Excitement Seeking	16	90	High
Cheerfulness	16	52	Average

**4. Agreeableness Facets**

	Score (4-20)	Percentile	Descriptor
Trust	4	< 0.7	Low
Morality	20	> 91	High
Altruism	20	> 91	High
Cooperation	20	> 84.1	High
Modesty	8	4	Low
Sympathy	20	> 92	High

**5. Neuroticism Facets**

	Score (4-20)	Percentile	Descriptor
Anxiety	4	< 2	Low
Anger	20	> 99.5	High
Depression	4	< 5	Low
Self-Consciousness	8	18	Low
Immoderation	4	< 2	Low
Vulnerability	4	< 4	Low

**\*\*\* Socially Desirable Responding \*\*\***

	Score (8-40)	Percentile	Descriptor
Socially Desirable Responding	36	92.4	High

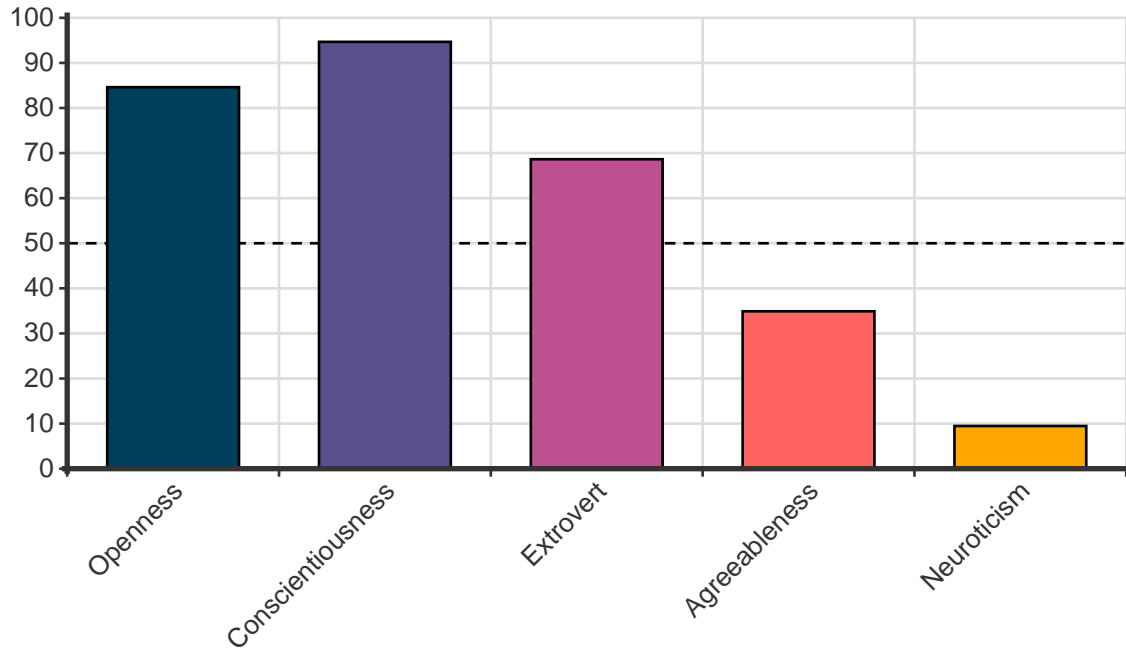


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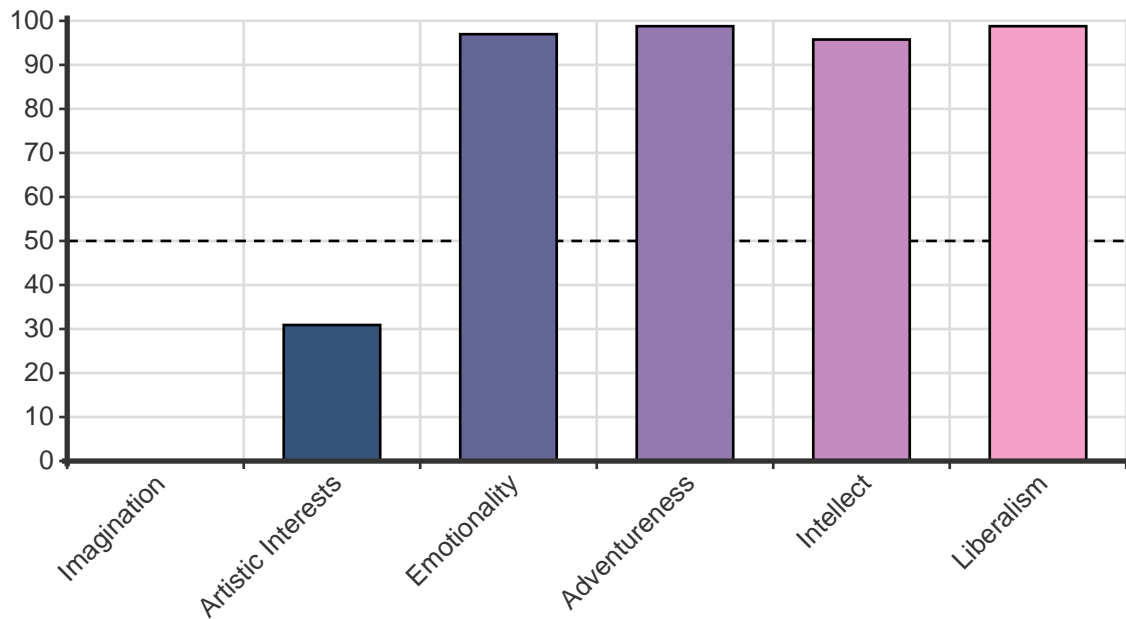
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### Big 5 Factors - Percentiles



### Openness to Experience Facets



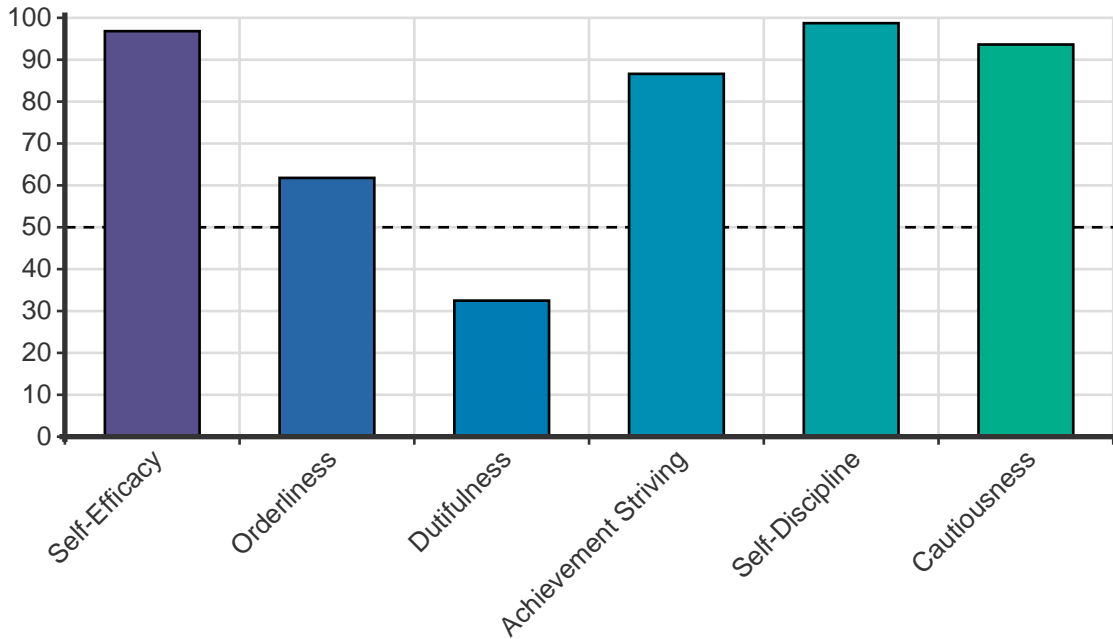


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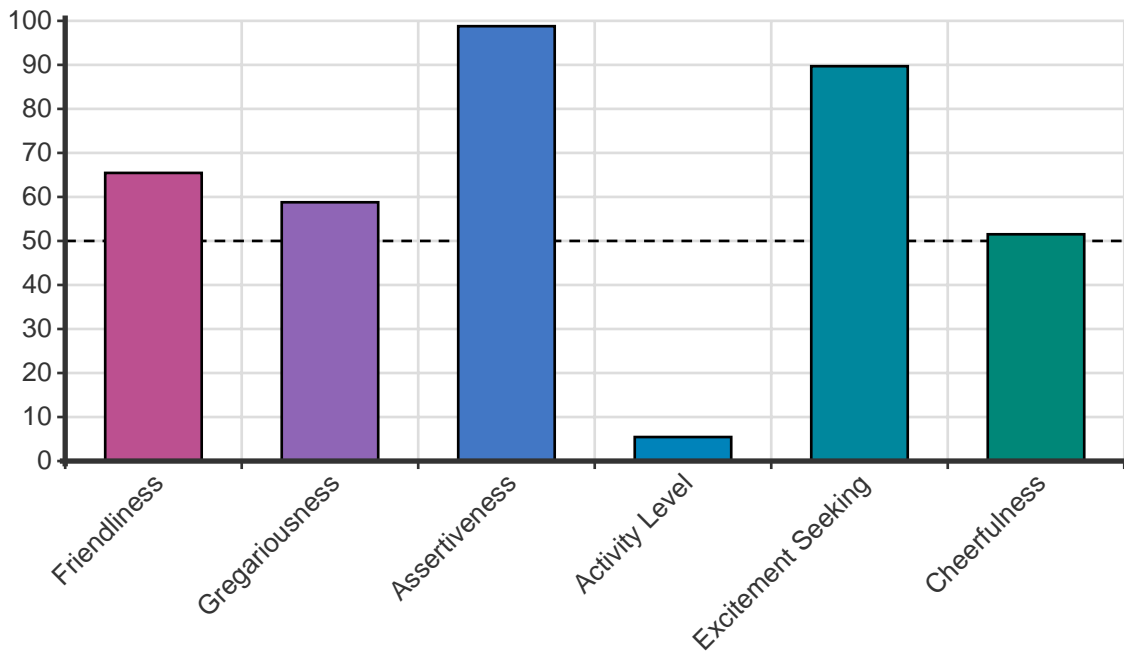
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### Conscientiousness Facets



### Extroversion Facets



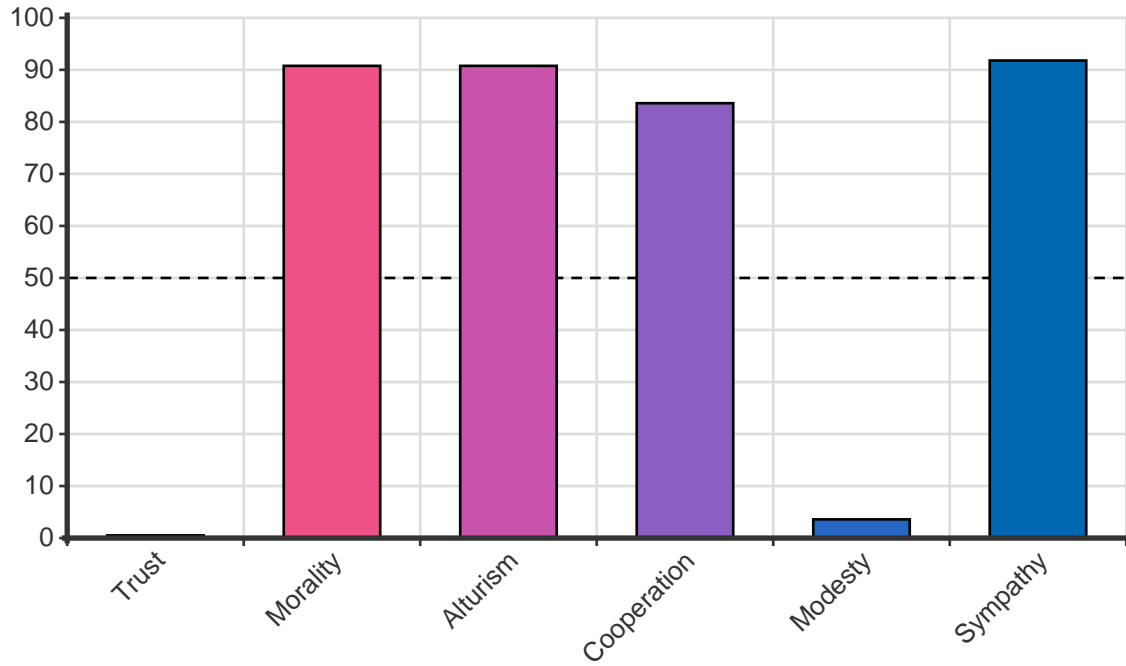


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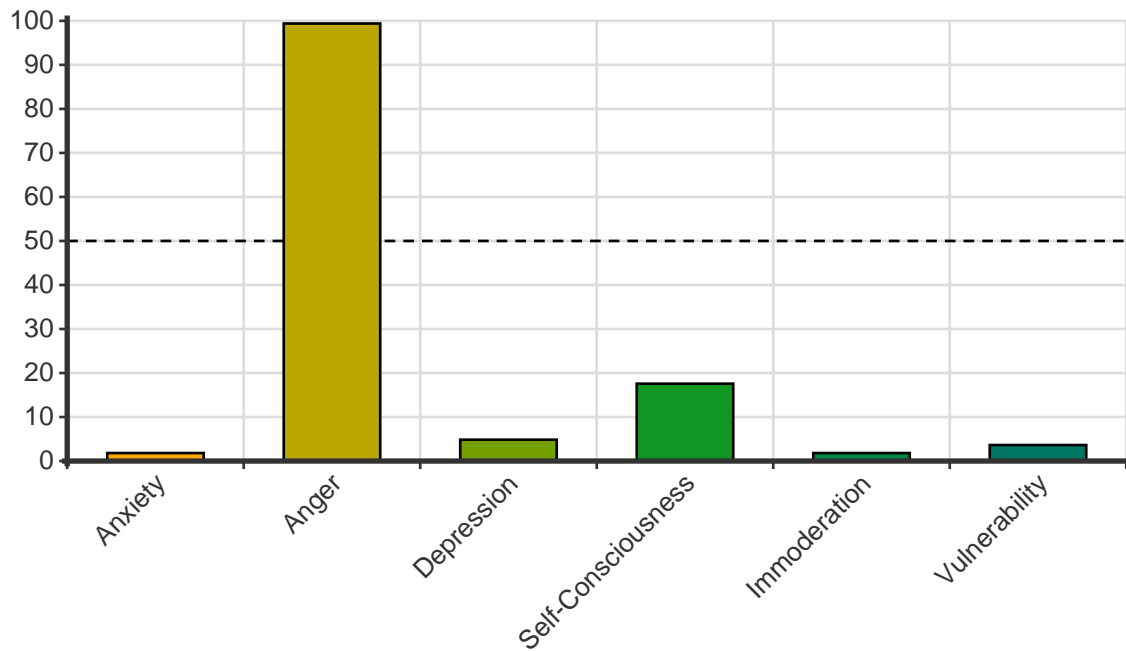
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### Agreeableness Facets



### Neuroticism Facets





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## Interpretive Text

Note. Using norms for Females in the 40+ age range.

1. Openness to Experience Factor. Your score on Openness to Experience is high, indicating a strong inclination towards intellectual curiosity, creativity, and a preference for novelty and variety. You likely have a rich imagination, enjoy exploring new ideas and perspectives, and may have a deep appreciation for art and beauty. This trait suggests you are comfortable with the unfamiliar, and often seek out fresh experiences and challenges for personal growth and learning. Your imagination is low. Low scorers on this scale are more oriented to facts than fantasy. Your emotionality is high. Persons high on Emotionality have good access to and awareness of their own feelings. Your adventurousness is high. High scorers are eager to try new activities, travel to foreign lands, and experience different things. They find familiarity and routine boring. Your intellect is high. High scorers on Intellect love to play with ideas. They are open-minded to new and unusual ideas, and like to debate intellectual issues. They enjoy riddles, puzzles, and brain teasers. Intellect should not be equated with intelligence. Intellect is an intellectual style, not an intellectual ability, although high scorers on Intellect score slightly higher than low-Intellect individuals on standardised intelligence tests. Your liberalism is high. Psychological liberalism refers to a readiness to challenge authority, convention, and traditional values. In its most extreme form, psychological liberalism can even represent outright hostility toward rules, sympathy for law-breakers, and love of ambiguity, chaos, and disorder. Psychological liberalism and conservatism are not identical to political affiliation, but certainly incline individuals toward certain political parties.

2. Conscientiousness Factor: Your score on Conscientiousness is high, suggesting that you are responsible, organised, and reliable. You are likely to be very detail-oriented and plan things carefully, preferring to follow schedules and set routines. You approach tasks in a methodical and disciplined manner, consistently meeting deadlines, and your strong sense of duty often makes you a dependable team member or leader. Your self-efficacy is high. Self-Efficacy describes confidence in one's ability to accomplish things. High scorers believe they have the intelligence (common sense), drive, and self-control necessary for achieving success. Your achievement striving is high. Individuals who score high on this scale strive hard to achieve excellence. Their drive to be recognised as successful keeps them on track toward their lofty goals. They often have a strong sense of direction in life, but extremely high scores may be too single-minded and obsessed with their work. Your self-discipline is high. Self-discipline, what many people call will-power, refers to the ability to persist at difficult or unpleasant tasks until they are completed. People who possess high self-discipline are able to overcome reluctance to begin tasks and stay on track despite distractions. Your cautiousness is high.



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### Interpretive Text (cont.)

Cautiousness describes the disposition to think through possibilities before acting. High scorers on the Cautiousness scale take their time when making decisions.

3. Extraversion Factor. Your score on Extraversion is in the average range, meaning you appreciate both social interaction and personal solitude. You feel comfortable in social situations, but also value time alone to recharge. You are flexible in expressing yourself and are able to adjust your level of sociability to the demands of a situation, enjoying a good balance between talkativeness and introspection. Your assertiveness is high. High scorers on assertiveness like to speak out, take charge, and direct the activities of others. They tend to be leaders in groups. Your facet activity level is low. People who score low on this scale may prefer a slower and more leisurely and relaxed pace of life. Your excitement seeking is high. High scorers on this scale are easily bored without high levels of stimulation. They love bright lights and hustle and bustle. They are likely to take risks and seek thrills.

4. Agreeableness Factor. Your score on Agreeableness is in the average range, meaning you have a balance between taking care of your own needs and considering the needs of others. You can be cooperative and compassionate when it's necessary, but you're also capable of asserting yourself and expressing your own needs. You are able to maintain a good balance between empathy and self-interest. Your trust is low. Persons low in trust assume that most others are selfish, non-truthful, and devious. Your morality is high. High scorers on this scale see no need for pretence or manipulation when dealing with others and are therefore candid, frank, and sincere. People find it relatively easy to relate to the straightforward high-scorers on this scale. Your altruism is high. Altruistic people find helping other people genuinely rewarding. Consequently, they are generally willing to assist those who are in need. Altruistic people find that doing things for others is a form of self-fulfilment rather than self-sacrifice. Your cooperation is high. Individuals who score high on this scale dislike confrontations. They are perfectly willing to compromise or to deny their own needs in order to get along with others. Your modesty is low. Those who are willing to describe themselves as superior tend to be seen as disagreeably arrogant by other people. Your sympathy is high. People who score high on this scale are tender-hearted and compassionate. They feel the pain of others vicariously and are easily moved to pity.

5. Neuroticism Factor. Your score on Neuroticism is low, suggesting that you are emotionally stable and generally calm, even in stressful situations. You likely handle pressure well and don't often experience negative emotions such as anxiety or anger. This emotional resilience allows you to stay focused and effective in high-stress situations, but it's essential to remember that it's still okay to acknowledge and express your feelings when you do experience



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### Interpretive Text (cont.)

them. Your anxiety is low. Persons low in anxiety are generally calm and fearless. Your anger is high. Persons who score high in anger feel enraged when things do not go their way. They are sensitive about being treated fairly and feel resentful and bitter when they feel they are being cheated. This scale measures the tendency to feel angry; whether or not the person expresses annoyance and hostility depends on the individual's level on agreeableness. Your depression is low. Low scorers tend to be free from depressive feelings and tend to have no issues with energy and initiating activities. Your facet of self-consciousness is low. Individuals low in self-consciousness tend to display a high level of self-assurance and confidence in various situations. They are comfortable being themselves and do not constantly worry about how others perceive them or seek validation from others. Your immoderation is low. Low scorers do not experience strong, irresistible cravings and consequently do not find themselves tempted to overindulge. They may be more oriented toward long-term consequences rather than short-term pleasures and rewards. Your vulnerability is low. Low scorers feel more poised, confident, and clear-thinking when stressed.

**\*\*\* Socially Desirable Responding \*\*\***

Your score is high (above approx. 90th percentile) and therefore results may be indicative of socially desirable responding (SDR). However, it is important for a clinician to look at these SDR results, especially in relation to other factors and facets in the assessment, to determine whether this is a type of response bias (where there is a tendency to give *\*overly\** positive self-descriptions (Paulhus, 2002)) or if other factors and facets may indicate that self-descriptions aren't *\*overly\** positive.

**\*\*\* Pattern Types\*\*\***

**Pattern 8.1 PERSISTENT TYPE (High C, Low N)**

Persistent Types are industrious, steady individuals who thrive in structured environments, driven by their conscientiousness and commitment. Their natural rule-abiding nature, coupled with their composure, makes them reliable and trustworthy. They respect tradition and predictability, favouring established methods and fostering stability in their teams. Their straightforward, down-to-earth demeanour inspires confidence in others.

**Pattern 9.1 ENLIGHTENED TRADITIONALIST TYPE (High C, High O)**

Enlightened Traditionalist Types are imaginative and innovative in their thinking, while also adhering to traditional and conformist behaviour. They utilise their intellectual skills to make positive contributions to the common good. Exuding a sense of dignity,





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**Interpretive Text (cont.)**

refinement, and a hint of reserve, they excel at perceiving and analysing complexities quickly and accurately, enabling them to find efficient ways to reach their objectives. These individuals are successful perfectionists, well-suited to tasks that require intense concentration, self-discipline, and meticulous attention to detail. They are often described by others as law-abiding, persistent, well-read, empathetic, trustworthy, industrious, demonstrating leadership, respectful of traditions, quiet, and reserved.

**Pattern 10.1 CLEAR-THINKING TYPE (Low N, High O)**

Clear-thinking types are well-adjusted, intelligent individuals. They approach problems in a nonplused, matter-of-fact way, and feel confident about their ability to solve problems. They are described by others with such terms as intelligent, poised, forward-looking, innovative, ingenious, persevering, and enterprising.

**Client Responses**

		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
1	Worry about things.	1	2	3	4	5
2	Make friends easily.	1	2	3	4	5
3	Have a vivid imagination.	1	2	3	4	5
4	Trust others.	1	2	3	4	5
5	Complete tasks successfully.	1	2	3	4	5
6	Get angry easily.	1	2	3	4	5
7	Love large parties.	1	2	3	4	5
8	Believe in the importance of art.	1	2	3	4	5
9	Use others for my own ends.	5	4	3	2	1
10	Like to tidy up.	1	2	3	4	5
11	Often feel blue.	1	2	3	4	5



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**Client Responses (cont.)**

		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
12	Take charge.	1	2	3	4	5
13	Experience my emotions intensely.	1	2	3	4	5
14	Love to help others.	1	2	3	4	5
15	Keep my promises.	1	2	3	4	5
16	Find it difficult to approach others.	1	2	3	4	5
17	Am always busy.	1	2	3	4	5
18	Prefer variety to routine.	1	2	3	4	5
19	Love a good fight.	5	4	3	2	1
20	Work hard.	1	2	3	4	5
21	Go on binges.	1	2	3	4	5
22	Love excitement.	1	2	3	4	5
23	Love to read challenging material.	1	2	3	4	5
24	Believe that I am better than others.	5	4	3	2	1
25	Am always prepared.	1	2	3	4	5
26	Panic easily.	1	2	3	4	5
27	Radiate joy.	1	2	3	4	5
28	Tend to vote for liberal (progressive) political candidates.	1	2	3	4	5
29	Sympathise with the homeless.	1	2	3	4	5
30	Jump into things without thinking.	5	4	3	2	1



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<b>Client Responses (cont.)</b>		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
31	Fear for the worst.	1	2	3	4	5
32	Feel comfortable around people.	1	2	3	4	5
33	Enjoy wild flights of fantasy.	1	2	3	4	5
34	Believe that others have good intentions.	1	2	3	4	5
35	Excel in what I do.	1	2	3	4	5
36	Get irritated easily.	1	2	3	4	5
37	Talk to a lot of different people at parties.	1	2	3	4	5
38	See beauty in things that others might not notice.	1	2	3	4	5
39	Cheat to get ahead.	5	4	3	2	1
40	Often forget to put things back in their proper place.	5	4	3	2	1
41	Dislike myself.	1	2	3	4	5
42	Try to lead others.	1	2	3	4	5
43	Feel others' emotions.	1	2	3	4	5
44	Am concerned about others.	1	2	3	4	5
45	Tell the truth.	1	2	3	4	5
46	Am afraid to draw attention to myself.	1	2	3	4	5
47	Am always on the go.	1	2	3	4	5
48	Prefer to stick with things that I know.	5	4	3	2	1
49	Yell at people.	5	4	3	2	1



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**Client Responses (cont.)**

		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
50	Do more than what's expected of me.	1	2	3	4	5
51	Rarely overindulge.	5	4	3	2	1
52	Seek adventure.	1	2	3	4	5
53	Avoid philosophical discussions.	5	4	3	2	1
54	Think highly of myself.	5	4	3	2	1
55	Carry out my plans.	1	2	3	4	5
56	Become overwhelmed by events.	1	2	3	4	5
57	Have a lot of fun.	1	2	3	4	5
58	Believe that there is no absolute right or wrong.	1	2	3	4	5
59	Feel sympathy for those who are worse off than myself.	1	2	3	4	5
60	Make rash decisions.	5	4	3	2	1
61	Am afraid of many things.	1	2	3	4	5
62	Avoid contact with others.	5	4	3	2	1
63	Love to daydream.	1	2	3	4	5
64	Trust what people say.	1	2	3	4	5
65	Handle tasks smoothly.	1	2	3	4	5
66	Lose my temper.	1	2	3	4	5
67	Prefer to be alone.	5	4	3	2	1
68	Do not like poetry.	5	4	3	2	1



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**Client Responses (cont.)**

		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
69	Take advantage of others.	5	4	3	2	1
70	Leave a mess in my room.	5	4	3	2	1
71	Am often down in the dumps.	1	2	3	4	5
72	Take control of things.	1	2	3	4	5
73	Rarely notice my emotional reactions.	5	4	3	2	1
74	Am indifferent to the feelings of others.	5	4	3	2	1
75	Break rules.	5	4	3	2	1
76	Only feel comfortable with friends.	1	2	3	4	5
77	Do a lot in my spare time.	1	2	3	4	5
78	Dislike changes.	5	4	3	2	1
79	Insult people.	5	4	3	2	1
80	Do just enough work to get by.	5	4	3	2	1
81	Easily resist temptations.	5	4	3	2	1
82	Enjoy being reckless.	1	2	3	4	5
83	Have difficulty understanding abstract ideas.	5	4	3	2	1
84	Have a high opinion of myself.	5	4	3	2	1
85	Waste my time.	5	4	3	2	1
86	Feel that I'm unable to deal with things.	1	2	3	4	5
87	Love life.	1	2	3	4	5



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<b>Client Responses (cont.)</b>		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
88	Tend to vote for conservative political candidates.	5	4	3	2	1
89	Am not interested in other people's problems.	5	4	3	2	1
90	Rush into things.	5	4	3	2	1
91	Get stressed out easily.	1	2	3	4	5
92	Keep others at a distance.	5	4	3	2	1
93	Like to get lost in thought.	1	2	3	4	5
94	Distrust people.	5	4	3	2	1
95	Know how to get things done.	1	2	3	4	5
96	Am not easily annoyed.	5	4	3	2	1
97	Avoid crowds.	5	4	3	2	1
98	Do not enjoy going to art museums.	5	4	3	2	1
99	Obstruct others' plans.	5	4	3	2	1
100	Leave my belongings around.	5	4	3	2	1
101	Feel comfortable with myself.	5	4	3	2	1
102	Wait for others to lead the way.	5	4	3	2	1
103	Don't understand people who get emotional.	5	4	3	2	1
104	Take no time for others.	5	4	3	2	1
105	Break my promises.	5	4	3	2	1
106	Am not bothered by difficult social situations.	5	4	3	2	1



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**Client Responses (cont.)**

		Very Inaccurate	Moderately Inaccurate	Neither Accurate nor Inaccurate	Moderately Accurate	Very Accurate
107	Like to take it easy.	5	4	3	2	1
108	Am attached to conventional ways.	5	4	3	2	1
109	Get back at others.	5	4	3	2	1
110	Put little time and effort into my work.	5	4	3	2	1
111	Am able to control my cravings.	5	4	3	2	1
112	Act wild and crazy.	1	2	3	4	5
113	Am not interested in theoretical discussions.	5	4	3	2	1
114	Boast about my virtues.	5	4	3	2	1
115	Have difficulty starting tasks.	5	4	3	2	1
116	Remain calm under pressure.	5	4	3	2	1
117	Look at the bright side of life.	1	2	3	4	5
118	Believe that we should be tough on crime.	5	4	3	2	1
119	Try not to think about the needy.	5	4	3	2	1
120	Act without thinking.	5	4	3	2	1