



Experience in Close Relationship Scale - Short Form (ECR-S)

Instructions:

The following statements concern how you feel in romantic relationships. Please respond to each statement by indicating how much you agree or disagree.

		Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree
1	It helps to turn to my romantic partner in times of need.	7	6	5	4	3	2	1
2	I need a lot of reassurance that I am loved by my partner.	1	2	3	4	5	6	7
3	I want to get close to my partner, but I keep pulling back.	1	2	3	4	5	6	7
4	I find that my partner doesn't want to get as close as I would like.	1	2	3	4	5	6	7
5	I turn to my partner for many things, including comfort and reassurance.	7	6	5	4	3	2	1
6	My desire to be very close sometimes scares people away.	1	2	3	4	5	6	7
7	I try to avoid getting too close to my partner.	1	2	3	4	5	6	7
8	I don't worry about being abandoned.	7	6	5	4	3	2	1
9	I usually discuss my problems and concerns with my partner.	7	6	5	4	3	2	1
10	I get frustrated if my romantic partner is not available when I need them.	1	2	3	4	5	6	7
11	I am nervous when my partner gets too close to me.	1	2	3	4	5	6	7
12	I worry that a romantic partner won't care about me as much as I care about them.	1	2	3	4	5	6	7

Developer Reference:

Wei, M., Russell, D. W., Mallinckrodt, B., & Vogel, D. L. (2007). The experiences in Close Relationship Scale (ECR)-Short Form: Reliability, validity, and factor structure. *Journal of Personality Assessment*, 88, 187-204. <http://wei.public.iastate.edu/>

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