



Client Information

<i>Client Name</i>	Dummy Client
<i>Date of birth (age)</i>	1 January 2000 (23)

Assessment Information

<i>Assessment</i>	Acceptance and Action Questionnaire - version 2 (AAQ-2)
<i>Date administered</i>	10 March 2023
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 26 seconds

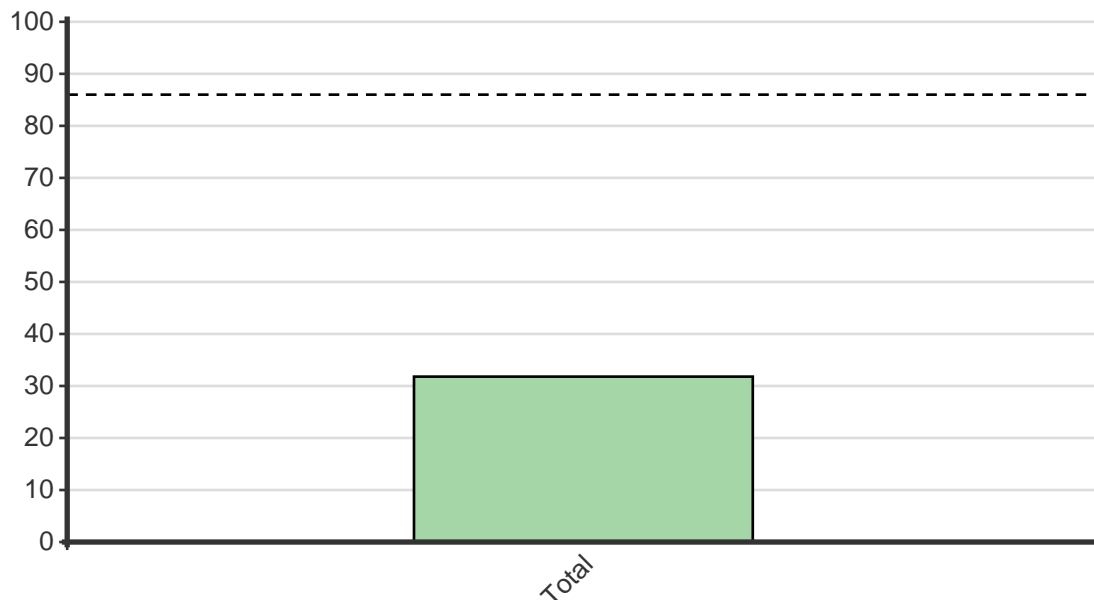
Results

	Raw Score (7-49)	Normative Percentile
Total Score	15	32

Interpretive Text

This client scored 24 or below. Clients with these lower levels of experiential avoidance and normative levels of psychological flexibility were not typically experiencing significant psychological distress (Berta-Otero et al., 2023; Bond et al., 2011).

Normative Percentile



Scoring and Interpretation Information

Higher total scores on the AAQ-II indicate higher psychological inflexibility, experiential avoidance, and more potential psychological distress. Lower total scores mean more psychological



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Scoring and Interpretation Information (cont.)

flexibility.

A normative percentile is also presented, comparing the respondent's score against a sample of normative undergraduates and adults (Bond et al., 2011). A percentile of 50 indicates that the client has average (and healthy) levels of psychological flexibility and experiential avoidance. If the client scores 25 or above (percentile of approximately 86) then this is an indication that the client's psychological inflexibility may impact their overall wellbeing. This 'cutoff' is indicated by a dotted line on the graphs.

Client Responses

		Never true	Very seldom true	Seldom true	Sometimes true	Frequently true	Almost always true	Always true
1	My painful experiences and memories make it difficult for me to live a life that I would value.	1	2	3	4	5	6	7
2	I'm afraid of my feelings.	1	2	3	4	5	6	7
3	I worry about not being able to control my worries and feelings.	1	2	3	4	5	6	7
4	My painful memories prevent me from having a fulfilling life.	1	2	3	4	5	6	7
5	Emotions cause problems in my life.	1	2	3	4	5	6	7
6	It seems like most people are handling their lives better than I am.	1	2	3	4	5	6	7
7	Worries get in the way of my success.	1	2	3	4	5	6	7