



### Client Information

<i>Client Name</i>	John Down
<i>Date of birth (age)</i>	14 December 2019 (3)

### Assessment Information

<i>Assessment</i>	Composite Caregiving Questionnaire (CCQ)
<i>Date administered</i>	27 March 2023
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	2 minutes 59 seconds

### Child Details

<i>Child's Name</i>	John
<i>Child's Age</i>	3
<i>Informant's Relationship to Child</i>	Father

### Results

	Raw Score	Percentile	Clinical Concern?
Empathy & Understanding	43	18	
Emotion & Affection	44	14.2	Yes
Hostility	11	54	
Caregiving Helplessness	11	79	
Parental Mentalising	23	3	Yes

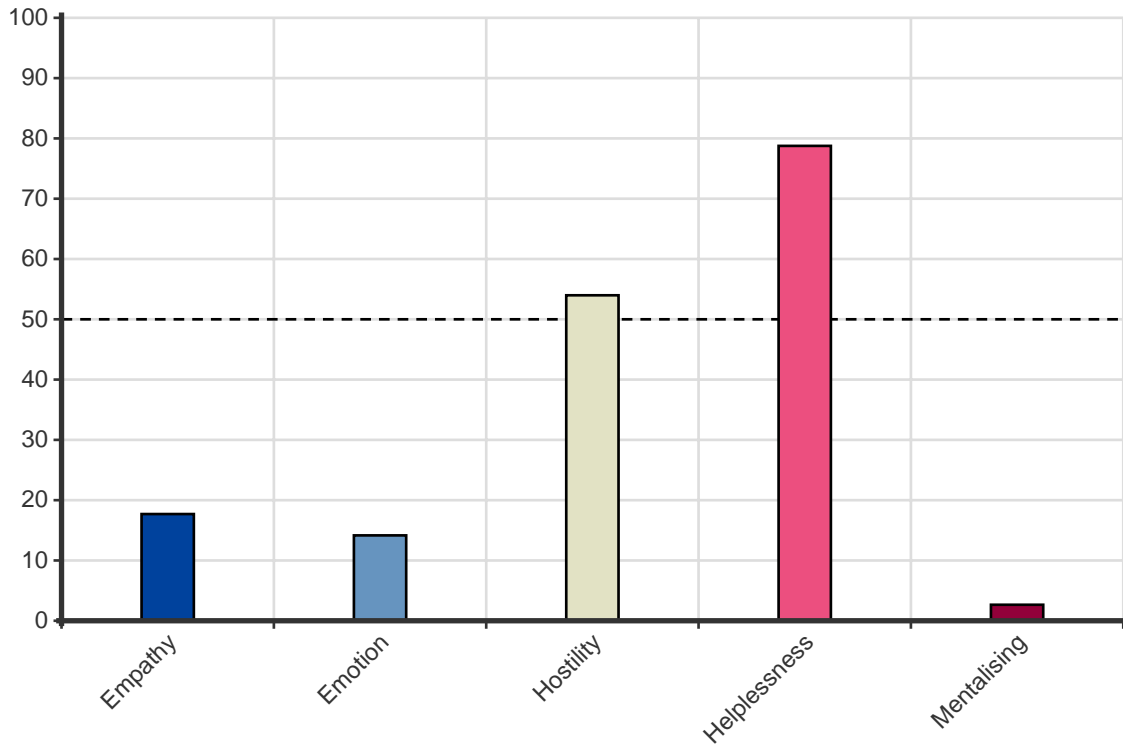
### Parental Mentalising Subscales

	Raw Score	Scaled Score (0-10)
Cue Recognition	7	3.3
Mentalisation of Infant	14	6.7
Own Childhood Experience	2	1.7



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### CCQ Percentiles



### Scoring and Interpretation Information

Each scale of the CCQ is scored separately. A total score is not computed.

- Empathy & Understanding (items 4 - 9): a total raw score from 0 - 60. A higher score indicates more empathic parenting. A cutoff score below 38 indicates possible clinical concern.

- Emotion & Affection (items 10 - 15; item 15 is reverse-scored): a total raw score from 0 - 60. A higher score indicates more affectionate parenting. A cutoff score below 47 indicates possible clinical concern.

- Hostility (items 16 - 20): a total raw score from 0 - 50. A high score indicates more parental hostility. A cutoff score of above 21 indicates possible clinical concern.

- Caregiving Helplessness (items 21 - 27): a total raw score from 7 - 35. A high score indicates more parental helplessness. A cutoff score of above 16 indicates possible clinical concern.

- Parental Mentalising (items 28 - 45; items 31, 36, 41 are



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**Scoring and Interpretation Information (cont.)**

reverse-scored): a total raw score from 0 - 54. A high score indicates keeping the child more in mind and thinking about own childhood more. A cutoff score below 31 indicates possible clinical concern. The Parental Mentalising scale has three subscales:

- Cue Recognition (items 28, 31, 33, 36, 39, 41, 44): being aware of the child's needs and wants

- Mentalisation of Infant (items 29, 32, 35, 37, 40, 43, 45): being aware of child's own internal world

- Own Childhood Experience (items 30, 34, 38, 42): an awareness of the parents' own childhood experiences

Normative percentiles are presented from a community sample of parents/caregivers of children aged between 1 and 4 (Byron & Hawkins, 2022). A percentile of 50 indicates that the individual's scores are average when compared to other parents/caregivers.

A scaled score (out of 10) is presented for the Parental Mentalising subscales so that a comparison can be made between them (given there are different numbers of items between each one).

**Client Responses**

1	What is the first name of this child?											
	John											
2	What is this child's age?											
	3											
3	What is your relationship to this child?											
	Father											

		0 - Completely Disagree	1	2	3	4	5 - Moderately Agree	6	7	8	9	10 - Completely Agree
4	This section is about how you understand your child. Using the scale, select how much you agree with each statement. I am able to explain things patiently to my child.	0	1	2	3	4	5	6	7	8	9	10
5	I can get my child to listen to me.	0	1	2	3	4	5	6	7	8	9	10
6	I am able to comfort my child.	0	1	2	3	4	5	6	7	8	9	10
7	I am able to listen to my child.	0	1	2	3	4	5	6	7	8	9	10



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**Client Responses (cont.)**

		0 - Completely Disagree	1	2	3	4	5 - Moderately Agree	6	7	8	9	10 - Completely Agree
8	I am able to put myself in my child's shoes (see things from my child's point of view)	0	1	2	3	4	5	6	7	8	9	10
9	I understand my child's needs.	0	1	2	3	4	5	6	7	8	9	10
10	<small>The following section is about emotion and affection. Using the scale, select how much you agree with each statement.</small> I am able to show affection to my child.	0	1	2	3	4	5	6	7	8	9	10
11	I can recognise when my child is happy or sad.	0	1	2	3	4	5	6	7	8	9	10
12	I am confident my child can come to me if he/she is unhappy.	0	1	2	3	4	5	6	7	8	9	10
13	When my child is sad I understand why.	0	1	2	3	4	5	6	7	8	9	10
14	I have a good relationship with my child.	0	1	2	3	4	5	6	7	8	9	10
15	I find it hard to cuddle my child.	10	9	8	7	6	5	4	3	2	1	0
16	<small>Now thinking about the last 4 weeks, how much do these statements describe how you have been feeling or behaving with this child? Please use the scale below which refers to how often you have felt this way.</small> I have been angry with this child.	0	1	2	3	4	5	6	7	8	9	10
17	I have raised my voice with or shouted at this child.	0	1	2	3	4	5	6	7	8	9	10
18	When this child cries, he/she gets on my nerves.	0	1	2	3	4	5	6	7	8	9	10
19	I have lost my temper with this child.	0	1	2	3	4	5	6	7	8	9	10
20	I have left this child alone in his/her bedroom when he/she was particularly irritable or upset.	0	1	2	3	4	5	6	7	8	9	10
			1 - Not at all like us	2	3 - A bit like us	4	Very like us - 5					
21	<small>These questions explore how it feels to be a caregiver and, more specifically, how it feels when you and your child are together. The statements describe how some caregivers feel about their relationship with their child. Read each statement carefully and select the option that most clearly reflects your relationship with your child.</small> When I am with my child, I often feel out of control.		1	2	3	4	5					
22	I often feel that there is nothing I can do to discipline/manage my child.		1	2	3	4	5					
23	When I am with my child, I often feel that my child is out of control.		1	2	3	4	5					



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**Client Responses (cont.)**

		1 - Not at all like us	2	3 - A bit like us	4	Very like us - 5
24	I feel that I am a failure as a caregiver.	1	2	3	4	5
25	I feel that my situation needs to be changed but am helpless to do anything about it.	1	2	3	4	5
26	I feel that my life is chaotic and out of control.	1	2	3	4	5
27	My child treats me in a rude or sarcastic way.	1	2	3	4	5
		None or a little of the time	Some of the time	A good part of the time	Most of the time	
28	<small>Below are 18 statements about you and your child. Please read each statement carefully and select the option that best fits.</small> I am aware of my child's cues (signals or behaviours)	0	1	2	3	
29	What I think and feel can affect how my child feels.	0	1	2	3	
30	I think about how I felt as a young child.	0	1	2	3	
31	I struggle to know what my child wants.	3	2	1	0	
32	I think about what my child may be thinking or feeling.	0	1	2	3	
33	My child lets me know what she or he wants.	0	1	2	3	
34	I remember how I felt as a young child.	0	1	2	3	
35	I wonder how my child feels about things around us.	0	1	2	3	
36	I feel confused by my child's cries.	3	2	1	0	
37	I find myself thinking about what my child might like to do now.	0	1	2	3	
38	Being a parent makes me think of my own childhood.	0	1	2	3	
39	I can work out what my child wants.	0	1	2	3	
40	I know that it may take more than one try to work out what my child needs.	0	1	2	3	
41	When my child is crying, I don't know what he/she is telling me.	3	2	1	0	



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**Client Responses (cont.)**

		None or a little of the time	Some of the time	A good part of the time	Most of the time
42	Now that I'm a parent, I think about my own childhood.	0	1	2	3
43	I try to work out what my child is communicating (trying to tell me).	0	1	2	3
44	I can work out what my child needs.	0	1	2	3
45	My child can pick up on my feelings.	0	1	2	3