

NovoPsych

Client Information

| Client Name | Generic Client |
|---------------------|-----------------------|
| Date of birth (age) | 14 December 1980 (41) |

Assessment Information

| Assessment | Personal Wellbeing Index – Adult - 5 (PWI-A) |
|-------------------|--|
| Date administered | 6 November 2022 |
| Assessor | Dr David Hegarty |
| Time taken | 0 minutes 12 seconds |

Results

| | Standard Score (0 to 100) | Percentile |
|--------------------------|---------------------------|------------|
| Personal Wellbeing Index | 30 | 0 |

Interpretive Text This individual scored 49 or less, indicating 'challenged' level of Subjective Wellbeing.

Scoring and Interpretation Information

| • | |
|---|--|
| | Scores consist of the single PWI score presented as a standard score between 0 and 100. Standard scores are computed by dividing the raw score by 7 (or 8 if the optional last item is completed), times by 100. Higher scores are indicative of higher levels of personal wellbeing, quality of life and mental health. |
| | Scores are also presented a percentile compared to an Australian adult population (Khor et al., 2020). The percentile represents how an individual scored compared to peers, where a percentile of 50 indicates average wellbeing and a percentile of 10 represents wellbeing in the bottom 10 percentile of the population. |
| | Individual scores on the PWI can be interpreted using the following guidelines (Tomyn, Weinberg, & Cummins, 2015): |
| | 70 or more = 'normal' levels of Subjective Wellbeing. Between 50 and 69 = 'compromised' levels of Subjective Wellbeing 49 or less = 'challenged' level of Subjective Wellbeing |
| | An individual with compromised welling scores (69 or less) is likely to be experiencing challenges to their level of subjective wellbeing, possibly due to life circumstances or current challenges (e.g., to their health, work status, or relationships, etc), or due to the presence of symptoms of mental ill-health (e.g., depression). |
| | The item "Satisfaction with life as a whole" (Question 1) is not a component of the Personal Wellbeing Index (PWI) score and the last |



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Scoring and Interpretation Information (cont.)

item (Question 9) is only scored if it is relevant for the client and a response indicated.

Client Responses

| | • | 0 - No satisfa ction at all | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 - Complet ely Satisfied |
|---|---|--------------------------------------|---|---|---|---|---|---|---|---|---|-------------------------------------|
| 1 | [OPTIONAL] Thinking about your own life and personal circumstances, how satisfied are you with your life as a whole? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 2 | How satisfied are you with your standard of living? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 3 | How satisfied are you with your health? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 4 | How satisfied are you with what you are achieving in life? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 5 | How satisfied are you with your personal relationships? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 6 | How satisfied are you with how safe you feel? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 7 | How satisfied are you with feeling part of your community? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 8 | How satisfied are you with your future security? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 9 | [OPTIONAL] Do you have spiritual or religious beliefs? If YES, then answer this: How satisfied are you with your spirituality or religion? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |