



Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 2010 (11)

Assessment Information

<i>Assessment</i>	Alcohol Use Disorders Identification Test (AUDIT)
<i>Date administered</i>	7 November 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 21 seconds

Results

	Score	Percentile	Risk Level
Total Score	15	95.1	Hazardous

Interpretive Text

Note. This client has indicated they believe they have a problem with drinking.

This client scored 4 or more for dependency, which suggests the possibility of dependency. It is recommended that further assessment be completed to determine if dependence is confirmed.

Based on a Total Score of between 8 - 15, possible interventions include:

- Feedback of AUDIT and harm reduction advice may be sufficient
- Ideally also:
 - setting goals and limits
 - a motivational interview
 - self-monitoring of drinking

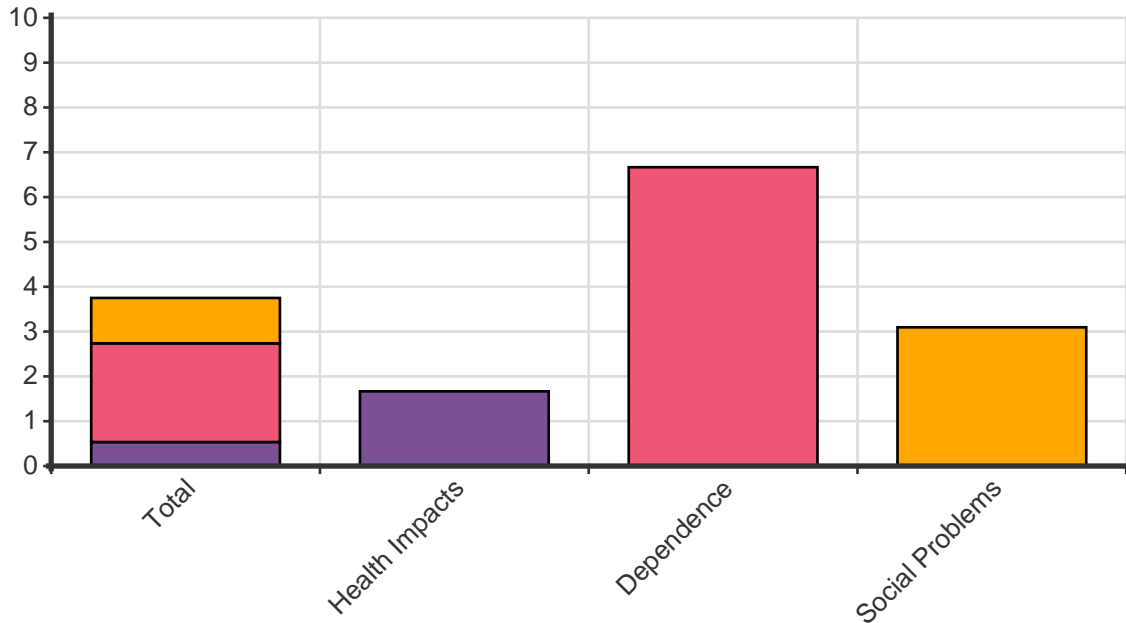
Categories

	Raw Score	Standard Score (0-10)
Likelihood of hazardous health impacts	2	1.7
Dependence symptoms	8	6.7
Behavioural or social problems	5	3.1



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Standard Scores



Scoring and Interpretation Information

Total scores range from 0 to 40, with higher scores indicating greater likelihood of hazardous and harmful drinking. Scores are also presented as a percentile compared to a sample of individuals enrolled in a drink driving treatment program (Hays & Merz, 1995). A percentile of 50 indicates a typical score for someone with serious drinking related driving offences, with higher percentiles indicate high severity. Percentiles below 30 likely indicate no drinking problem.

Scoring is computed by adding scores (0 – 4) on questions 1 to 8, and questions 9 and 10 scored 0, 2, or 4 points. Questions 11 and 12 are not scored.

Risk levels are presented based upon the following scores:

- 0 - 7: Low risk
- 8 - 15: Hazardous
- 16 - 19: Harmful
- 20+: High risk

Total scores of 8 or more are recommended as indicators of hazardous and harmful alcohol use. However, a score of 8 or more will only be sensitive to 59% of individuals who actually have drinking problems, (Bush et al, 1998). Therefore, scores should only be used as an indication of alcohol problems and not to definitively rule it out.



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Scoring and Interpretation Information (cont.)

When looking at individual responses the questions can be conceptualised using the following three categories:

- Likelihood of hazardous health impacts (questions 1, 2 & 3)
- Dependence symptoms (questions 4, 5 & 6)
- Behavioural or social problems as a result of use (questions 7, 8, 9 & 10)

These are also presented as standard scores (out of 10) so that the relative challenges faced in each of these categories can be compared.

A raw score above 4 (standard score 3.3) on the Dependence subscale indicates that the client may have alcohol dependency. If a client scores of 4 or more then it is recommended that further assessment be completed to determine if dependence is confirmed.

The last two questions help with managing self-beliefs about drinking problems and self-perceived difficulties in stopping or reducing drinking levels within the next 3 months.

Client Responses

1	How often do you have a drink containing alcohol?					
	0 Never					
	1 Monthly or less					
	2 2-4 times a month					
	3 2-3 times a week					
	4 4 or more times a week					
2	How many drinks containing alcohol do you have on a typical day when you are drinking?					
	0 0 or 2					
	1 3 or 4					
	2 5 or 6					
	3 7 to 9					
	4 10 or more					
		Never	Less than monthly	Monthly	Weekly	Daily or almost daily
3	How often do you have six or more drinks on one occasion ?	0	1	2	3	4
4	How often during the last year have you found that you were not able to stop drinking once you had started?	0	1	2	3	4
5	How often during the last year have you failed to do what was normally expected of you because of drinking?	0	1	2	3	4



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Client Responses (cont.)

		Never	Less than monthly	Monthly	Weekly	Daily or almost daily
6	How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session ?	0	1	2	3	4
7	How often during the last year have you had a feeling of guilt or remorse after drinking?	0	1	2	3	4
8	How often during the last year have you been unable to remember what happened the night before because of your drinking?	0	1	2	3	4
9	Have you or someone else been injured because of your drinking?					
	0 No					
	2 Yes, but not in the last year					
	4 Yes, during the last year					
10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?					
	0 No					
	2 Yes, but not in the last year					
	4 Yes, during the last year					
		No	Probably Not	Unsure	Possibly	Definitely
11	Do you think you presently have a problem with drinking?	0	1	2	3	4
		Very easy	Fairly easy	Neither difficult nor easy	Fairly difficult	Very difficult
12	In the next 3 months, how difficult would you find it to cut down or stop drinking?	0	1	2	3	4