



### Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 2010 (11)

### Assessment Information

<i>Assessment</i>	International Trauma Questionnaire – Child and Adolescent Version (ITQ-CA)
<i>Date administered</i>	21 October 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 20 seconds

### Results

	Raw Score	Scaled Score (0 to 10)
PTSD total (0 to 24)	12	5
Re-experiencing (0 to 8)	4	5
Avoidance (0 to 8)	4	5
Sense of current threat (0 to 8)	4	5
PTSD functional impairment (0 to 5)	3	6
Disturbances in self-organization (0 to 24)	12	5
Affective dysregulation (0 to 8)	4	5
Negative self-concept (0 to 8)	4	5
Disturbances in relationships (0 to 8)	4	5
DSO functional impairment (0 to 5)	2	4

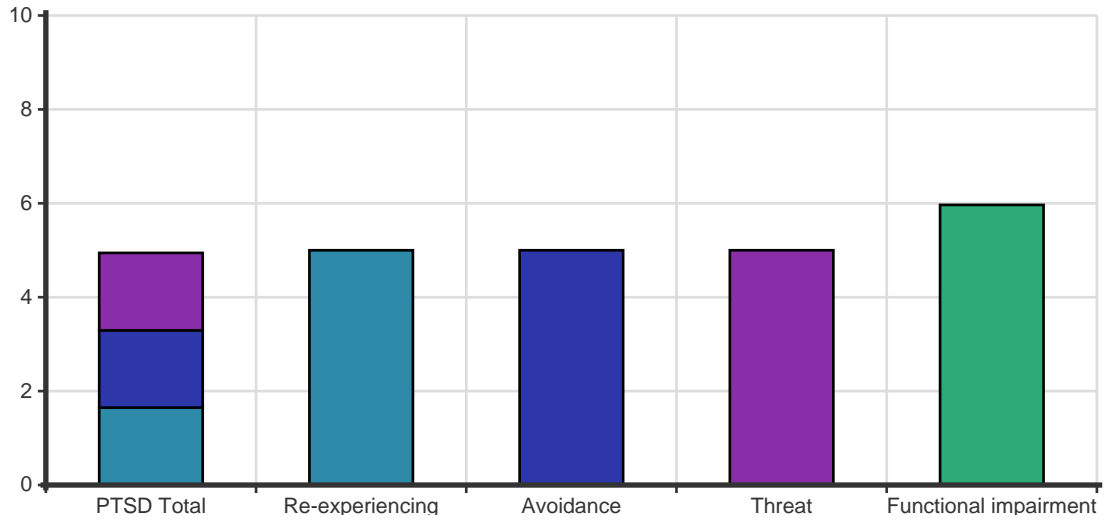
### Interpretive Text

This individual's scores are consistent with a diagnosis of COMPLEX Post Traumatic Stress Disorder (CPTSD), given they meet the criteria for PTSD as well as have high scores on disturbances in self-organization (DSO).
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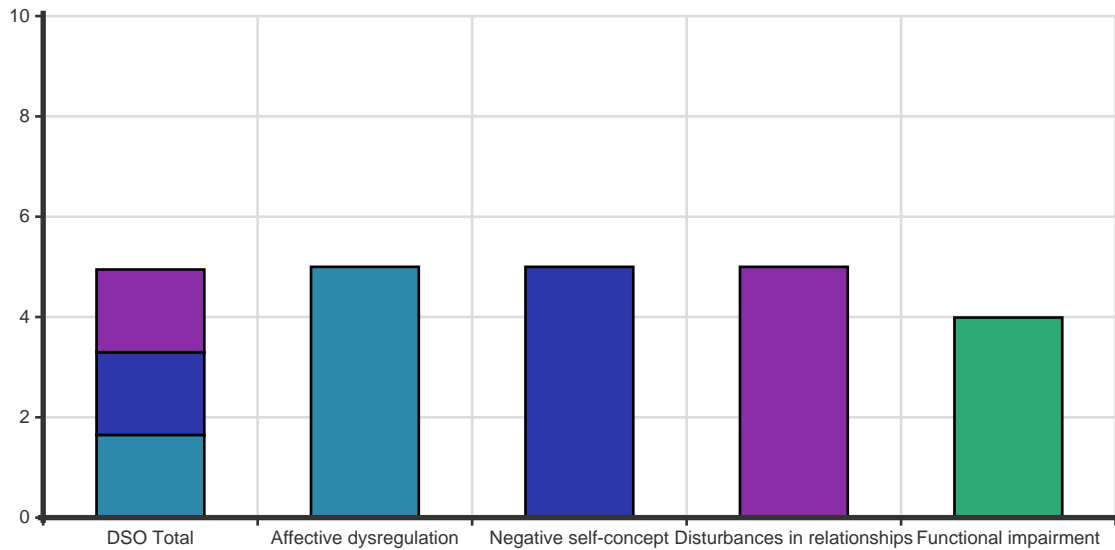


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### PTSD Dimensions



### Disturbances in Self-Organization Dimensions



### Scoring and Interpretation Information

There are two components of scoring and interpretation: Categorical scoring for the diagnosis of PTSD and CPTSD, and a dimensional component which measures symptom severity. The diagnosis of PTSD is indicated based on the following criteria:

- Question 1 or 2 = one or more (re-experiencing)
- Question 3 or 4 = one or more (avoidance)
- Question 5 or 6 = one or more (sense of current threat)
- Question 7, 8, 9, 10, or 11 = one or more (PTSD functional impairment)



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**Scoring and Interpretation Information (cont.)**

PTSD is indicated if the criteria for PTSD are met and CPTSD is NOT met.

The diagnosis of Complex PTSD (CPTSD) is indicated based on the following criteria:

- Question 12 or 13 = one or more (affective dysregulation)
- Question 14 or 15 = one or more (negative self-concept)
- Question 16 or 17 = one or more (disturbances in relationships)
- Question 18, 19, 20, 21, or 22 = one or more (Disturbances in self-organisation impairment)

CPTSD is diagnosed if the criteria for PTSD are met AND criteria for CPTSD are met.

Dimensional scores from 0 to 24 are presented for the two major subscale.

1. Post Traumatic Stress Disorder (PTSD) (sum of items 1 to 6)
2. Disturbances in self-organisation (DSO) (sum of items 12 to 17).

In addition, the four factors under each major subscale are presented (raw score from 0 to 8).

Note that the functional impairment factors do not count towards the totals of the major subscales. Each score is presented as a raw score and a scaled score. The scaled scores are between 0 and 10 and are calculated by dividing the raw score by the maximum possible score, times 100. The scaled scores are useful for comparison between symptom clusters as they are all scored out of 10. The dimensional scores can be useful in tracking symptoms at the start, middle and end of treatment to ascertain the level of treatment response.

**Client Responses**

		Never	A little bit	Sometimes	A lot	Almost Always
1	Bad dreams reminding me of what happened.	0	1	2	3	4
2	Pictures in my head of what happened. Feels like it is happening right now.	0	1	2	3	4
3	Trying not to think about what happened. Or to not have feelings about it.	0	1	2	3	4
4	Staying away from anything that reminds me of what happened (people, places, things, situations, talks).	0	1	2	3	4



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<b>Client Responses (cont.)</b>						
		Never	A little bit	Sometimes	A lot	Almost Always
5	Being overly careful (checking to see who is around me).	0	1	2	3	4
6	Being jumpy.	0	1	2	3	4
		Yes			No	
7	Have any of the above problems interfered with getting along with friends?	1			0	
8	Have they interfered with getting along with friends?	1			0	
9	Have they interfered with your school work?	1			0	
10	Have they interfered with anything else that is important to you (hobbies, other relationships)?	1			0	
11	Have they interfered with your general happiness?	1			0	
		Never	A little bit	Sometimes	A lot	Almost Always
12	<small>Below are problems people report after traumatic or stressful events. They are about how you feel, what you believe about yourselves and others. Select how much the following things have bothered you in the past month.</small> Having trouble calming down when I am upset (angry, scared or sad).	0	1	2	3	4
13	Not being able to have any feelings or feeling empty inside.	0	1	2	3	4
14	Feeling like a failure.	0	1	2	3	4
15	Thinking I am not a good person.	0	1	2	3	4
16	Not feeling close to other people.	0	1	2	3	4
17	Having a hard time staying close to other people.	0	1	2	3	4
		Yes			No	
18	Have any of the above problems interfered with getting along with friends?	1			0	
19	Have they interfered with getting along with family?	1			0	
20	Have they interfered with your schoolwork?	1			0	



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<b>Client Responses (cont.)</b>			
	Yes	No	
21	Have they interfered with anything else that is important to you (hobbies, other relationships)?	<b>1</b>	<b>0</b>
22	Have they interfered with your general happiness?	<b>1</b>	<b>0</b>