



Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 2010 (11)

Assessment Information

<i>Assessment</i>	Tinnitus Handicap Inventory (THI)
<i>Date administered</i>	29 June 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 32 seconds

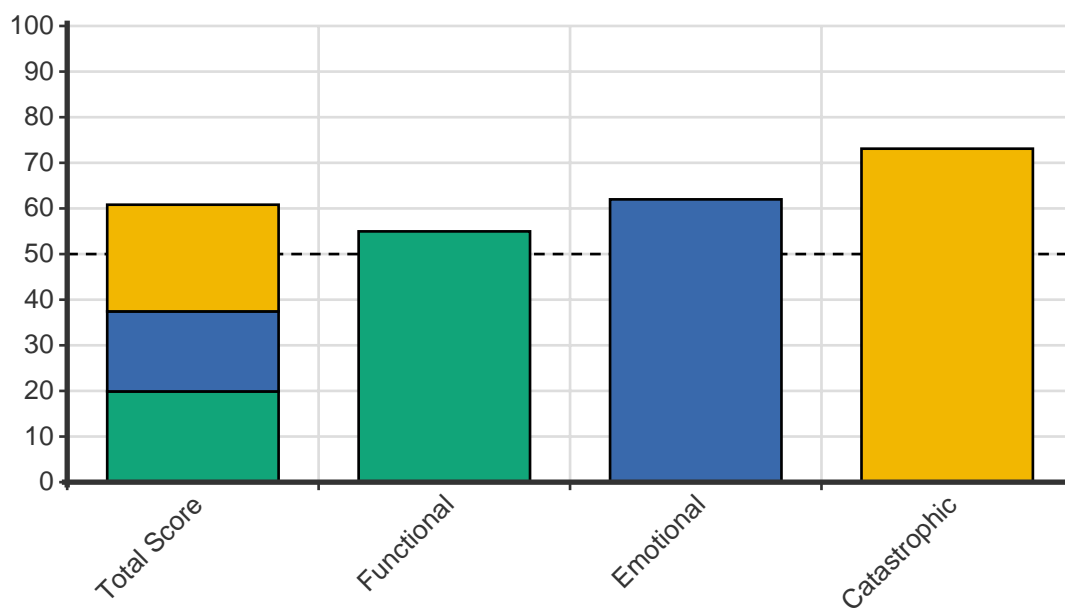
Results

	Score	Clinical Percentile
Total	56	62.2
Functional	22	55
Emotional	20	62.1
Catastrophic	14	73.1

Interpretive Text

This individual's self-perceived handicap is classified as 'moderate'. This means tinnitus is perceived even in the presence of environmental sound; however, daily activities are not impaired. It is perceived less under concentration but interference with sleep and relaxing activities is not infrequent.

Clinical Percentiles





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Scoring and Interpretation Information

The THI total score ranges from 0 to 100 where a higher score indicates more tinnitus handicap severity. In addition, a percentile is presented that shows the respondents scores in comparison to tinnitus patients. A percentile rank of 50 indicates that the individual has an average severity of tinnitus compared to other people suffering tinnitus.

Three three subscales are calculated:

1. Functional (items 1, 2, 4, 7, 9, 12, 13, 15, 18, 20, 24) - role limitations in the areas of mental, social/occupational, and physical functioning
2. Emotional (items 3, 6, 10, 14, 16, 17, 21, 22, 25) - affective reactions to tinnitus
3. Catastrophic (items 5, 8, 11, 19, 23) - catastrophic thinking about the symptoms of tinnitus, including a sense of lack of control

A grading system, as determined by the British Association of Otolaryngologists, Head and Neck Surgeons, is also used for the THI total score (McCombe et al., 2001):

- Very mild (score 0–16). Tinnitus is perceived only in silence and is easily masked. It does not interfere with sleep or with daily activities.
- Mild (score 18–36). Tinnitus is easily masked by environmental sounds and forgotten during daily activities. It can occasionally interfere with sleep but not with daily activities.
- Moderate (score 38–56). Tinnitus is perceived even in the presence of environmental sound; however, daily activities are not impaired. It is perceived less under concentration. Interference with sleep and relaxing activities is not infrequent.
- Severe (score 58–76). Tinnitus is continuously perceived and hardly masked by external noise. It alters the sleep cycle and can interfere with the subject's daily activities. Relaxing activities are compromised. Subjects with this level of tinnitus often require medical consultations.
- Catastrophic (78–90). All side effects caused by tinnitus are present at a very severe level. The subject requires medical assistance very frequently, including neuropsychiatric help.

A change score of at least seven points has been considered to denote reliable clinically significant improvement on the THI (Zeman et al., 2011).



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Client Responses

		Yes	Sometimes	No
1	Because of your tinnitus, is it difficult for you to concentrate?	4	2	0
2	Does the loudness of your tinnitus make it difficult for you to hear people?	4	2	0
3	Does your tinnitus make you angry?	4	2	0
4	Does your tinnitus make you feel confused?	4	2	0
5	Because of your tinnitus, do you feel desperate?	4	2	0
6	Do you complain a great deal about your tinnitus?	4	2	0
7	Because of your tinnitus, do you have trouble falling to sleep at night?	4	2	0
8	Do you feel as though you cannot escape your tinnitus?	4	2	0
9	Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies)?	4	2	0
10	Because of your tinnitus, do you feel frustrated?	4	2	0
11	Because of your tinnitus, do you feel that you have a terrible disease?	4	2	0
12	Does your tinnitus make it difficult for you to enjoy life?	4	2	0
13	Does your tinnitus interfere with your job or household responsibilities?	4	2	0
14	Because of your tinnitus, do you find that you are often irritable?	4	2	0
15	Because of your tinnitus, is it difficult for you to read?	4	2	0
16	Does your tinnitus make you upset?	4	2	0
17	Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?	4	2	0
18	Do you find it difficult to focus your attention away from your tinnitus and on other things?	4	2	0
19	Do you feel that you have no control over your tinnitus?	4	2	0



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Client Responses (cont.)		Yes	Sometimes	No
20	Because of your tinnitus, do you often feel tired?	4	2	0
21	Because of your tinnitus, do you feel depressed?	4	2	0
22	Does your tinnitus make you feel anxious?	4	2	0
23	Do you feel that you can no longer cope with your tinnitus?	4	2	0
24	Does your tinnitus get worse when you are under stress?	4	2	0
25	Does your tinnitus make you feel insecure?	4	2	0