



Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 2010 (11)

Assessment Information

<i>Assessment</i>	Mood Disorder Questionnaire (MDQ)
<i>Date administered</i>	24 June 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 24 seconds

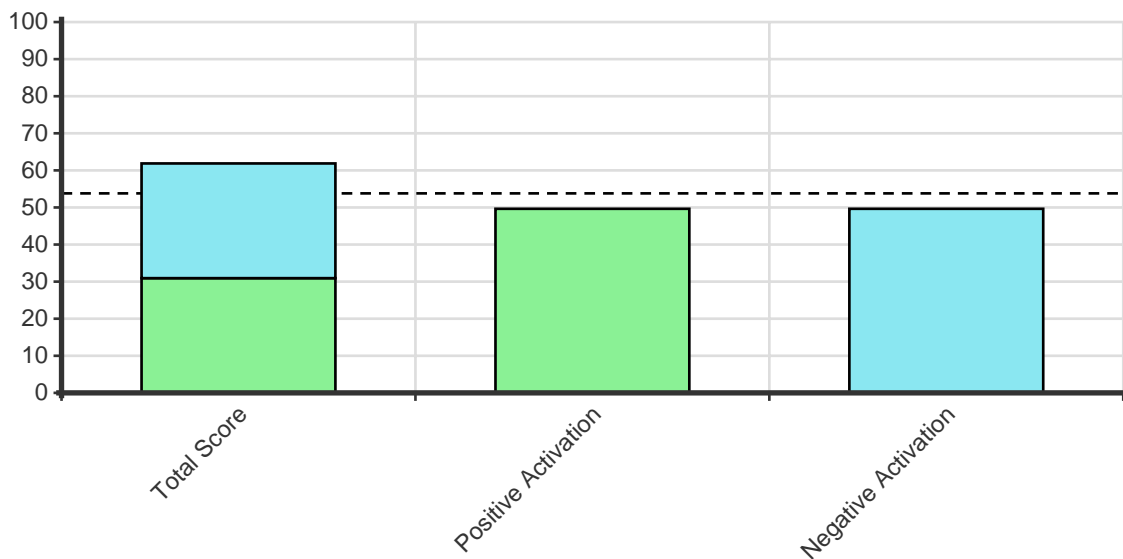
Results

	Raw Score	Items Endorsed (%)	Clinical Percentile	Meets traditional diagnostic criteria?
Total Score (0 to 13)	8	62	N/A	Yes
Positive Activation (0 to 4)	2	50	65.5	N/A
Negative Activation (0 to 6)	3	50	56.9	N/A

Interpretive Text

This individual identified with 8 symptoms out of 13, indicated that several of these symptoms have happened at the same time, and rated these symptoms as causing moderate problems. Therefore, this individual's responses are consistent with responses seen in bipolar disorder.

Items Endorsed (%)





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Scoring and Interpretation Information

A total score is calculated for questions 1-13 where a “Yes” provides a score of 1 and “No” is 0. The percentage of items endorsed (raw score / number of items multiplied by 100) is included to provide an indication of the proportion of symptoms identified with by the respondent.

In order to meet the threshold for bipolar disorder the traditional scoring method is as follows:

- A score of 7 or more for questions 1-13
- Check “yes” for the item asking if the symptoms clustered in the same time period (question 14)
- Symptoms caused either “moderate” or “serious” problems (question 15).

Subscale scores were also developed (Carpenter et al., 2020, Stanton & Watson, 2017) using 10 of the 13 items in the symptom questions:

- Positive Activation (items 3, 4, 8, 9): assesses increased energy/activity, grandiosity, and decreased need for sleep. Individuals endorsing symptoms defining Positive Activation are not likely to report significant levels of negative affect and are likely to be energetic and extraverted. Individuals scoring high on Positive Activation may be less likely to rate their symptoms as impairing given that increased levels of energy and activity may be experienced as advantageous to some degree, especially if they are mild in nature. This factor is strongly associated with a BD diagnosis.

- Negative Activation (items 1, 2, 6, 7, 12, 13): assesses irritability, racing thoughts, levels of negative affectivity, and distractibility. This factor is strongly associated with BD as well as a range of other disorders, many of them (e.g. depressive disorders, PDs, PTSD, GAD, substance use disorders) characterised by emotion dysregulation and/or transdiagnostic personality traits such as neuroticism and disinhibition. Clients high in Negative Activation may be at risk for engaging in impulsive behavior in emotional situations.

Clinical percentiles are also presented for the two subscales as developed by Carpenter et al. (2020) on over 1,700 outpatients (for a variety of diagnoses). A percentile of 50 means that the client has scored at the average level compared with the clinical group for that subscale.



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Client Responses		Yes	No		
1	...you felt so good or so hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?	1	0		
2	...you were so irritable that you shouted at people or started fights or arguments?	1	0		
3	...you felt much more self-confident than usual?	1	0		
4	...you got much less sleep than usual and found you didn't really miss it?	1	0		
5	...you were much more talkative or spoke faster than usual?	1	0		
6	...thoughts raced through your head or you couldn't slow your mind down?	1	0		
7	...you were so easily distracted by things around you that you had trouble concentrating or staying on track?	1	0		
8	...you had much more energy than usual?	1	0		
9	...you were much more active or did many more things than usual?	1	0		
10	...you were much more social or outgoing than usual, for example, you telephoned friends in the middle of the night?	1	0		
11	...you were much more interested in sex than usual?	1	0		
12	...you did things that were unusual for you or that other people might have thought were excessive, foolish, or risky?	1	0		
13	...spending money got you or your family into trouble?	1	0		
14	If you checked YES to more than one of the above, have several of these ever happened during the same period of time?	1	0		
		No problem	Minor problem	Moderate problem	Serious problem
15	How much of a problem did any of these cause you — like being unable to work; having family, money, or legal troubles; getting into arguments or fights?	0	1	2	3