



### Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	14 December 2010 (11)

### Assessment Information

<i>Assessment</i>	Borderline Symptom List (BSL-23)
<i>Date administered</i>	24 June 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 24 seconds

### Results

	Average (0-4)	Percentile (Healthy)	Percentile (BPD)	Severity	Above Cutoff?
Score	2.04	>99.9	35	High	Yes

### Interpretive Text

Based on the response from Item 24, this individual rated their overall wellbeing as 30 out of 100.

Based upon the total average score being above the cutoff score of 1.50, this individual's responses are consistent with responses seen in BPD.

### Scoring and Interpretation Information

The average score of items (range 0 to 4, sum of scores divided by 23) is calculated, with a higher score indicating more impairment. Six grades of symptom severity were defined by Kleindienst et al. (2020) based upon the average score:

- None/Low: 0 - 0.3
- Mild: 0.3 - 0.7
- Moderate: 0.7 - 1.7
- High: 1.7 - 2.7
- Very High: 2.7 - 3.5
- Extremely High: 3.5 - 4

Scores of 1.50 or higher indicates the responses are consistent with BPD, with empirical data showing this cutoff score is able to discriminate between BPD patients and clients with other clinical psychopathology (e.g. anxiety disorders, major depressive disorders, schizophrenia, etc.; Kleindienst et al., 2020).

Percentiles are also presented comparing the respondents scores to a healthy group (n = 356; with no history of psychopathology) and a BPD group (n = 317; met DSM-V diagnostic criteria for BPD; Kleindienst et al. 2020). A percentile of 50 means that the client has scored at the typical level compared with the comparative group. An average score of 1.5 corresponds to a percentile of 17 compared to the BPD group, and a percentile of 99.9 compared to the healthy



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**Scoring and Interpretation Information (cont.)**

control group. These metrics indicate that a score of 1.5 is typical for someone with BPD but highly extreme compared to someone without a psychiatric diagnosis.

There is an additional question (24) that provides an indication of the client's perspective on their overall well-being, but it is not included in the overall score. The rating on this last question (from 0 to 100) is strongly correlated with specific indicators of wellbeing for BPD patients, including self-perception, affect regulation, self-destruction, dysphoria, loneliness, intrusions, and hostility (Bohus, et al., 2007).

**Client Responses**

		Not at all	A little	Rather	Much	Very strong
1	It was hard for me to concentrate	0	1	2	3	4
2	I felt helpless	0	1	2	3	4
3	I was absent-minded and unable to remember what I was actually doing	0	1	2	3	4
4	I felt disgust	0	1	2	3	4
5	I thought of hurting myself	0	1	2	3	4
6	I didn't trust other people	0	1	2	3	4
7	I didn't believe in my right to live	0	1	2	3	4
8	I was lonely	0	1	2	3	4
9	I experienced stressful inner tension	0	1	2	3	4
10	I had images that I was very much afraid of	0	1	2	3	4
11	I hated myself	0	1	2	3	4
12	I wanted to punish myself	0	1	2	3	4
13	I suffered from shame	0	1	2	3	4



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**Client Responses (cont.)**

		Not at all	A little	Rather	Much	Very strong						
14	My mood rapidly cycled in terms of anxiety, anger, and depression	0	1	2	3	4						
15	I suffered from voices and noises from inside and/or outside my head	0	1	2	3	4						
16	Criticism had a devastating effect on me	0	1	2	3	4						
17	I felt vulnerable	0	1	2	3	4						
18	The idea of death had a certain fascination for me	0	1	2	3	4						
19	Everything seemed senseless to me	0	1	2	3	4						
20	I was afraid of losing control	0	1	2	3	4						
21	I felt disgusted by myself	0	1	2	3	4						
22	I felt as if I was far away from myself	0	1	2	3	4						
23	I felt worthless	0	1	2	3	4						
		Very Bad 0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100% Excellent
24	Now we would like to know in addition the quality of your overall personal state in the course of the last week. 0% means absolutely down, 100% means excellent. Please check the percentage which comes closest.	0	10	20	30	40	50	60	70	80	90	100