



### Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	8 February 2001 (21)

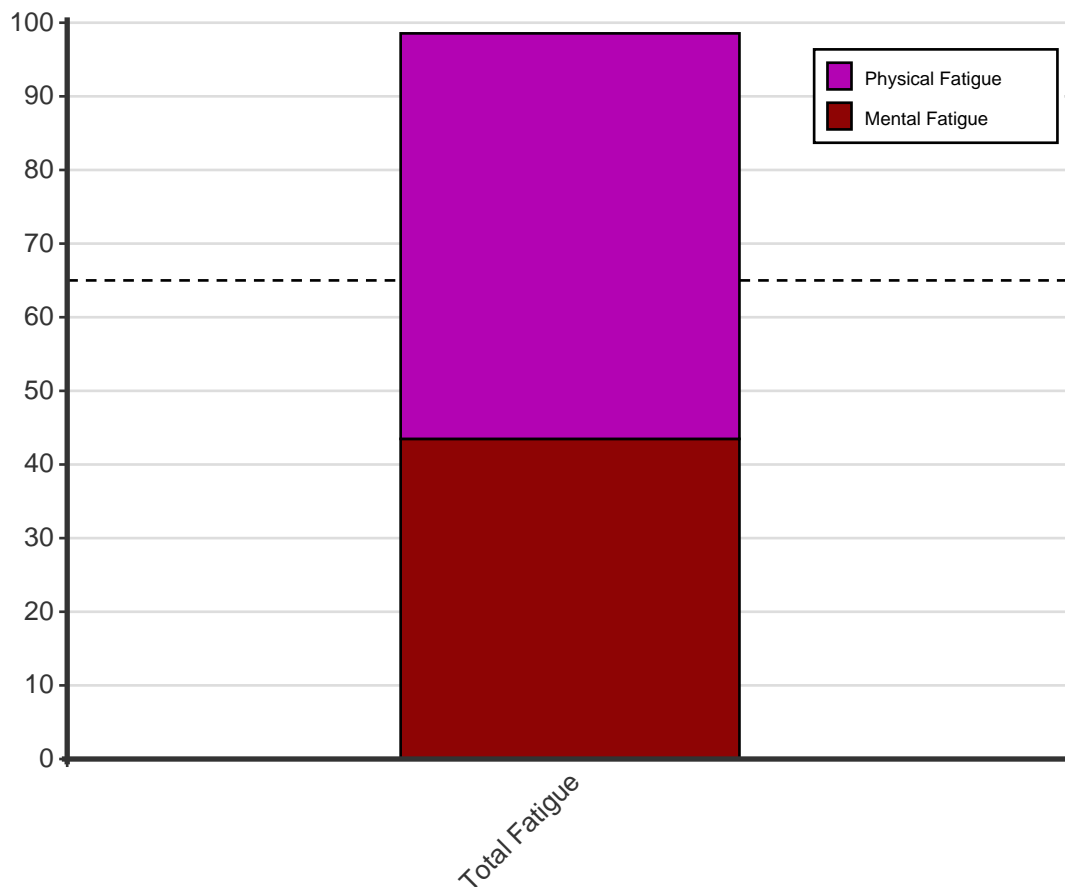
### Assessment Information

<i>Assessment</i>	Fatigue Assessment Scale (FAS)
<i>Date administered</i>	13 May 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	0 minutes 22 seconds

### Results

	Raw Score	Percentile	Descriptor
Total Fatigue (10-50)	34	98.8	Mild-Moderate
Mental Fatigue (5-25)	15	N/A	N/A
Physical Fatigue (5-25)	19	N/A	N/A

**Total Percentile**





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### Scoring and Interpretation Information

The total score ranges from 10 to 50, with a higher score indicating more severe fatigue.

A normative percentile for the total score is calculated based on an adult sample (Michielsen et al., 2003), indicating how the respondent scored in relation to a typical pattern of responding for adults. For example, a percentile of 90 indicates the individual has more fatigue than 90 percent of the normal population.

Scores above 22 represent significant fatigue (De Vries et al., 2004), which corresponds to a normative percentile of 65. A horizontal dotted line is indicated on the Total Percentile graph for this cutoff score.

A description of the fatigue experienced is presented for the total score where:

- less than 22 indicates "normal" (i.e. healthy) levels of fatigue,
- between 22 and 34 indicates mild-to-moderate fatigue,
- 35 or more indicates severe fatigue (Hendricks et al., 2018).

There are two subscales:

1. Mental fatigue (sum of items 3, 6, 7, 8, and 9) - a measure of the cognitive impacts of fatigue for the client (e.g. lack of motivation, problems beginning tasks, problems thinking).
2. Physical fatigue (sum of items 1, 2, 4, 5 and 10) - a measure of the physical impacts of fatigue for the client (e.g. physical exhaustion, lack of energy).

### Client Responses

		Never	Sometimes	Regularly	Often	Always
1	I am bothered by fatigue	1	2	3	4	5
2	I get tired very quickly	1	2	3	4	5
3	I don't do much during the day	1	2	3	4	5
4	I have enough energy for everyday life	5	4	3	2	1
5	Physically, I feel exhausted	1	2	3	4	5
6	I have problems to start things	1	2	3	4	5



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**Client Responses (cont.)**

		Never	Sometimes	Regularly	Often	Always
7	I have problems to think clearly	1	2	3	4	5
8	I feel no desire to do anything	1	2	3	4	5
9	Mentally, I feel exhausted	1	2	3	4	5
10	When I am doing something, I can concentrate quite well	5	4	3	2	1