



## World Health Organisation Disability Assessment Schedule 2.0 - Interview (WHODAS-interview)

### Instructions:

Instructions to be read to the interviewee:

This interview has been developed to better understand the difficulties people may have due to their health conditions. The interview will take 15–20 minutes to complete.

When answering, I'd like you to think back over the past 30 days. I would also like you to answer these questions thinking about how much difficulty you have had, on average, over the past 30 days, while doing the activity as you usually do it.

		None	Mild	Moderate	Severe	Extreme or cannot do
1	<small>I am now going to ask some questions about understanding and communicating. In the past 30 days, how much difficulty did you have in: Concentrating on doing something for ten minutes?</small>	0	1	2	3	4
2	Remembering to do important things?	0	1	2	3	4
3	Analysing and finding solutions to problems in day-to-day life?	0	1	2	3	4
4	Learning a new task, for example, learning how to get a new place?	0	1	2	3	4
5	Generally understanding what people say?	0	1	2	3	4
6	Starting and maintaining a conversation?	0	1	2	3	4
7	<small>I am now going to ask you about difficulties in getting around. In the past 30 days, how much difficulty did you have in: Standing for long periods such as 30 minutes?</small>	0	1	2	3	4
8	Standing up from sitting down?	0	1	2	3	4
9	Moving around inside your home?	0	1	2	3	4
10	Getting out of your home?	0	1	2	3	4
11	Walking a long distance such as a kilometre (or equivalent)?	0	1	2	3	4
12	<small>I am now going to ask you about difficulties in taking care of yourself. In the past 30 days, how much difficulty did you have in: Washing your whole body?</small>	0	1	2	3	4
13	Getting dressed?	0	1	2	3	4



		None	Mild	Moderate	Severe	Extreme or cannot do
14	Eating?	0	1	2	3	4
15	Staying by yourself for a few days?	0	1	2	3	4
16	<small>I am now going to ask you about difficulties in getting along with people. Please remember that I am asking only about difficulties that are due to health problems. By this I mean diseases or illnesses, injuries, mental or emotional problems and problems with alcohol or drugs. In the past 30 days, how much difficulty did you have in: Dealing with people you do not know?</small>	0	1	2	3	4
17	Maintaining a friendship?	0	1	2	3	4
18	Getting along with people who are close to you?	0	1	2	3	4
19	Making new friends?	0	1	2	3	4
20	Sexual activities?	0	1	2	3	4
21	<small>I am now going to ask you about activities involved in maintaining your household, and in caring for the people who you live with or are close to. These activities include cooking, cleaning, shopping, caring for others and caring for your belongings. Because of your health condition, in the past 30 days, how much difficulty did you have in: Taking care of your household responsibilities?</small>	0	1	2	3	4
22	Doing most important household tasks well?	0	1	2	3	4
23	Getting all the household work done that you needed to do?	0	1	2	3	4
24	Getting your household work done as quickly as needed?	0	1	2	3	4
25	In the past 30 days, on how many days did you reduce or completely miss household work because of your health condition?					
26	<small>*If respondent works (paid, non-paid, self-employed) or goes to school, complete questions 26-32 below. Otherwise, skip to question 33** Now I will ask you some questions about your work or school activities. Because of your health condition, in the past 30 days, how much difficulty did you have in: Your day-to-day work/school?</small>	0	1	2	3	4
27	Doing your most important work/school tasks well?	0	1	2	3	4
28	Getting all the work done that you need to do?	0	1	2	3	4
29	Getting your work done as quickly as needed?	0	1	2	3	4
		No			Yes	
30	Have you had to work at a lower level because of a health condition?	1			2	
31	Did you earn less money as the result of a health condition?	1			2	



32	In the past 30 days, on how many days did you miss work for half a day or more because of your health condition?					
		None	Mild	Moderate	Severe	Extreme or cannot do
33	<small>Now, I am going to ask you about your participation in society and the impact of your health problems on you and your family. Some of these questions may involve problems that go beyond the past 30 days, however in answering, please focus on the past 30 days. Again, I remind you to answer these questions while thinking about health problems: physical, mental or emotional, alcohol or drug related.</small> <small>In the past 30 days:</small> <small>How much of a problem did you have in joining in community activities (for example, festivals, religious or other activities) in the same way as anyone else can?</small>	0	1	2	3	4
34	How much of a problem did you have because of barriers or hindrances in the world around you?	0	1	2	3	4
35	How much of a problem did you have living with dignity because of the attitudes and actions of others?	0	1	2	3	4
36	How much time did you spend on your health condition, or its consequences?	0	1	2	3	4
37	How much have you been emotionally affected by your health condition?	0	1	2	3	4
38	How much has your health condition been a drain on the financial resources of you or your family?	0	1	2	3	4
39	How much of a problem did your family have because of your health problems?	0	1	2	3	4
40	How much of a problem did you have in doing things by yourself for relaxation or pleasure?	0	1	2	3	4
41	Overall, in the past 30 days, how many days were these difficulties present?					
42	In the past 30 days, for how many days were you totally unable to carry out your usual activities or work because of any health condition?					
43	In the past 30 days, not counting the days that you were totally unable, for how many days did you cut back or reduce your usual activities or work because of any health condition?					

**Developer Reference:**

Ustun, T.B, Kostanjsek, N., Chatterji, S., Rehm, J (Ed.). (2010). Measuring health and disability : manual for WHO Disability Assessment Schedule (?WHODAS 2.0)?. World Health Organization. [https://www.who.int/publications/i/item/measuring-health-and-disability-manual-for-who-disability-assessment-schedule-\(-whodas-2.0\)](https://www.who.int/publications/i/item/measuring-health-and-disability-manual-for-who-disability-assessment-schedule-(-whodas-2.0))