



### Client Information

<i>Client Name</i>	Generic Client
<i>Date of birth (age)</i>	8 February 2001 (21)

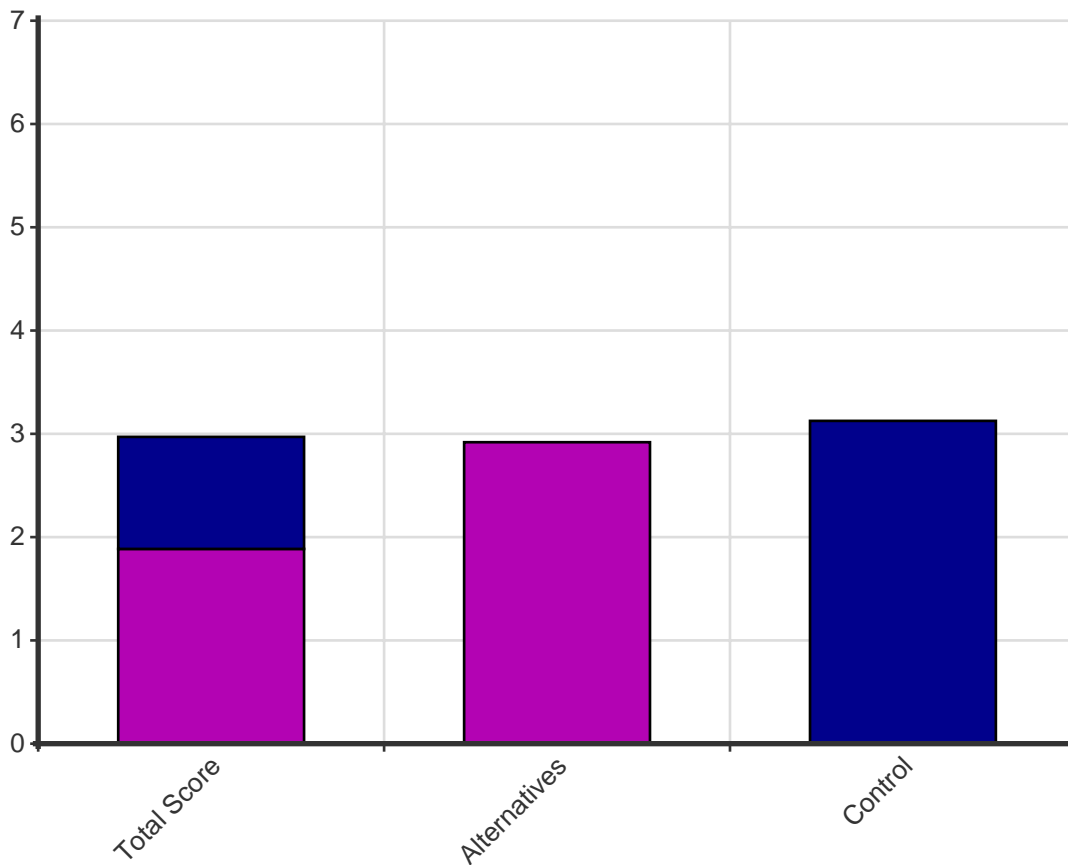
### Assessment Information

<i>Assessment</i>	Cognitive Flexibility Inventory (CFI)
<i>Date administered</i>	25 March 2022
<i>Assessor</i>	Dr David Hegarty
<i>Time taken</i>	1 minutes 28 seconds

### Results

	Score	Normative Percentile
Total Score	60	0.1
Alternatives	38	0.1
Control	22	2.8

Average Scores





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### Scoring and Interpretation Information

Scores consist of a total CFI score and two subscale scores, a higher score indicating more cognitive flexibility.

Alternatives (sum items 1, 3, 5, 6, 8, 10, 12, 13, 14, 16, 18, 19, 20): measuring the ability to perceive multiple alternative explanations for life occurrences and human behaviour and the ability to generate multiple alternative solutions to difficult situations.

Control (sum items 2, 4, 7, 9, 11, 15, 17): measuring the tendency to perceive difficult situations as controllable.

A normative percentile for the total score and subscales are calculated, comparing the respondents scores to a sample of university students (Dennis & Vander Wal, 2010). Percentiles help contextualise how the respondent scored in relation to a typical pattern of responding. For example, a percentile of 83 or less indicates the individual has more cognitive flexibility than 83 percent of the normal population.

Note that items 2, 4, 7, 9, 11, & 17 are reverse scored.

### Client Responses

		Strongly disagree	Disagree	Somewh at disagree	Neutral	Somewh at agree	Agree	Strongly agree
1	I am good at "sizing up" situations	1	2	3	4	5	6	7
2	I have a hard time making decisions when faced with difficult situations	7	6	5	4	3	2	1
3	I consider multiple options before making a decision	1	2	3	4	5	6	7
4	When I encounter difficult situations, I feel like I am losing control	7	6	5	4	3	2	1
5	I like to look at difficult situations from many different angles	1	2	3	4	5	6	7
6	I seek additional information not immediately available before attributing causes to behaviour	1	2	3	4	5	6	7
7	When encountering difficult situations, I become so stressed that I can not think of a way to resolve the situation	7	6	5	4	3	2	1
8	I try to think about things from another person's point of view	1	2	3	4	5	6	7
9	I find it troublesome that there are so many different ways to deal with difficult situations	7	6	5	4	3	2	1
10	I am good at putting myself in others' shoes	1	2	3	4	5	6	7



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**Client Responses (cont.)**

		Strongly disagree	Disagree	Somewh at disagree	Neutral	Somewh at agree	Agree	Strongly agree
11	When I encounter difficult situations, I just don't know what to do	7	6	5	4	3	2	1
12	It is important to look at difficult situations from many angles	1	2	3	4	5	6	7
13	When in difficult situations, I consider multiple options before deciding how to behave	1	2	3	4	5	6	7
14	I often look at a situation from different view-points	1	2	3	4	5	6	7
15	I am capable of overcoming the difficulties in life that I face	1	2	3	4	5	6	7
16	I consider all the available facts and information when attributing causes to behaviour	1	2	3	4	5	6	7
17	I feel I have no power to change things in difficult situations	7	6	5	4	3	2	1
18	When I encounter difficult situations, I stop and try to think of several ways to resolve it	1	2	3	4	5	6	7
19	I can think of more than one way to resolve a difficult situation I'm confronted with	1	2	3	4	5	6	7
20	I consider multiple options before responding to difficult situations	1	2	3	4	5	6	7