



Client Information

<i>Client Name</i>	Test 1234
<i>Date of birth (age)</i>	28 January 2000 (21)

Assessment Information

<i>Assessment</i>	International Trauma Questionnaire (ITQ)
<i>Date administered</i>	12 October 2021
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 20 seconds

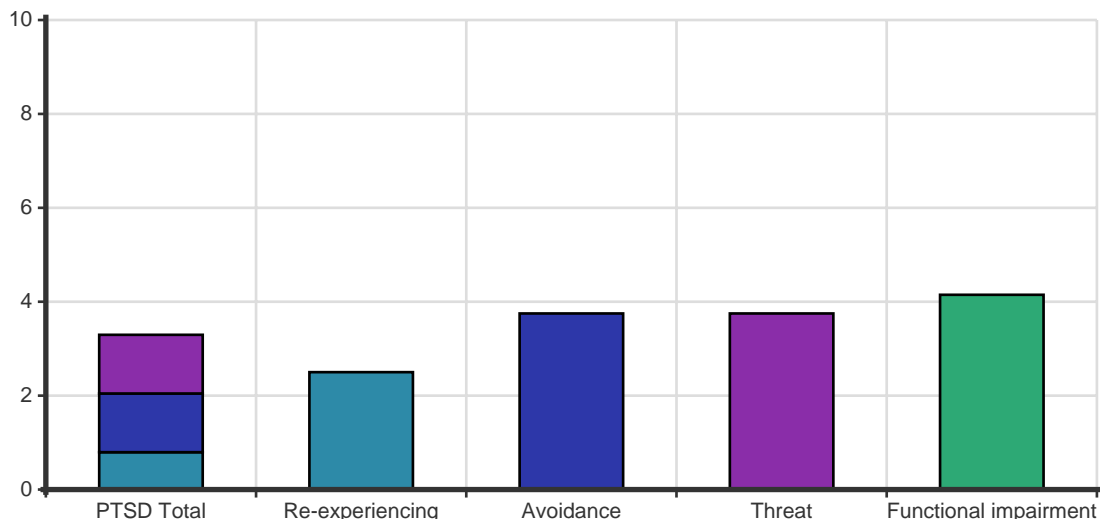
Results

	Raw Score	Scaled Score (0 to 10)
PTSD total (0 to 24)	8	3.33
Re-experiencing (0 to 8)	2	2.5
Avoidance (0 to 8)	3	3.75
Sense of current threat (0 to 8)	3	3.75
PTSD functional impairment (0 to 12)	5	4.17
Disturbances in self-organization (0 to 24)	11	4.58
Affective dysregulation (0 to 8)	5	6.25
Negative self-concept (0 to 8)	3	3.75
Disturbances in relationships (0 to 8)	3	3.75
DSO functional impairment (0 to 12)	8	6.67

Interpretive Text

This individual's responses do not meet the threshold for diagnosis of PTSD or CPTSD.

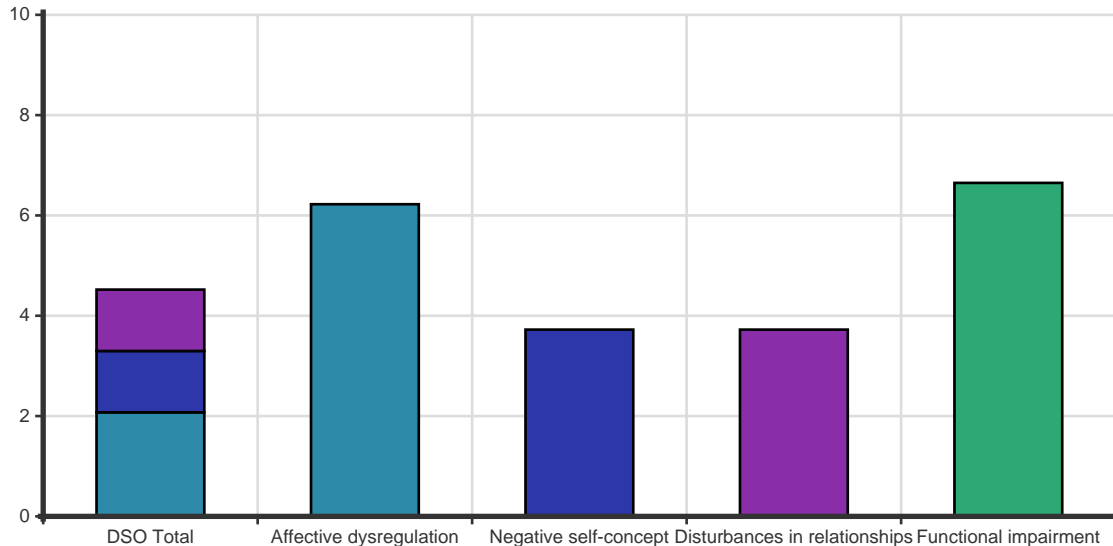
PTSD Dimensions





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Disturbances in Self-Organization Dimensions



Scoring and Interpretation Information

There are two components of scoring and interpretation: Categorical scoring for the diagnosis of PTSD and CPTSD, and a dimensional component which measures symptom severity.

The diagnosis of PTSD is indicated based on the following criteria:

- Question 1 or 2 = two or more (re-experiencing)
- Question 3 or 4 = two or more (avoidance)
- Question 5 or 6 = two or more (sense of current threat)
- Question 7, 8 or 9 = two or more (PTSD functional impairment)

PTSD is indicated if the criteria for PTSD are met and CPTSD is NOT met.

The diagnosis of Complex PTSD (CPTSD) is indicated based on the following criteria:

- Question 10 or 11 = two or more (affective dysregulation)
- Question 12 or 13 = two or more (negative self-concept)
- Question 14 or 15 = two or more (disturbances in relationships)
- Question 16, 17 or 18 = two or more (Disturbances in self-organisation impairment)

CPTSD is diagnosed if the criteria for PTSD are met AND criteria for CPTSD are met.

Dimensional scores from 0 to 24 are presented for the two major



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Scoring and Interpretation Information (cont.)

subscale.

1. Post Traumatic Stress Disorder (PTSD) (sum of items 1 to 6)
2. Disturbances in self-organization (DSO) (sum of items 10 to 15)

In addition, the four factors under each major subscale are presented (raw score from 0 to 8). Note that the functional impairment factors do not count towards the totals of the major subscales.

Each score is presented as a raw score and a scaled score. The scaled scores are between 0 and 10 and are calculated by dividing the raw score by the maximum possible score, times 100. The scaled scores are useful for comparison between symptom clusters as they are all scored out of 10.

The dimensional scores can be useful in tracking symptoms at the start, middle and end of treatment to ascertain the level of treatment response.

Client Responses

		Not at all	A little bit	Moderately	Quite a bit	Extremely
1	Having upsetting dreams that replay part of the experience or are clearly related to the experience?	0	1	2	3	4
2	Having powerful images or memories that sometimes come into your mind in which you feel the experience is happening again in the here and now?	0	1	2	3	4
3	Avoiding internal reminders of the experience (for example, thoughts, feelings, or physical sensations)?	0	1	2	3	4
4	Avoiding external reminders of the experience (for example, people, places, conversations, objects, activities, or situations)?	0	1	2	3	4
5	Being "super-alert", watchful, or on guard?	0	1	2	3	4
6	Feeling jumpy or easily startled?	0	1	2	3	4
7	In the past month have the above problems affected your relationships or social life?	0	1	2	3	4
8	Affected your work or ability to work?	0	1	2	3	4
9	Affected any other important part of your life such as parenting, or school or college work, or other important activities?	0	1	2	3	4
10	Below are problems that people who have had stressful or traumatic events sometimes experience. The questions refer to ways you typically feel, ways you typically think about yourself and ways you typically relate to others. Answer the following thinking about how true each statement is of you. When I am upset, it takes me a long time to calm down.	0	1	2	3	4



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Client Responses (cont.)

		Not at all	A little bit	Moderately	Quite a bit	Extremely
11	I feel numb or emotionally shut down.	0	1	2	3	4
12	I feel like a failure	0	1	2	3	4
13	I feel worthless.	0	1	2	3	4
14	I feel distant or cut off from people	0	1	2	3	4
15	I find it hard to stay emotionally close to people.	0	1	2	3	4
16	In the past month, have the above problems in emotions, in beliefs about yourself and in relationships created concern or distress about your relationships or social life?	0	1	2	3	4
17	Affected your work or ability to work?	0	1	2	3	4
18	Affected any other important parts of your life such as parenting, or school or college work, or other important activities?	0	1	2	3	4