



Client Information

<i>Client Name</i>	test client
<i>Date of birth (age)</i>	1 January 2000 (21)

Assessment Information

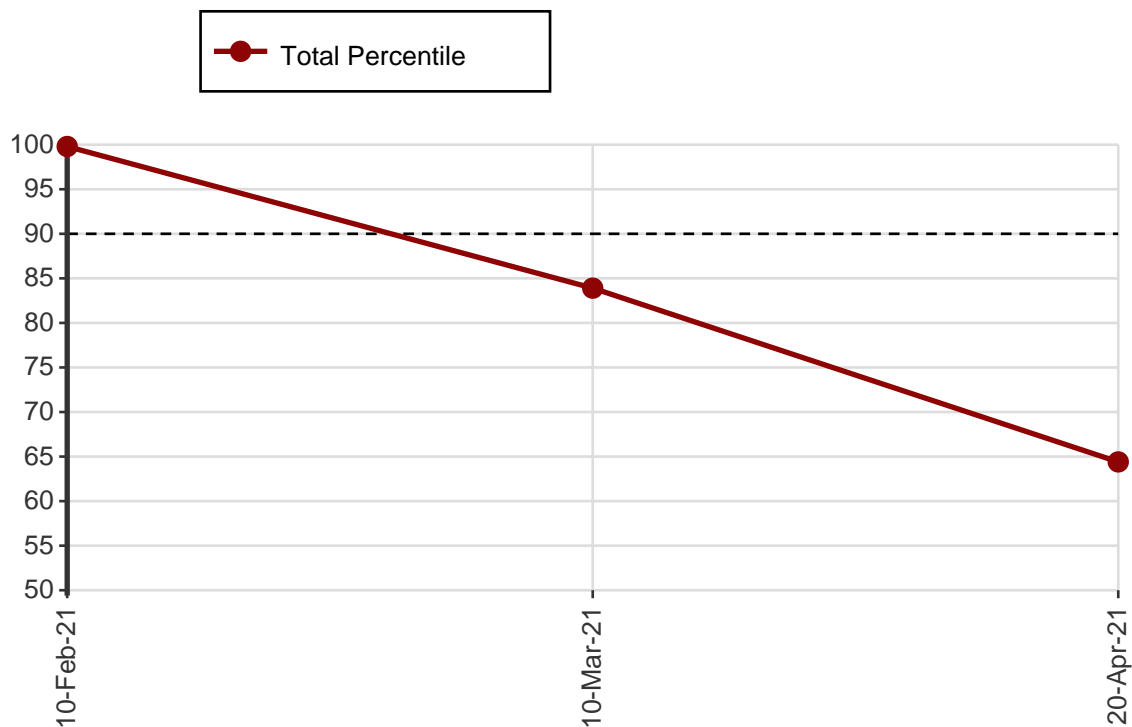
<i>Assessment</i>	Depression Anxiety Stress Scales - Short Form (DASS-21)
<i>Date administered</i>	20 April 2021
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 28 seconds

Results

	Raw Score	Percentile
Total	13	64.4
Depression	3	51.8
Anxiety	7	95.9
Stress	3	34

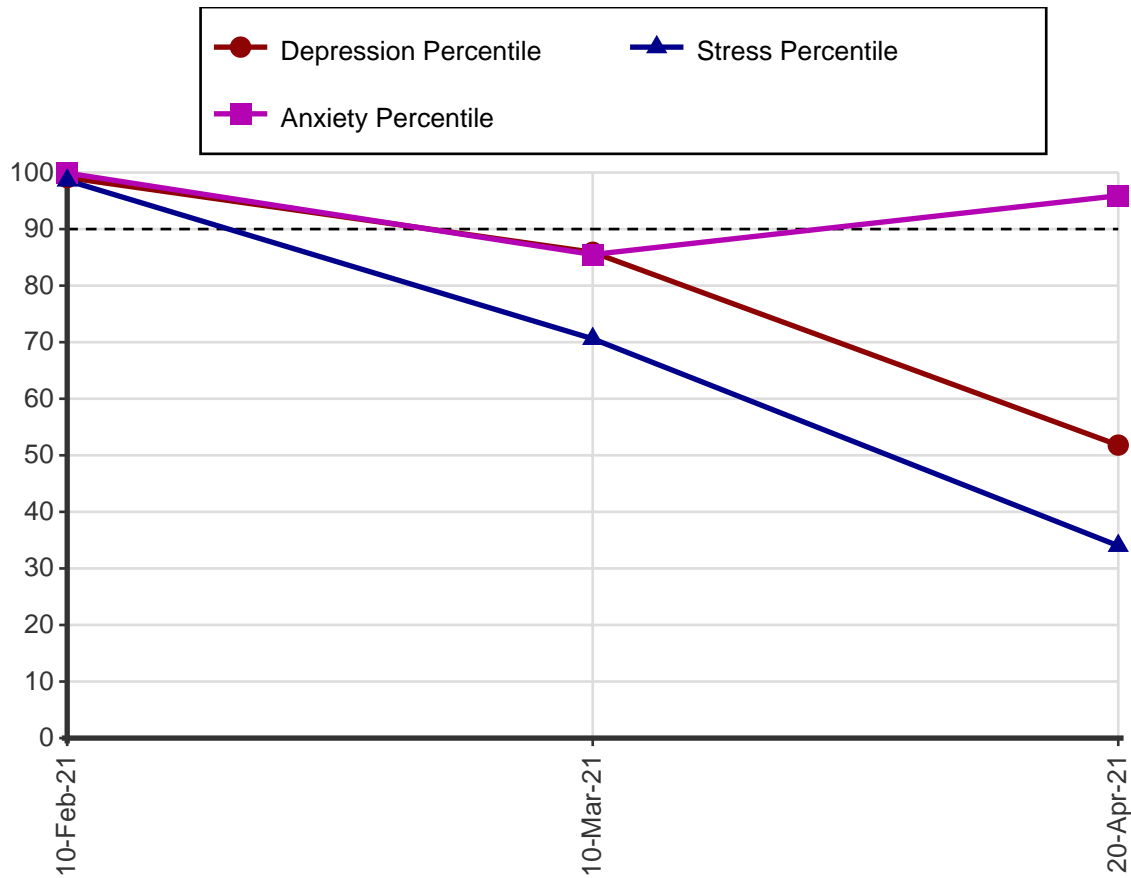
Interpretive Text

Relative to the sample population, this patient is in the:
-Normal range for depression;
-Moderate range for anxiety;
-Normal range for stress.





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Scoring and Interpretation Information

The DASS is based on a dimensional rather than a categorical conception of psychological disorder. For full interpretive information please purchase the DASS manual at <http://www2.psy.unsw.edu.au/groups/dass/order.htm>

A raw score for the three subscales and the total raw score are given as output. For each of the three subscales percentiles, based on a community sample (n = 1794) are computed.

In addition, scores for each subscale are categorised into five severity ranges: normal, mild, moderate, severe and extremely severe. The severity labels are used to describe the full range of scores in the population, so 'mild' for example means that the person is above the population mean but probably still below the typical severity of someone seeking help (i.e. it does not mean a mild level of disorder).



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Client Responses

		Never	Sometimes	Often	Almost Always
1	I found it hard to wind down	0	1	2	3
2	I was aware of dryness of my mouth	0	1	2	3
3	I couldn't seem to experience any positive feeling at all	0	1	2	3
4	I experienced breathing difficulty (eg, excessively rapid breathing, breathlessness in the absence of physical exertion)	0	1	2	3
5	I found it difficult to work up the initiative to do things	0	1	2	3
6	I tended to over-react to situations	0	1	2	3
7	I experienced trembling (eg, in the hands)	0	1	2	3
8	I felt that I was using a lot of nervous energy	0	1	2	3
9	I was worried about situations in which I might panic and make a fool of myself	0	1	2	3
10	I felt that I had nothing to look forward to	0	1	2	3
11	I found myself getting agitated	0	1	2	3
12	I found it difficult to relax	0	1	2	3
13	I felt down-hearted and blue	0	1	2	3
14	I was intolerant of anything that kept me from getting on with what I was doing	0	1	2	3
15	I felt I was close to panic	0	1	2	3
16	I was unable to become enthusiastic about anything	0	1	2	3
17	I felt I wasn't worth much as a person	0	1	2	3
18	I felt that I was rather touchy	0	1	2	3
19	I was aware of the action of my heart in the absence of physical exertion (eg, sense of heart rate increase, heart missing a beat)	0	1	2	3
20	I felt scared without any good reason	0	1	2	3



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Client Responses (cont.)

		Never	Sometimes	Often	Almost Always
21	I felt that life was meaningless	0	1	2	3