



# Obsessional Compulsive Inventory-Revised-Parent (ChOCI-R-P)

## Instructions:

Each of the following questions asks you about things or "habits" you feel your son/daughter has to do although (s)he may know that they do not make sense. Sometimes, (s)he may try to stop from doing them but this might not be possible. (S)he might feel worried or angry or frustrated until (s)he has finished what (s)he has to do. An example of a habit like this may be the need to wash his/her hands over and over again even though they are not really dirty, or the need to count up to a special number (e.g. 6 or 10) while (s)he does certain things.

1 Please answer each question by choosing how much you agree with the statement, or how much you think it is true of your son/daughter. Please answer each item, without spending too much time on any one item. There are no right or wrong answers.

- (S)he spends far too much time washing his/her hands over and over again.

0 Not at all  
1 Somewhat  
2 A lot

		Not at all	Somewhat	A lot
2	(S)he feels (s)he must do ordinary/everyday things exactly the same way, every time (s)he does them.	0	1	2
3	(S)he spends a lot of time every day checking things over and over and over again.	0	1	2
4	(S)he often have trouble finishing things because (S)he needs to make absolutely sure that everything is exactly right.	0	1	2
5	(S)he spends far too much time arranging his/her things in order.	0	1	2
6	(S)he needs someone to tell him/her things are alright over and over again.	0	1	2
7	If (s)he touches something with one hand, (s)he feels (s)he absolutely must touch the same thing with the other hand, in order to make things even and equal.	0	1	2
8	(S)he always counts, even when doing ordinary things.	0	1	2
9	If (s)he has a 'bad thought', (s)he always has to make sure that (s)he immediately has a 'good thought' to	0	1	2
10	(S)he is often very late because (s)he keeps on repeating the same action, over and over again.	0	1	2
11	Please try to think about the three most upsetting HABITS that (s)he feels (s)he has to do and can't stop. For example, feeling that (s)he has to wash his/her hands far too often, or repeating the same action over & over, or constantly checking that the doors and windows are shut properly. - Habit 1.			



12	Habit 2.
13	Habit 3.
14	How much time does (s)he spend doing these habits? 0 None 1 Less than 1 hr. a day (occasionally) 2 1-3 hrs. a day (part of a morning or afternoon) 3 3-8 hrs. a day (about half the time you're awake) 4 More than 8 hrs. a day (almost all the time you're awake)
15	How much do these habits get in the way of school or doing things with friends? 0 Not at all 1 A little 2 Somewhat 3 A Lot 4 Almost always
16	How would (s)he feel if prevented from carrying out their habits? How upset would they become? 0 Not at all 1 A little 2 Somewhat 3 A lot 4 Totally
17	How much does (s)he try to fight the upsetting habits? 0 (S)he always tries to resist 1 (S)he tries to resist most of the time 2 (S)he makes some effort to resist 3 Even though (s)he wants to, (s)he doesn't try to resist 4 He/she doesn't resist at all
18	How strong is the feeling that (s)he has to carry out the habits? 0 Not strong 1 Mild pressure to carry out habits 2 Strong pressure to carry out habits; hard to control 3 Very strong pressure to carry out habits; very hard to control 4 Extreme pressure to carry out habits; impossible to control



19	How much has (s)he been avoiding doing anything, going any place, or being with anyone because of his/her upsetting habits?			
	0 Not at all 1 A little 2 Somewhat 3 A lot 4 Almost always			
20	<p>In this section, each of the questions asks you about thoughts, ideas, or pictures that keep coming into the mind of your son or daughter, even though (s)he does not want them to do so. They may be unpleasant, silly, or embarrassing. For example, some young people have the repeated thought that germs or dirt are harming them or other people, or that something unpleasant may happen to them or someone special to them. These are thoughts that keep coming back, over and over again, even though the person does not want them.</p> <p>Please answer each question by indicating which option best describes how much you agree with the statement, or how much you think it is true of your son/daughter. Please answer each item, without spending too much time on any one item. There are no right or wrong answers.</p> <p>- (S)he can't stop thinking upsetting thoughts about an accident.</p>			
	0 Not at all 1 Somewhat 2 A lot			
21	(S)he often has bad thoughts that make him/her feel like a terrible person.	0	1	2
22	Upsetting thoughts about his/her family being hurt go round and round in his/her head and stop him/her from concentrating.	0	1	2
23	(S)he always has big doubts about whether (s)he made the right decision, even about stupid little things	0	1	2
24	(S)he can't stop upsetting thoughts about death from going round in his/her head, over and over again.	0	1	2
25	(S)he often has mean thoughts about other people that (s)he feels are terrible, over and over again.	0	1	2
26	(S)he often have horrible thoughts about going crazy.	0	1	2
27	(S)he keeps on having frightening thoughts that something terrible is going to happen and it will be his/her fault.	0	1	2
28	(S)he is very frightened that (s)he will think something (or do something) that will upset God	0	1	2
29	(S)he is always worried that her mean thoughts about other people are as wicked as actually doing mean things to them	0	1	2
30	<p>Please list the three most severe THOUGHTS that (s)he often has and can't stop thinking about. For example, thinking about hurting someone, or thinking bad things about God.</p> <p>- Thought 1.</p>			
31	Thought 2.			



32	Thought 3.
33	How much time does (s)he spend thinking about these things? 0 None 1 Less than 1 hr. a day (occasionally) 2 1-3 hrs. a day (part of a morning or afternoon) 3 3-8 hrs. a day (about half the time you're awake) 4 More than 8 hrs. a day (almost all the time you're awake)
34	How much do these thoughts get in the way of school or doing things with friends? 0 Not at all 1 A little 2 Somewhat 3 A Lot 4 Extreme
35	How much do these thoughts bother or upset him/her? 0 Not at all 1 A little 2 Somewhat 3 A Lot 4 Extreme
36	How hard does (s)he try to stop the thoughts or ignore them? 0 (S)he always tries to resist 1 (S)he tries to resist most of the time 2 (S)he makes some effort to resist 3 Even though (s)he wants to, (s)he doesn't try to resist 4 (S)he doesn't resist at all
37	When (s)he tries to fight the thoughts, can (s)he beat them? How much control does (s)he have over the thoughts? 0 Complete control 1 Much control 2 Moderate control 3 Little control 4 No control



38

How much has (s)he been avoiding doing anything, going any place, or being with anyone because of his/her thoughts?

- 0 Not at all
- 1 A little
- 2 Somewhat
- 3 A Lot
- 4 Almost always

### Developer Reference:

Uher, R., Heyman, I., Turner, C. M., & Shafran, R. (2008). Self-, parent-report and interview measures of obsessive–compulsive disorder in children and adolescents. *Journal of Anxiety Disorders*, 22(6), 979-990. doi:10.1016/j.janxdis.2007.10.001