



Client Information

<i>Client Name</i>	Test Client
<i>Date of birth (age)</i>	7 September 2012 (8)

Assessment Information

<i>Assessment</i>	Pain Self-Efficacy Questionnaire (PSEQ)
<i>Date administered</i>	4 May 2021
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 14 seconds

Results

	Value
Raw Score	41
Percentile	53.3

Interpretive Text

Compared to other individuals with chronic pain this individual feels more confident in their ability to cope with discomfort. Such scores are associated with positive outcomes where individuals feel confident to participate in daily activities despite pain.

Scoring and Interpretation Information

A raw score is presented with a range from 0 - 60, where high scores indicate greater levels of confidence in dealing with pain. High scores are strongly associated with clinically-significant functional levels and provide a useful gauge for evaluating outcomes in chronic pain patients.

Results are also presented as a percentile derived from a normative sample of chronic pain patients (Vong et al., 2009). Percentiles help contextualise scores in comparison to the typical range of experience of others experiencing pain. For example, a percentile of 50 represents average self-efficacy among chronic pain patients.

Among injured workers, raw scores around 40 (percentile = 50) are associated with return to work and maintenance of functional gains, whilst lower scores (for example a raw score of 30, percentile = 18) tend to predict less sustainable gains (Adams and Williams, 2003).

The scores are helpful in developing a formulation around psychological factors (e.g. beliefs) that influence the respondent's reaction to injury and pain.



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Client Responses

		Not at all Confident	1	2	3	4	5	Complete ly Confident
1	I can enjoy things, despite the pain.	0	1	2	3	4	5	6
2	I can do most of the household chores (e.g. tidying-up, washing dishes, etc.), despite the pain.	0	1	2	3	4	5	6
3	I can socialise with my friends or family members as often as I used to do, despite the pain.	0	1	2	3	4	5	6
4	I can cope with my pain in most situations.	0	1	2	3	4	5	6
5	I can do some form of work, despite the pain. ('work' includes housework, paid and unpaid work).	0	1	2	3	4	5	6
6	I can still do many of the things I enjoy doing, such as hobbies or leisure activity, despite pain.	0	1	2	3	4	5	6
7	I can cope with my pain without medication.	0	1	2	3	4	5	6
8	I can still accomplish most of my goals in life, despite the pain.	0	1	2	3	4	5	6
9	I can live a normal lifestyle, despite the pain.	0	1	2	3	4	5	6
10	I can gradually become more active, despite the pain.	0	1	2	3	4	5	6