



## Mood and Feelings Questionnaire: Parent Report (MFQ-Parent)

### Instructions:

These questions are about how your child might have been feeling or acting recently. For each question, please check how s/he has been feeling or acting in the past two weeks.

- If a sentence was not true about your child, check NOT TRUE.
- If a sentence was only sometimes true, check SOMETIMES.
- If a sentence was true about your child most of the time, check TRUE.

		Not True	Sometimes	True
1	S/he felt miserable or unhappy.	0	1	2
2	S/he didn't enjoy anything at all.	0	1	2
3	S/he felt so tired that s/he just sat around and did nothing.	0	1	2
4	S/he was very restless.	0	1	2
5	S/he felt s/he was no good anymore.	0	1	2
6	S/he cried a lot.	0	1	2
7	S/he found it hard to think properly or concentrate.	0	1	2
8	S/he hated him/herself.	0	1	2
9	S/he felt s/he was a bad person.	0	1	2
10	S/he felt lonely.	0	1	2
11	S/he thought nobody really loved him/her.	0	1	2
12	S/he thought s/he could never be as good as other kids.	0	1	2
13	S/he felt s/he did everything wrong.	0	1	2

### Developer Reference:

Angold, A., Costello, E. J., Messer, S. C., Pickles, A., Winder, F., & Silver, D. (1995). The



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development of a short questionnaire for use in epidemiological studies of depression in children and adolescents. *International Journal of Methods in Psychiatric Research*, 5, 237 - 249.