



Client Information

<i>Client Name</i>	Jessica Love
<i>Date of birth (age)</i>	15 February 1979 (42)

Assessment Information

<i>Assessment</i>	Edinburgh Postnatal Depression Scale (EPDS)
<i>Date administered</i>	27 April 2021
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 31 seconds

Results

	Value
Total Score	18

Interpretive Text

Compared to other new mothers, these test results suggest that this individual is 5 to 17 times more likely to develop depression or to currently have depression.
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Scoring and Interpretation Information

<p>Scores are between 0 and 30, with scores 13 and above indicating depressive illness, or a high risk of developing a depressive disorder.</p> <p>Scores of 13 indicate an 80% chance that the mother has depression. Scores 13 and above represent an increased risk of developing depression of between 5 and 17 times the general population compared to new mothers.</p> <p>The EPDS score should not override clinical judgment. A careful clinical assessment should be carried out to confirm the diagnosis. Results include short interpretive text based on the cut off score of 13. It is important to always look at the client's response to question 10, which pertains to suicidal thoughts.</p>

Client Responses

1	I have been able to laugh and see the funny side of things
0	As much as I always could
1	Not quite so much now
2	Definitely not so much now
3	Not at all



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Client Responses (cont.)

2 I have looked forward with enjoyment to things

- 0 As much as I ever did
- 1 Rather less than I used to**
- 2 Definitely less than I used to
- 3 Hardly at all

3 I have blamed myself unnecessarily when things went wrong

- 3 Yes, most of the time**
- 2 Yes, some of the time
- 1 Not very often
- 0 No, never

4 I have been anxious or worried for no good reason

- 0 No, not at all**
- 1 Hardly ever
- 2 Yes, sometimes
- 3 Yes, very often

5 I have felt scared or panicky for no very good reason

- 3 Yes, quite a lot**
- 2 Yes, sometimes
- 1 No, not much
- 0 No, not at all

6 Things have been getting on top of me

- 3 Yes, most of the time I haven't been able to cope at all**
- 2 Yes, sometimes I haven't been coping as well as usual
- 1 No, most of the time I have coped quite well
- 0 No, I have been coping as well as ever

7 I have been so unhappy that I have had difficulty sleeping

- 3 Yes, most of the time
- 2 Yes, sometimes**
- 1 Not very often
- 0 No, not at all

8 I have felt sad or miserable

- 3 Yes, most of the time
- 2 Yes, quite often**
- 1 Not very often
- 0 No, not at all



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Client Responses (cont.)

9	I have been so unhappy that I have been crying
3	Yes, most of the time
2	Yes, quite often
1	Only occasionally
0	No, never
10	The thought of harming myself has occurred to me
3	Yes, quite often
2	Sometimes
1	Hardly ever
0	Never