



### Client Information

<i>Client Name</i>	Jo Blog
<i>Date of birth (age)</i>	24 May 1994 (25)

### Assessment Information

<i>Assessment</i>	Vancouver Obsessional Compulsive Inventory (VOCI)
<i>Date administered</i>	7 May 2020
<i>Assessor</i>	Dr Test Account NovoPsych
<i>Time taken</i>	7 minutes 47 seconds

### Results

	Score	OCD	AD	CA	S
VOCI Total	56	21	55.9	100	77
Contamination	16	39.3	84	100	89.9
Checking	6	23.2	65.4	100	74.7
Obsessions	12	47.6	51.8	100	86.1
Hoarding	3	27	32.4	61.9	29.7
Just Right	12	16.7	49.4	99.6	66.5
Indecisiveness	7	27.1	39.1	97.6	60.9

### Scoring and Interpretation Information

Results consist of a total raw score which is between 0 and 220, and 6 subscale scores:

- Contaminations (12 items, scores between 0 and 48)
- Checking (6 items, scores between 0 and 24)
- Obsessions (12 items, scores between 0 and 48)
- Hoarding (7 items, scores between 0 and 28)
- Just right (12 items, scores between 0 and 48)
- Indecisiveness (6 items, scores between 0 and 24)

In addition to the raw scores, results are presented in terms of percentile ranks compared to an OCD group, anxious/depressed group (AD), community adults (CA), and a student (S) sample. Percentile ranks for the community adults group should be interpreted with caution as the validity group has a low sample size (n=39). High percentiles indicate high levels of symptoms compared to comparison group.

### Client Responses

	Not at all	A little	Some	Much	Very much
1 I feel compelled to check letters over and over before mailing them.	0	1	2	3	4



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**Client Responses (cont.)**

		Not at all	A little	Some	Much	Very much
2	I am often upset by my unwanted thoughts of using a sharp weapon.	0	1	2	3	4
3	I feel very dirty after touching money.	0	1	2	3	4
4	I find it very difficult to make even trivial decisions.	0	1	2	3	4
5	I feel compelled to be absolutely perfect.	0	1	2	3	4
6	I repeatedly experience the same unwanted thought or image about an accident.	0	1	2	3	4
7	I repeatedly check and recheck things like taps and switches after turning them off.	0	1	2	3	4
8	I use an excessive amount of disinfectants to keep my home or myself safe from germs.	0	1	2	3	4
9	I often feel compelled to memorize trivial things (e.g., license plate numbers, instructions on labels)	0	1	2	3	4
10	I have trouble carrying out normal household activities because my home is so cluttered with things I have collected.	0	1	2	3	4
11	After I have decided something, I usually worry about my decision for a long time.	0	1	2	3	4
12	I find that almost every day I am upset by unpleasant thoughts that come into my mind against my will.	0	1	2	3	4
13	I spend far too much time washing my hands.	0	1	2	3	4
14	I often have trouble getting things done because I try to do everything exactly right.	0	1	2	3	4
15	Touching the bottom of my shoes makes me very anxious.	0	1	2	3	4
16	I am often upset by my unwanted thoughts or images of sexual acts.	0	1	2	3	4
17	I become very anxious when I have to make even a minor decision.	0	1	2	3	4
18	I feel compelled to follow a very strict routine when doing ordinary things.	0	1	2	3	4
19	I feel upset if my furniture or other possessions are not always in exactly the same position.	0	1	2	3	4
20	I repeatedly check that my doors or windows are locked, even though I try to resist the urge to do so.	0	1	2	3	4
21	I find it very difficult to touch garbage or garbage bins.	0	1	2	3	4



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**Client Responses (cont.)**

		Not at all	A little	Some	Much	Very much
22	I become very tense or upset when I think about throwing anything away.	0	1	2	3	4
23	I am excessively concerned about germs and disease.	0	1	2	3	4
24	I am often very late because I can't get through ordinary tasks on time.	0	1	2	3	4
25	I avoid using public telephones because of possible contamination.	0	1	2	3	4
26	I am embarrassed to invite people to my home because it is full of piles of worthless things I have saved.	0	1	2	3	4
27	I repeatedly experience the same upsetting thought or image about death.	0	1	2	3	4
28	I am often upset by unwanted thoughts or images of blurting out obscenities or insults in public.	0	1	2	3	4
29	I worry far too much that I might upset other people.	0	1	2	3	4
30	I am often frightened by unwanted urges to drive or run into oncoming traffic.	0	1	2	3	4
31	I almost always count when doing a routine task.	0	1	2	3	4
32	I feel very contaminated if I touch an animal.	0	1	2	3	4
33	One of my major problems is repeated checking.	0	1	2	3	4
34	I often experience upsetting and unwanted thoughts about losing control.	0	1	2	3	4
35	I find it almost impossible to decide what to keep and what to throw away.	0	1	2	3	4
36	I am strongly compelled to count things.	0	1	2	3	4
37	I repeatedly check that my stove is turned off, even though I resist the urge to do so.	0	1	2	3	4
38	I get very upset if I can't complete my bedtime routine in exactly the same way every night.	0	1	2	3	4
39	I am very afraid of having even slight contact with bodily secretions (blood, urine, sweat, etc.).	0	1	2	3	4
40	I am often very upset by my unwanted impulses to harm other people.	0	1	2	3	4
41	I spend a lot of time every day checking things over and over again.	0	1	2	3	4



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**Client Responses (cont.)**

		Not at all	A little	Some	Much	Very much
42	I have great trouble throwing anything away because I am very afraid of being wasteful.	0	1	2	3	4
43	I frequently have to check things like switches, faucets, appliances, and doors several times.	0	1	2	3	4
44	One of my major problems is that I am excessively concerned about cleanliness.	0	1	2	3	4
45	I feel compelled to keep far too many things like old magazines, newspapers, and receipts because I am afraid I might need them in the future.	0	1	2	3	4
46	I repeatedly experience upsetting and unacceptable thoughts of a religious nature.	0	1	2	3	4
47	I tend to get behind in my work because I repeat the same thing over and over again.	0	1	2	3	4
48	I try to put off making decisions because I'm so afraid of making a mistake.	0	1	2	3	4
49	I often experience upsetting and unwanted thoughts about illness.	0	1	2	3	4
50	I am afraid to use even well kept public toilets because I am so concerned about germs.	0	1	2	3	4
51	Although I try to resist, I feel compelled to collect a large quantity of things I never actually use.	0	1	2	3	4
52	I repeatedly experience upsetting and unwanted immoral thoughts.	0	1	2	3	4
53	One of my major problems is that I pay far too much attention to detail.	0	1	2	3	4
54	I am often upset by unwanted urges to harm myself.	0	1	2	3	4
55	I spend far too long getting ready to leave home each day because I have to do everything exactly right.	0	1	2	3	4