



Client Information

<i>Client Name</i>	Joan Blog
<i>Date of birth (age)</i>	4 November 1968 (51)

Assessment Information

<i>Assessment</i>	Scale of Positive and Negative Experience (SPANE)
<i>Date administered</i>	18 May 2020
<i>Assessor</i>	Dr Test Account NovoPsych
<i>Time taken</i>	2 minutes 44 seconds

Results

	Raw Score	Percentile
SPANE-P	19	24
SPANE-N	17	73
SPANE-B	2	25

Interpretive Text

None available

Scoring and Interpretation Information

<p>The Scale of Positive and Negative Experience gives three scores: the overall affect balance score (SPANE-B) and the positive and negative feelings scales; the SPANE-P and SPANE-N. The latter two scale scores can vary from 6 to 30, where higher numbers represent higher positive or negative emotions. These scores indicate the individual's tendency to feel and identify emotions in themselves. Extroverts are more likely to score higher on both these subscales compared with introverts. The affect balance (SPANE-B) subscale is a measure of the balance between positive and negative emotions, and the resultant score can vary from -24 (unhappiest) to 24 (happiest). A respondent with a very high score of 24 reports that she or he rarely or never experiences any of the negative feelings, and very often or always has all of the positive feelings.</p> <p>The mean and standard deviation (as derived by Diener et al (2009) with 689 college students) for each scale is as follows:</p> <ul style="list-style-type: none">- SPANE-P = 22.02 (SD=3.73),- SPANE-N = 15.36 (SD = 3.95), and- SPANE-B = 6.69 (SD=6.88). <p>Raw scores and percentiles are presented for each subscale.</p>
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Client Responses

		Very rarely or never	Rarely	Sometimes	Often	Very often or always
1	Positive	1	2	3	4	5
2	Negative	1	2	3	4	5
3	Good	1	2	3	4	5
4	Bad	1	2	3	4	5
5	Pleasant	1	2	3	4	5
6	Unpleasant	1	2	3	4	5
7	Happy	1	2	3	4	5
8	Sad	1	2	3	4	5
9	Afraid	1	2	3	4	5
10	Joyful	1	2	3	4	5
11	Angry	1	2	3	4	5
12	Contented	1	2	3	4	5