



Client Information

<i>Client Name</i>	Test Client
<i>Date of birth (age)</i>	7 September 2000 (18)

Assessment Information

<i>Assessment</i>	Rosenberg Self-Esteem Scale (RSES)
<i>Date administered</i>	21 October 2018
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 24 seconds

Results

	Value	Percentile
Total Self-Esteem Score	17	16.6
Self-Competence Scale	8	7.7
Self-Liking Scale	9	31.4
SC-SL Scale	-1	13.3

Interpretive Text

This individual scored in the average range for self-esteem.
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Scoring and Interpretation Information

<p>The minimum total score is 0 and the maximum is 30, with higher scores representing higher self-esteem. Results consist of four raw scores and four percentiles: Total self-esteem, self-competence (sum of first five items), self-liking (sum of second five items) and self-competence minus self liking (SC-SL). Percentiles indicate how the client's self-esteem compares to Sinclair's adult sample.</p> <p>Sinclair et al. (2010) found that among a sample of 503 adults ($M = 44.7$ years, $SD = 16.3$) the average self-esteem score was 22.62 ($SD = 5.8$). The self-competence subscale had a mean of 12.01 ($SD=2.82$). The mean for self-liking was 10.62 ($SD = 3.35$). Additionally, when the raw self-liking score was taken away from the raw self-competence score (SC-SL), the average difference was 1.39 ($SD=2.15$).</p> <p>Despite higher self-esteem not always being more adaptive, evidence shows that self-esteem is negatively and linearly related to disorders of mood and anxiety (Greenberg et al., 1992; Lightsey et al., 2006; Neustadt et al., 2006; Torrey et al., 2000), so higher self-esteem has been shown to be protective against some mental disorders.</p>



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Client Responses

		Strongly Agree	Agree	Disagree	Strongly Disagree
1	On the whole, I am satisfied with myself	3	2	1	0
2	At times, I think I am no good at all	0	1	2	3
3	I feel that I have a number of good qualities	3	2	1	0
4	I am able to do things as well as most other people	3	2	1	0
5	I feel I do not have much to be proud of	0	1	2	3
6	I certainly feel useless at times	0	1	2	3
7	I feel that I'm a person of worth, at least on an equal plane with others	3	2	1	0
8	I wish I could have more respect for myself	0	1	2	3
9	All in all, I am inclined to feel that I am a failure	0	1	2	3
10	I take a positive attitude toward myself	3	2	1	0