



### Client Information

<i>Client Name</i>	Test 1234
<i>Date of birth (age)</i>	28 January 2007 (13)

### Assessment Information

<i>Assessment</i>	The Kessler Psychological Distress Scale (K10)
<i>Date administered</i>	12 September 2020
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 8 seconds

### Results

	Score	Clinical Percentile	Normative Percentile
Total	17	13.3	75
Depression	10	14.3	N/A
Anxiety	7	17.8	N/A

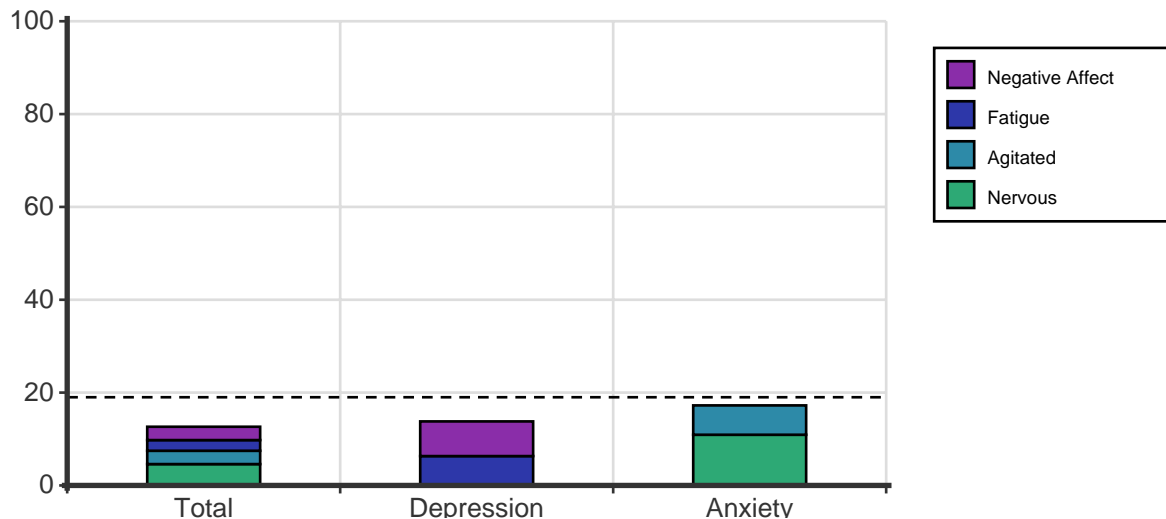
### Symptom Clusters

	Raw Score	Clinical Percentile
Nervous	4	25.8
Agitated	3	15.9
Fatigue	4	13.7
Negative Affect	6	16.4

### Interpretive Text

Likely to be psychologically well and have no or minimal psychological distress

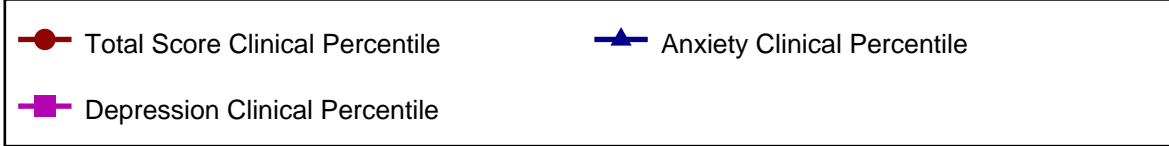
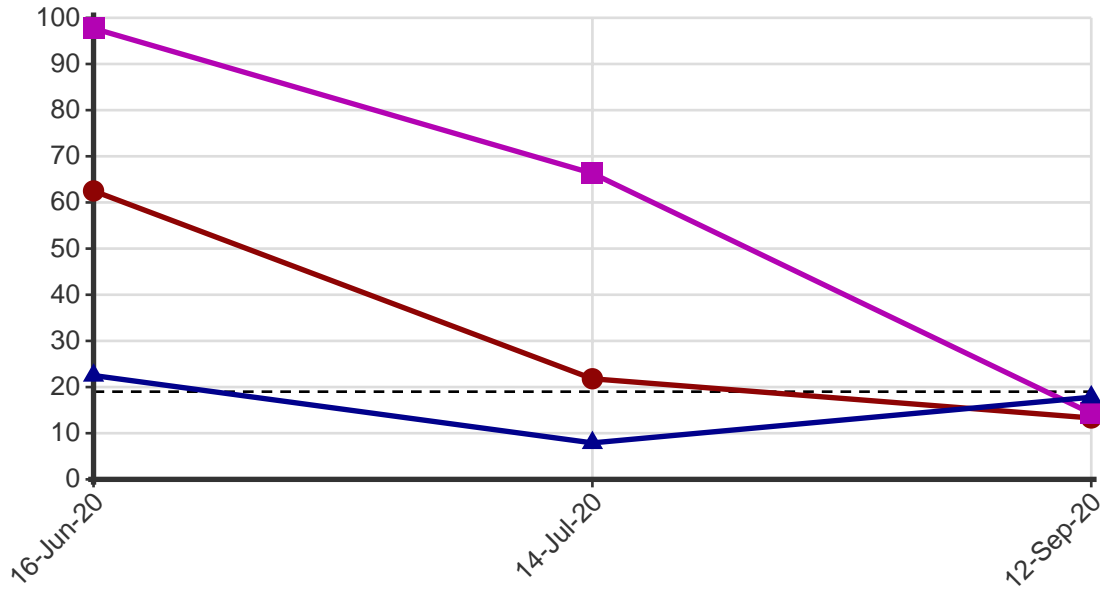
### Clinical Percentiles



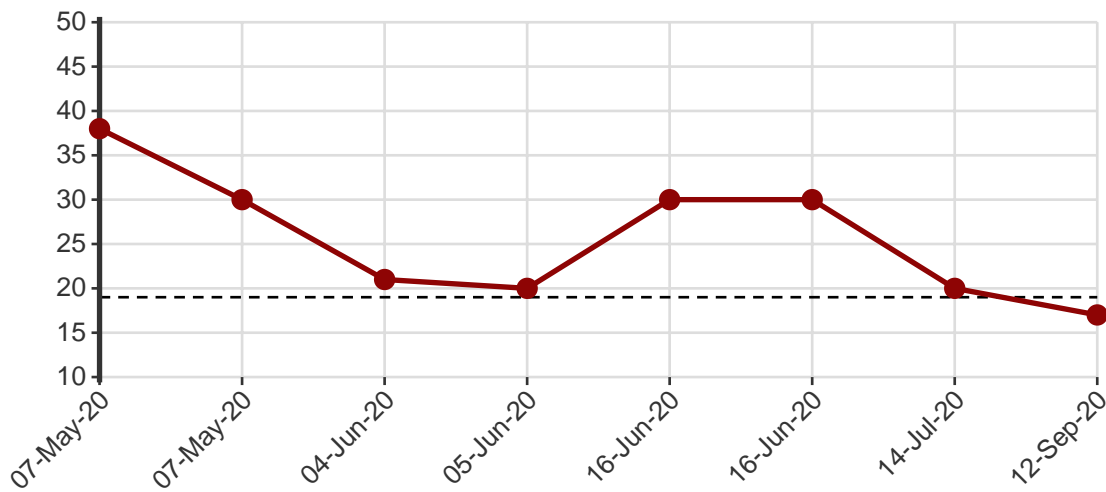


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### Clinical Percentiles



### Total Score





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### Scoring and Interpretation Information

Scores range from 10 to 50 with higher scores indicating a higher severity of psychological distress.

Percentiles are also presented, comparing scores against clinical and normative samples. A Clinical Percentile of around 50 is indicative of typical symptoms for those presenting for psychological treatment, and corresponds to a percentile of 95 on the normative sample.

Total scores can be split into four levels of severity:

- Raw scores under 20 are likely to be psychologically well. This corresponds to a Clinical Percentile of 18.7, and Normative Percentile of 82.5.

- 20-24 indicates mild psychological distress

- 25-29 indicates moderate psychological distress

- 30 and over indicates severe psychological distress. This corresponds to a Clinical Percentile of 62.5 and a Normative Percentile of 97.5.

The two main subscale scores are also presented:

- Depression (Items 1, 4, 7, 8, 9, 10)
- Anxiety (Items 2, 3, 5, 6).

In addition, scores and clinical percentiles are also presented for four first order factors, showing the specific makeup of a patient's psychological distress.

- Nervous (Items 2 & 3)
- Agitated (Items 5 & 6)
- Fatigue (Items 1 & 8)
- Negative Affect (Items 4, 7, 9, 10)

### Client Responses

		None of the time	A little of the time	Some of the time	Most of the time	All of the time
1	In the past 4 weeks, about how often did you feel tired out for no good reason?	1	2	3	4	5
2	In the past 4 weeks, about how often did you feel nervous?	1	2	3	4	5
3	In the past 4 weeks, about how often did you feel so nervous that nothing could calm you down?	1	2	3	4	5
4	In the past 4 weeks, about how often did you feel hopeless?	1	2	3	4	5



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**Client Responses (cont.)**

		None of the time	A little of the time	Some of the time	Most of the time	All of the time
5	In the past 4 weeks, about how often did you feel restless or fidgety?	1	2	3	4	5
6	In the past 4 weeks, about how often did you feel so restless you could not sit still?	1	2	3	4	5
7	In the past 4 weeks, about how often did you feel depressed?	1	2	3	4	5
8	In the past 4 weeks, about how often did you feel that everything was an effort?	1	2	3	4	5
9	In the past 4 weeks, about how often did you feel so sad that nothing could cheer you up?	1	2	3	4	5
10	In the past 4 weeks, about how often did you feel worthless?	1	2	3	4	5